

ST. BENEDICT PARISH AND PREPARATORY SCHOOL

THE STEWARD

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@STBENSCHICAGO

MAY 22, 2022

SIXTH SUNDAY OF EASTER

Art by / Ilustración de John McCoy © LTP



*What is the peace
that Jesus gives?*

ST. BENEDICT PARISH & PREPARATORY SCHOOL

2215 W. IRVING PARK ROAD CHICAGO, IL 60618 | WWW.STBENEDICT.COM

MASS SCHEDULE: Saturday 5 PM | Sunday 8AM, 10AM, and 12PM

RECONCILIATION: Saturdays 11AM



By Elaine Lindia,
Director of Catechesis

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” (John 14:27)

In this week’s gospel passage, Jesus is offering peace for our troubled souls. He reminds us that we are not to be afraid or worried as we have the help of the Holy Spirit every day to teach us everything and remind us of all that He told us. The peace He gives is not the peace of the world. The world’s peace is circumstantial. When we are under stress and in situations we wish to escape, the world’s peace encourages us to run away, quit, or seek ways to avoid the pain and discomfort.

Jesus’ peace is altogether different and has nothing to do with circumstances. It is a peace of a totally different quality, a steady and stable peace not tied to people or to this world. His peace is filled with faith and rest and certainty and power. Paul possessed it. He suffered much; he was persecuted, despised, dishonored, reviled, mistreated, and yet he knew that we are saved precisely through sufferings, not without them. In tribulations we learn to know ourselves and God, our human weakness and God’s power!

This message from Jesus gives me much comfort and makes me realize how much work I have left to do to have rest and peace in all circumstances, in all kinds of tribulations. I know that I need to trust in God in every circumstance and learn to choose faith rather than worry. Worry is the enemy of peace. God invites us to cast our cares upon Him and then let go of them.

I know that in order to get the peace that Jesus offers I need to pray and learn to trust that He hears the prayers and understands and then I need to accept whatever the outcome may be because He knows what is best.

Spending time in prayer is essential to achieving this peace. As I reflect on the past year

of serving as Director of Catechesis, I think of all the students I encountered...those in Religious Ed, and those in our school. My prayer for each student is that they will find time to pray and develop a relationship with Jesus, feeling secure that He hears their prayers, so they can be at peace.

The world tends to increase our time spent away from prayer by busying, or overburdening us with things like work, school, and other necessary things. Intentionally finding the time each day to pray can be difficult, but it is very necessary. I also pray that Jesus becomes a beloved friend for each student. I hope that they learn that He is never far away from them, but rather lives and speaks in their hearts and minds through the Holy Spirit. I pray that they learn to turn to Him in times of stress, struggle, and temptation, away from their own thoughts and feelings.

There is a deep hunger in youth and young adults—a hunger for love, for truth, for meaning, for belonging, and for purpose that the culture cannot satisfy. This hunger is satisfied in friendship with Jesus Christ—a friendship that leads to community in his Church and to fruitful sharing of love and care with those in need. I feel privileged to be able to continue to serve our faith community and experience the opportunity to help our youth encounter Christ and develop a close relationship with Him so that they can experience the peace He offers.

My hope is that they see our parish as a place of community that welcomes them into an environment where they feel at home, where they can share and dialogue about their ideas and questions, where they can share gifts in ministries, service, and leadership.

I look forward to looking for more opportunities to inspire and engage parents by building relationships and providing crucial support for families. We need to equip parents to pass along the faith to their children, by providing quality formation opportunities and by helping them through times of transition, sadness, and loss.

Although there can be challenges in these opportunities, I know that God is walking with us every step of the way, and He will help us to succeed.



BABY BOTTLE CAMPAIGN AND BABY SHOWER

After an absence of 2 years the annual Baby Bottles and Baby Shower are back! Both campaigns will run from Mother's Day May 8th to Father's Day June 19th.

For the Baby Bottle Campaign please take an empty baby bottle found in one of the baskets at the entrances around church and fill it up with your spare change and return it at Sunday Mass to one of the ushers or if during the week to the rectory.

Our Baby Shower will be held on the East side of our church that contains the baby crib and decorations. We ask you to bring any items that would be appropriate for newborns or toddlers e.g. diapers, formula, toys or clothing to name a few things. If you have an item that is too big or awkward to bring, please call Deacon Dave at the rectory 773-588-6484 ext. 5105 and we can make arrangements to pick it up.

On behalf of the Women's Center and the St. Benedict Knights of Columbus Council 15052 we thank you in advance for your help and generosity.

GOD'S LOVE IS MONUMENTAL! VACATION BIBLE SCHOOL

Go off-road with St Benedict Parish for a Monumental adventure through the colorful canyons and sunbaked trails of the southwest. By exploring God's awesomeness, we'll form a rock-solid faith for the road ahead.

REGISTRATION IS OPEN NOW. Our 5 day Vacation Bible School will run from July 18-22. Vacation Bible School is for rising kindergarteners thru rising 4th graders. We will meet Monday through Friday to sing, learn about scripture stories, talk about the saints and grow in faith. Participants will be in small groups, led by our parish youth ministry volunteers. This 3.5 hour day will run from 9:00am-12:30pm.

The fee is \$80. per child and \$150. for a family.
SPACE IS LIMITED.

SCAN QR CODE TO REGISTER >



ST. BENEDICT PARISH AND SCHOOL
BABY & KIDS GREEN GARAGE SALE

Save the Date for our 2022 Green Garage Sale!
Saturday, September 17th
8am-1pm

First Drop-Off Dates:

| | | |
|--------------------------------|---------------------------------|---------------------------------|
| June 9th 8:30 - 10am | June 10th 8:30 - 11am | June 11th 8:30 - 11am |
|--------------------------------|---------------------------------|---------------------------------|

*** Drop Off Location in the Courtyard - Door 5 ***

Email questions to: sbpsgaragesale@gmail.com



SIXTH SUNDAY OF EASTER



Hope Renewed

Gracious God,
we stand before you with grateful hearts.
This season of Easter renews our hope
and inspires the faith we seek to live.
May we be mindful in every moment
that your face shines on us,
and your mercy and compassion

are gifts that you freely offer us.
Inspire us to look for you
in all those who share our journey,
and open our eyes to see
the beauty and grace that surround us.
Through Christ our Lord. Amen.

Sunday, May 22, 2022

Behold God



Today's readings: Acts 15:1–2, 22–29; Psalm 67:2–3, 5, 6, 8; Revelation 21:10–14, 22–23; John 14:23–29. “O God, let all the nations praise you!” we sing in the refrain of the responsorial psalm. Praising God is one of the ways we pray. As the Easter season wanes, perhaps it is time to reflect on ways to integrate words of praise in our prayer life. In the verses sung from Psalm 67 today, the psalmist acclaims the way God rules his people and guides the nations. Where in your life can you see and acclaim the work of God?

During the fifty days of this Easter season, when we contemplate the joy we receive from God’s love, seek to deepen your prayer life. Spending time praying the psalms

of the season is one way to do that. Those psalms will help you rest in the knowledge that we are never alone.

Another way to increase your prayer life is to spend time with a phrase from Scripture. For example, bring to prayer the words from the Gospel: “Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you.” Repeat the words and then quietly sit with them, allowing them to penetrate you. Taking time to pray personally and with a community opens up a world where grace, beauty, and love are ever present and, as the late spiritual writer Anthony de Mello, SJ, said, you will find “God beholding you . . . and smiling.”



THIS WEEK AT HOME

Monday, May 23

Spirit of Life and Truth

When Jesus tells his disciples that the Spirit of truth is coming, he offers hope in the face of rejection and persecution. As disciples living in the present age when respect for life and living with integrity are a challenge, we can find hope in the Holy Spirit breathing in and among us in every moment. *Today's readings: Acts 16:11–15; Psalm 149:1b–2, 3–4, 5–6a and 9b; John 15:26—16:4a.*

Tuesday, May 24

Be Kind

The word *kindness* is used in reference to God twice in the psalm today. God's kindness is abundant and never-ending. What about the kindness you exhibit? Is it contingent on your mood? Kindness has the ability to heal and strengthen a wounded soul. We need to be willing to search our hearts and find and share the kindness that has been shown to us. *Today's readings: Acts 16:22–34; Psalm 138:1–2ab, 2cde–3, 7c–8; John 16:5–11.*

Wednesday, May 25

A Guide to Truth

The Spirit reveals the truth that God is all knowing, loving, and merciful. Accepting this truth may mean that we need to change how we live with ourselves and others. The Holy Spirit is available to assist with this challenge. As today's Gospel states, "When the Spirit of truth comes, he will guide you into all truth." Pray for the grace to allow the Holy Spirit to work in and through you so that others come to know the truth. *Today's readings: Acts 17:15, 22—18:1; Psalm 148:1–2, 11–12, 13, 14; John 16:12–15.*

Thursday, May 26

The Ascension of the Lord

Before Jesus ascends, he tells the apostles that they will receive power when the Holy Spirit comes upon them. But

what is that power? St. Paul might answer that query when he speaks to the Ephesians about a Spirit of wisdom and revelation that results in knowledge of Christ. *Today's readings: Acts 1:1–11; Psalm 47:2–3, 6–7, 8–9 (6); Hebrews 9:24–28; 10:19–23 or Ephesians 1:17–23; Luke 24:46–53.*

Thursday of the Sixth Week of Easter Patience

"A little while, and you will no longer see me, and again a little while, and you will see me." These words left the disciples in a quandary. We too may be confused by how God is working in the world. Our questions are not always answered, but when we allow God to be involved in our lives, we live into the answers. Prayer and patience will lead to peace. *Today's readings: Acts 18:1–8; Psalm 98:1, 2–3ab, 3cd–4; John 16:16–20.*

Friday, May 27

Joy Unending

In today's Gospel, we hear that joy is birthed from pain. Jesus tells his disciples that the pain that they experience as followers will give way to joy when they see Christ again. We too can rest in the reassurance that our hearts will rejoice when we are with God. *Today's readings: Acts 18:9–18; Psalm 47:2–3, 4–5. 6–7; John 16:20–23.*

Saturday, May 28

A Father's Love

Jesus encourages the disciples when he says, "whatever you ask the Father in my name, he will give you." Our relationship with God through Jesus gives us confidence that our prayers will be heard. When you pray this week, do so with the awareness of the Father's love and care, the same love and care Jesus relied on in his ministry. *Today's readings: Acts 18:23–28; Psalm 47:2–3, 8–9, 10; John 16:23b–28.*



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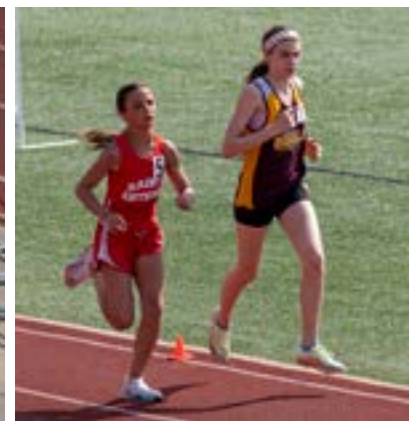


KEEPING THE SEASONS
LENT AND EASTER 2022

Education

SUCCESS AT THE 2A STATE TRACK MEET

SBPS track and field Bengals represented St. Benedict Prep with pride at the 2A State Championships this past weekend. We had 6 athletes receive all state honors: Abby R- 3rd place in the 7th grade 1600m, Claire D- 6th place in the 8th grade 160m, Berrit S- 5th place in the 7th grade 800m, Kate R- 3rd place in the 8th grade 800m, Ava S- 8th place in the 8th grade 800m, Tristan W- 2nd place in the 8th grade 800m, and Cam S- 13th in the 8th grade 800m. In addition, the girls 4x400m finished 9th. Congratulations Bengals!



4TH GRADE PARADE OF STATES

St. Benedict Prep 4th grade students completed their study of the United States with a Parade of States last week. Students researched their chosen state to include the state symbols, nicknames, and famous people born in the state. With the research completed, the final project was to create a "float" that represented the important facts. From Alabama through Wyoming, our 4th graders did a great job.



Human Concerns | Social Media Safety: 8 Tips

Keep stalkers from using your social media against you

- From the Domestic Violence Outreach Team of St Benedict Parish

We're more connected to each other now than ever before—at least online. And it's all thanks to social media. Whether it's Facebook, Instagram, Twitter, Pinterest, Snapchat or one of the millions of personal blogs, there are a multitude of ways we can share our every thought with the world while keeping track of what others are up to on a minute-by-minute basis.

For all the flack it takes—it's too intrusive! It's not a real representation of people's lives!—social media gives many of us a sense of community. Survivors, especially, can find this online support instrumental in helping them navigate escaping and healing from an abusive partner. In fact, the DomesticShelters.org Facebook page has experienced more than 1 million likes, comments, shares and clicks since the outset in 2014.

But with this gift of connectivity comes some danger, too. Not everyone uses social media to share cute kid photos, crockpot recipes or their daily workout. Abusers can, and have, used social media as a way to stalk, harass and manipulate survivors. If you're trying to escape an abuser or have already escaped and are trying to eradicate them from your life, you'll want to be careful how open you are online.

When Social Media Goes Awry

Behavioral Scientist Nicole Prause, Ph.D., is a researcher and the founder of a Los Angeles biotechnology company. She's also a continual survivor of an online stalker. For years, he's tried to prevent her from doing research in a subject he opposes—sex. While she's never been involved with him, or even met him, his presence is overwhelming in her life

She says he once sent her a map tracking the route between his home address in Oregon to her lab at UCLA.

"I absolutely fear he can find me. It is terrifying."

Despite reporting this behavior to both local police and the FBI, as well as serving him with no-contact orders from her attorney, there hasn't been any change. Stalking is considered a crime in all 50 states, but it is notoriously hard to stop because of its unpredictability, and the fact that it's considered a felony in only a third of the states. Some 7.5 million people in the U.S. are victims of stalking each year.

As a result, Prause has had to learn how to circumvent her stalker in order to keep herself safe. *"I don't share anything personal that I feel might endanger my family or friends or reveal my physical location. For example, I never talk about dates or partners, do not post my dog's photo and make sure I keep geo-tagging off,"* she says.

How to Make Your Social Media Less ... Social

Obviously, the safest way to stay hidden from an abuser is to stay off the Internet, but what kind of life is that? We get it: You want to be on social media, but you don't want to put a target on yourself for stalkers or your abuser. Below, some ways to stay safe while still having an online presence.

- **Keep photos vague.** Never post photos that show the location of your home or office. Prause says she posts a fake address for her work and never posts about her home neighborhood. If you want to post photos say, of your Disneyland vacation – an easily recognizable spot – wait until after you've left that place.
- **Turn off geotagging.** When we take photos with our phone, metadata is embedded in the photograph with details including the date, time and exact location of where it was taken. Our phones are automatically set to have geolocation turned on and a lot of people don't realize this. When we post the photo, a savvy enough person can access this geotag and find us.
- **Keep It Private.** Make your security settings on social media are set to private. Require permission for people to follow you or add you as a friend. Only those in your trusted circle should be able to see that photo of your kids.
- **Promote a business, not yourself.** You might have to make a public profile if you have a business that needs an online presence. In that case, make sure your business is the focus, not you. Keep the business address private (secure a P.O. Box instead of listing a street address) and create an email address that doesn't include your name. Keep your name and personal information off the page and don't hesitate to use a plural "We" when talking about your company or product, even if you're the sole employee. It will be less alluring for a stalker to harass an entire company than one person.
- **Don't overshare.** On that note, posting an inspirational meme might be a better call than posting family pics. Make sure that what you post doesn't include identifying information, like your children's names or the school they attend, the church you go to or where you and your best friend have brunch every Saturday.
- **Pick a vague nickname.** If you're on a dating or other social app, pick a nickname that's vague, not a spin-off of your real name or exact location. Same thing if you're leaving comments on a message board or blog. Instead of "AndreainHouston" choose something like "TexasMom29."
- **Switch it up.** After you have your vague nickname, don't use it on more than one site. It's harder to track you if you keep your usernames different from site to site. Same with passwords—don't repeat a password on more than one site.
- **Be selective.** It's up to you how much or little to interact on social media. Just because someone messages you, especially if you don't know them, doesn't mean you need to "be polite" and message them back. You don't have to respond to a comment or feel the need to comment on every friend's post. Trust your gut and be cautiously suspicious of online interactions.

- With thanks to Domesticshelters.org

**DOMESTIC
VIOLENCE
VICTIM SERVICES:**

**Catholic Charities Domestic
Violence Services –**
Various Locations:
Please call
1.312.655.7725 Illinois

Domestic Violence Hotline:
1.877.863.6338
(Toll-Free, 24-hour,
Confidential, Multilingual.)

**Childhelp National
Child Abuse Hotline:**
1-800-4-A-CHILD
(1-800-422-4453)

Sunday Giving

Sunday Offertory (Mailed-in, In-Pew and GiveCentral)

| | |
|-------------------------------------|-------------------------|
| Amount received for Sunday, May 15: | \$12,495 (94% of goal) |
| Weekly goal: | \$13,250.00 |
| Fiscal Year Sunday Offertory: | \$558,654 (92% of goal) |
| Fiscal Year Goal (starting July 1): | \$609,500 |
| Behind Goal: | (\$50,846) |

Easter Collection

| | |
|---------------------------------|-----------|
| Amount received through May 15: | \$26,980 |
| Easter Goal: | \$35,000 |
| Behind Goal: | (\$8,020) |



GiveCentral is our partner for secure electronic giving. Here are three easy ways to get started:

- > Visit GiveCentral.org and search for St. Benedict – Chicago under My Charity
- > Follow the DONATE links on our parish and school website: www.stbenedict.com
- > Text the keyword DONATE to our text-to-give number 773.918.2366
- > Scan the QR code (right) with your phone or tablet



Our parish is very grateful for our parishioners and friends who have faithfully continued to support and even increased their generosity over the past year. Whether you have turned in your envelopes in church, to the rectory office, or made gifts online through GiveCentral, your generosity has allowed the parish to keep its employees whole, ensure our school stays open and safe, maintain our facilities, and provide outreach opportunities during this difficult year. We have been very strategic in lowering our overhead expenses in an effort to be good stewards of the gifts that we receive. Our parish, however, heavily relies on the generosity of its parishioners.

Questions? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or janderson@stbenedict.com. Thank you for your remarkable generosity to the parish.

Coming Up at St. Ben's | May and June 2022

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|--|---|
| 22 SIXTH SUNDAY OF EASTER Mass at 8AM, 10AM, and 12PM Church Knights of Columbus Recruitment Drive 11AM Beaven Hall Ravenswood Community Orchestra Concert 3:30PM Church | 23 Daily Morning Mass 8:30AM Church Boy Scouts Meeting 7PM Heidenreich Hall Knights of Columbus Assembly Meeting 7PM Rectory Pine Room Ravenswood Orchestra Rehearsal 7:30PM Beaven Hall | 24 Daily Morning Mass 8:30AM Church | 25 Daily Morning Mass 8:30AM Church Choir Rehearsal 7PM Choir Loft (Upstairs) AA Group Meeting 8PM Beaven Hall | 26 Daily Morning Mass 8:30AM Church | 27 Daily Morning Mass 8:30AM Church | 28 Daily Morning Mass 8:30AM Church Reconciliation 11AM Church Mass at 5PM Church |
| 29 THE ASCENSION OF THE LORD Mass at 8AM, 10AM, and 12PM Church | 30 Memorial Day Mass 9am Church | 31 Daily Morning Mass 8:30AM Church SVDP Meeting 6:30PM SS Library | 1 Daily Morning Mass 8:30AM Church Cub Scout Pack 3865 Webelos 2 Den Mtg 4:30PM Beaven Hall Choir Rehearsal 7PM Choir Loft (Upstairs) AA Group Meeting 8PM Beaven Hall | 2 Daily Morning Mass 8:30AM Church | 3 Daily Morning Mass 8:30AM Church Exposition of the Blessed Sacrament and Benediction 9AM - 12PM Church 8th Grade Graduation 7PM Church Reception to Follow in the Gym | 4 Daily Morning Mass 8:30AM Church Reconciliation 11AM Church Mass at 5PM Church |

Masses for the Week

Saturday, May 21 - Saint Christopher Magallanes, Priest, and Companions, Martyrs

8:30AM Lilia B. Zabala - *Jorge and Aurora Cortes*
5PM Fara O'Keefe - *The St. Benedict Parish Community*
Miriam Cerkel - *Christa O'Keefe and Marge Lawlor*
Marina Barrientos - *The Barrientos and Kramer Family*

Sunday May 22 - Sixth Sunday of Easter

8AM Ricardo Aguilar - *Anne-Marie Finger*
10AM John A. Hauser - *The Suh-Hauser Families*
Alan Schoen - *Ellen Reynolds*
Deceased Members of the Caplis Family - *The St. Benedict Parish Community*
Lirio Wildner - *Leda Wildner*
12PM Celia M. Baylon - *Jorge and Aurora Cortes*
Hilda Ruscheinsky - *From her Nephews and Nieces*
Matthew Scott Rahn - *The St. Benedict Parish Community*
Maria Cristina Roman and Luis Aceves - *Family*

Monday, May 23 - Easter Weekday

8:30AM Arsenio R. Baylon - *Jorge and Aurora Cortes*
Mariano and Magdalena Valera - *Nel Valera*

Tuesday, May 24 - Easter Weekday

8:30AM Marianne Kattner - *Rita Kattner*
Special intention for Vicky Vergara - *Lucy Consing*
Susano Sanchez Paez - *Ceferina Sanchez Paez*

Wednesday, May 25 - Saint Bede the Venerable, Priest and Doctor of the Church; Saint Gregory VII, Pope; Saint Mary Magdalene de' Pazzi, Virgin

8:30AM Special Intention for Oattie Benigno - *Lucy Consing*
Frank Illarde - *Mary Ann Illarde*

Thursday, May 26 - Saint Philip Neri, Priest,

8:30AM Paulette DeRock - *Sue Breunig*
Joseph Gerlesberger - *The Heiner Family*

Friday, May 27 - Saint Augustine of Canterbury, Bishop

8:30AM Abundia P. Cortes - *Jorge and Aurora Cortes*

Saturday, May 28 - Easter Weekday

8:30AM Francisca Reyes, Victor D. Goite, and Maria Haduca - *The Goite and Reyes Family*
5PM Stella Szwarc - *Margaret Lawlor*

Sunday May 29 - The Ascension of the Lord

8AM Paul Hester - *The MacDonald Family*
10AM Michael Victorine (Class of '65) - *The St. Benedict Alumni Office*
Special Intention for the Tom Kleinschmidt Family
Coach Patrick Sturch - *The St. Benedict Alumni Office*
Vincente Lim - *Corazon Lopez and Family*
12PM Living and Deceased Members/Benefactors of St. Vincent de Paul Society

Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

| | |
|--------------------------|-----------------------|
| Mike Bartley | Karen Mocarski |
| Beverly Berganos Johnson | Ronald O'Keefe |
| Carol Brimstin | Colleen O'Keefe Wiora |
| Frank Flesch | Kathy Pietschmann |
| Kelley Halper | Corazon Pizarro |
| Anne Hoellich | Julie Raheja-Perera |
| Marilyn Jerger | Alex Sandoval |
| Mark Jerger | Bill Shaver |
| Charlene Johnson | Jim Strzalka |
| Jackson James Limburg | Leda Wildner |
| Ken McFadden | |

Baptisms

Phoebe Margaret, *daughter of Michael and Katie King*
Camille Sofia, *daughter of Carlos and Meredith Morales*
Jasmine Catalina, *daughter of Carlos and Meredith Morales*

Wedding Banns

III - Samantha Biringering and Michael Galasso
I - Miranda Shaver and Ryan Foote

Profession of Faith

Emma Mae, *daughter of Benjamin and Kathryn Albrecht*
Troy Davis, *son of David and Erin Ball*
Thomas Matthew Cupples, *son of Jeffrey Cupples and Amy Priest*
Alexander Frederick, *son of Mark and Krista DeLange*



PARISH INFORMATION

If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: parish.stbenedict.com.** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at jaccardi@stbenedict.com. Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to bulletin@stbenedict.com. Flyers should be submitted in camera-ready format and will be used if space permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.



ST. BENEDICT PARISH AND PREPARATORY SCHOOL

ST. BENEDICT PARISH

Rectory: 2215 W. Irving Park Road,
Chicago, IL 60618
Phone: (773) 588-6484
Fax: (773) 588-4927
Email: www.stbenedict.com
Rectory hours: 9AM - 5 PM
(Monday-Friday),
NO SATURDAY OR SUNDAY HOURS

PASTORAL STAFF

Rev. Stephen Kanonik, Pastor,
ext. 5106, skanonik@stbenedict.com
Rev. Robert Beaven, Pastor Emeritus
Rev. Thomas Refermat, Assoc. Pastor,
ext 5103, trefermat@stbenedict.com
David Reyes, Deacon, ext. 5105,
dreyes@stbenedict.com

Elaine Lindia, Director of Catechesis,
ext. 1271, elindia@stbenedict.com
Kim McMillan, Director of Youth Ministry,
ext. 5108, kmcmillan@stbenedict.com
Jody Roy, Director of St. Kateri Center,
ext. 7000,
jroy@stbenedict.com
Bill Frere, Deacon, St. Kateri Center
wfrere@archchicago.org

PARISH SUPPORT STAFF

Jeanne Anderson, Director of
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janderson@stbenedict.com
Ellen Roberts, Parish Manager,
ext. 5104, eroberts@stbenedict.com
Maria Tubay, Director of Communications
ext. 2351, mtubay@stbenedict.com

ST. BENEDICT PREPARATORY SCHOOL Early Childhood (Preschool)

Phone: (773) 588-7851
3901 N. Bell Ave, Chicago, IL 60618

Lower School(K-3)

Phone: (773) 463-6797
3920 N. Leavitt, Chicago, IL 60618

Upper School (4-8)

Phone: (773) 539-0066
3900 N. Leavitt, Chicago, IL 60618

Rachel Gemo, Head of Parish School
(PK-8), ext. 1220,
rgemo@stbenedict.com
Rachel Waldron, Head of Lower School,
ext. 1101, rwaldron@stbenedict.com
Mary Deletioglu, Head of Upper School,
ext. 1253, mdeletioglu@stbenedict.com

THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more
about or joining one of the many
ministries at
St. Benedict Parish or would like to
volunteer time or talent, please call
the rectory or contact the following
person(s):

Parish Council Chair: Karen Cholipski

Finance Council Chair: Chris Graff

School Board Co-Chairs: Michael Gerlach
and Lindsay Milanowski

Catechetical Commission:

Elaine Lindia and Kim McMillan

Education Commission: Rachel Gemo,

Rachel Waldron, or Mary Deletioglu

Human Concerns Commission: TBD

Parish Life Commission: TBD

Spiritual Life Commission:

Fr. Stephen Kanonik

MASSES AND SERVICES

Sunday Eucharist: Saturday 5PM,
Sunday 8AM, 10AM, AND 12PM

Live Stream as well, Sunday

Weekday Eucharist: 8:30AM Mon-Sat

Holy Day Eucharist: 6:30AM, 8:30AM
and 7PM

Novena to Our Lady of Perpetual Help:
Tuesdays 9AM

Exposition and Benediction of the

Blessed Sacrament: First Friday of each
month, 9AM-12PM, in church

Baptisms: Scheduled on all Sundays at
1:30PM; on the fourth Sunday at one of
the Masses. Baptism preparation class is
required.

Reconciliation: Saturdays, 11AM - 12
NOON; seasonal celebrations, as posted;
by appointment in the rectory.

Weddings: Arrange with a priest at least
four months in advance. Participation in
marriage preparation is required.* **Rite
of Christian Initiation of Adults (RCIA):**

For unbaptized persons or baptized
persons interested in learning more
about the Catholic faith and the process
of becoming a Catholic.* **Religious
Education:** For the religious education of
children attending public schools please
call the Director of Catechesis.

Handicapped Accessibility: An elevator is
available for all Sunday Masses. Enter the
church through the East door.**

Homebound: Call the rectory to arrange
communion in home for those unable to
attend Mass.

Mass Intentions: Mass intentions may be
requested for someone who is living or
deceased, to commemorate a birthday,
special anniversary, or the anniversary of
a loved one's death.*

* Please call the Rectory

** Please call the Rectory for weekday avail.



HAVING DIFFICULTY DEALING WITH OUR STRESSFUL WORLD?

The Holbrook Counseling Center of Catholic Charities provides counseling services at St. Matthias Parish. Cheryl Joseph-Lukz, MA, LCPC is the therapist at St. Matthias. Cheryl is a Licensed Clinical Counselor, and she has worked with individuals, couples and families for over 20 years. Whether you're having problems with personal relationships, work situations or are just feeling unhappy, "stuck", or unfulfilled, we're here for you. We are in network with BC/BS PPO. Please call (312) 655-7725.

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Its symptoms make everyday life incredibly difficult and daily tasks nearly impossible. And more often than not, these symptoms are only made worse because so many practitioners find it difficult to understand and even more troublesome to treat. It is characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles, and tissues.

Symptoms are masked with over-the-counter medications. Prescription pills only provide temporary relief and more often than not, fail to work at all. And the worst-case scenario, you're completely disregarded or dismissed by medical professionals who don't get Fibromyalgia or don't care.

Some medical professionals will suggest dietary changes or encourage you to exercise. Perhaps they instruct you to 'drink more water' as if more water is going to stop you from feeling as though you've been hit by a freight train every day.

At Urban Acupuncture you no longer have to suffer! At Urban Acupuncture there is a medical practitioner that has a proven solution for fibromyalgia pain!

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Are you tortured with feelings of **TENDERNESS** and/or **SWELLING**?
Do you experience **HUMBNESS** or **TINGLING** in your arms and/or legs?



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