



2 years ago, just days before Covid shut everything down, a young member of our St. Kateri Native community passed away very suddenly. Besides the wake, funeral mass

and committal, there was also another tradition that really touched my heart - the sacred fire!

As soon as a Native member passes away, a fire is lit, ideally outside their home. And from that

ST. BENEDICT PARISH & PREPARATORY SCHOOL 2215 W. IRVING PARK ROAD CHICAGO, IL 60618 | WWW.STBENEDICT.COM moment until their burial, the fire stays burning, tended night and day, rain or shine, watched over, never left alone and never allowed to burn out. That fire is meant to guide their spirit back to the Creator. Through all that time, friends and family will stop by, enter from the east, circle the fire clockwise and add a pinch of tobacco and cedar to the fire. They will sit, pray quietly or aloud, and share stories and memories about the deceased.

Later as the community gathers for a meal after the cemetery, a spirit plate, containing bits of the food to be served, is blessed and offered in thanksgiving to the Creator and then scattered outside, returning to the earth. It is a tradition that we do before every meal. However, this time we offer a second spirit plate. Then that plate is taken back to the sacred fire and added to the flames. It is only then that the fire is allowed to die out! It is never extinguished, only slowly goes out on its own.

It is a beautiful tradition and one that reminds me of how often we all have sat around a fire sharing hopes and dreams, fears and stories, laughter and tears. It is an experience that unites us, binds us together and reminds us of our spiritual connections to our Creator and to each other.

I have always loved today's Gospel reading - just the image of Jesus and the Apostles sitting around a campfire and sharing a simple meal. It is both touching and heartwarming. It is human! It is a reminder to me that no matter my circumstance, whether I am depressed or lost, swimming in a sea of troubles or drowning in fear, all I have to do is make an effort to reach out to Him and Jesus will be waiting for me with open arms and food for the journey. I don't even have to say anything – He knows, He understands, and He will always be there for me, with a warm fire and a welcoming heart.

And that is what resonates with me in today's Gospel. The Risen Jesus appears to the disciples on the shores of the Sea of Tiberias (Galilee). He has prepared a charcoal fire; He even cooks breakfast. And then the disciples gather with Him around that fire and share a meal of fish and bread. Can you imagine? Sitting around a campfire, sharing breakfast with the Lord!

Most of us share that experience of sitting around a campfire or the fire pit in the back yard.

Sometimes words just aren't necessary; we just sit and appreciate the warmth and glow of the fire, the outdoor setting and sharing that moment with friends and family. Sometimes we do share stories, memories of the past, perhaps even a ghost story or two. And sometimes we reminisce about the loved ones no longer with us and believe that the story we share keeps them safe and treasured in our hearts.

I wonder how often we take the time to sit in the presence of the Risen Christ, perhaps in church before the Blessed Sacrament surrounded by lit candles? Or maybe it's when we light a votive candle in memory of a loved one or praying in the midst of a crisis? How often do we gather before the Light of Christ and share our hopes, our dreams, our stories, and ask for comfort, for direction and for grace?

"Great Spirit, help me to keep the fire of faith alive in my heart."



# GOD'S LOVE IS MONUMENTAL! VACATION BIBLE SCHOOL

Go off-road with St Benedict Parish for a Monumental adventure through the colorful canyons and sunbaked trails of the southwest. By exploring God's awesomeness, we'll form a rock-solid faith for the road ahead.

#### REGISTRATION IS OPEN NOW.

Our 5 day Vacation Bible School will run from July 18-22. Vacation Bible School is for rising kindergarteners thru rising 4th graders. We will meet Monday through Friday to sing, learn about scripture stories, talk about the saints and grow in faith. Participants will be in small groups, led by our parish youth ministry volunteers. This 3.5 hour day will run from 9:00am-12:30pm. The fee is \$80. per child and \$150. for a family.

SPACE IS LIMITED.

# THIRD SUNDAY OF EASTER



# To Be Faithful Witnesses

Almighty God, you reveal yourself in the ordinary moments of our day. Help us to open our eyes and our hearts to your presence that we may lead others to you. May we boldly and joyfully proclaim our love for you, in our words and actions.
Grant us the grace and the wisdom to be your faithful witnesses, unafraid to be called disciples.
Through Christ our Lord. Amen.

Sunday, May 1, 2022 Do You Love Me?

Today's readings; Acts 5:27–32, 40b–41; Psalm 30:2, 4, 5–6, 11–12, 1; Revelation 5:11.–14; John 21:1–19. In the post-resurrection stories, Jesus shows up in ordinary places. Encountering his disciples and friends at routine tasks, he draws them into an extraordinary event and often breaks bread with them, opening their eyes to God in their midst. Today, in John's account of the Gospel, Jesus watches from the shore while the disciples fish. When he directs them where to cast their net, their catch is overwhelming. Immediately, the beloved disciple recognized Jesus, responding to the abundance by saying, "It is the Lord."

Jesus invites the disciples to breakfast and afterward quizzes Peter. Three times Jesus asks, "Simon, son of John,

do you love me more than these?" And to Peter's reply, Jesus says, "Feed my sheep." Peter was unsure why Jesus asked the same query thrice. Jesus, however, wanted to be sure that this apostle who had denied him three times was sure of his love.

Christ comes to us in the Scriptures and the Eucharist; he also shows up in the routines of our lives. He is found in kind words and actions of others, in prayer, and during unguarded moments of the day. He asks us the same question, "Do you love me?" Our response is found in the way we treat members of our family, neighbors, coworkers, and the marginalized.



# THIS WEEK AT HOME

# Monday, May 2 The Gift of Time

"Do not work for food that perishes but for the food that endures for eternal life." Jesus' words invite us to consider whether our efforts are spent on what is lasting or whether time is devoted only to earthly pursuits. Where do you devote your time? How might you use it to serve and lift someone else up? *Today's readings: Acts 6:8–15; Psalm 119:23–24, 26–27, 29–30; John 6:22–29.* 

# Tuesday, May 3

## Become What You Receive

When the crowd seeks a sign, Jesus replies, "I am the bread of life." The gift of the Eucharist, the Bread of Life, sustains and nourishes, while joining us to Christ and each other. St. Augustine directed Christians that, in receiving the Eucharist, "become what you are: the Body of Christ." This week when you receive the Eucharist, consider how you are joined with other members of the Body of Christ. *Today's readings: 1 Corinthians 15:1–8; Psalm 19:2–3, 4–5; John 14:6–14.* 

## Wednesday, May 4 Slow Down

Jesus tells the crowds, "I will not reject anyone who comes to me." Can you say the same thing? Consider the people who seek your attention during the day. Do you take time for them or are you in a hurry to get on to the next thing in your life? In our need to accomplish tasks, it can be easy to miss the opportunity to take in the gifts another offers. This week slow down to appreciate the people that God sends on your path. Be open to the chance to allow another to enrich your life. Say a prayer of gratitude for the people who have accepted and made time for you. *Today's readings: Acts* 8:1b-8; Psalm 66:1-3a, 4-5, 6-7a; John 6:35-40.

# Thursday, May 5 The Gift of Baptism

In today's reading from Acts, first an angel of the Lord speaks to Philip, and then the Spirit directs him. With these prompts, Philip explains the Scriptures to an individual and then baptizes him. Have you ever felt nudged to do something? That may have occurred when you had an urge to contact a person. God continues to prompt his followers. In baptism, we are claimed by God and called to serve. Pray for the grace to be open to the opportunity that may come your way today. *Today's readings: Acts* 8:26–40; *Psalm* 66:8–9, 16–17, 20; *John* 6:44–51.

## Friday, May 6 Real Presence

Faith is mysterious. The gift of faith is apparent in Ananias, who knows that Saul has persecuted Christians. This gift is apparent too in Saul, who regained his sight after Ananias laid hands on him. And this gift of faith allows us to believe that the real presence of Christ is in the Eucharist. Through the power of the Holy Spirit, as the priest says the Eucharistic Prayer, the substance of the bread and wine changes and becomes the Body and Blood of Christ. While participating at Mass, listen carefully to the words of consecration. *Today's readings: Acts 9:1–20; Psalm 117:1bc. 2; John 6:52–59.* 

## Saturday, May 7 What Would You Do?

When Jesus asks, "Do you also want to leave," Simon Peter responds, "Master, to whom shall we go?" Many of the disciples had found Jesus' teachings hard to accept and did not believe. Today also people struggle with belief. What is your response to Jesus' query, "Do you also want to go?" Do you acknowledge the Spirit and life in Jesus' words? Today's readings: Acts 9:31–42; Psalm 116:12–13, 14–1, 16–17; John 6:60–69.



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Thank you to our amazing 2020 Gala committee! We appreciate all your hard work and dedication to making our celebration such a memorable event!

# Chair



Linda Wolf



Natalie Battaglia



**Amy Cupples** 



Eileen Hughes



Jean Hybinette '72



Nick Kirchberg



**Becky Kross** 



Sara Krauss



Tammy Morris



Trese Moylan



Kathryn Neenan



Dave Roock



Rebecca Schick



Jessica Strang



Maria Tubay



Joe Accardi, School Liaison

# Education



St. Benedict Prep kindergarten students have been learning about the life cycle of butterflies. After watching the chrysalises grow in their classroom, the butterflies finally emerged. Ms. O'Daniel's class released their butterflies in the classroom garden last week on a beautiful spring day.

### THE WIZARD OF OZ AT ST. BENEDICT PREP

St. Benedict Prep's 8th grade theater class presented their production of "The Wizard of Oz" last week in the newly renovated Kittler Hall. The production was directed by theater teacher Mrs. Hannah Thompson, lighting and sound was coordinated and student run with Mr. Jazel Gabriel's guidance and the set pieces were finished by Mrs. Jackie Stancin and the help of her Monday afternoon art club. Truly a SBPS collaboration. This is the first of many more productions with this great team and in this great venue!











# Human Concerns - A Guide to Domestic Violence Safety Planning

## Before your partner's next abusive incident, know exactly what you're going to do to stay safe or get out for good

Abusers aim to throw survivors off-balance by exerting power and control at random times. Then again, because they often repeat their power and control tactics over and over, survivors often know that the next abusive episode is likely just around the corner. A safety plan is a form of protection that allows a survivor to prepare what they can do during or between abusive incidents to keep themselves and their children safe. This might involve how they can escape, where they can go, who they can rely on to help them and the additional protections they can put in place to possibly stay gone for good.

The Call to Consider Making First | It might be difficult to see the level of danger a survivor is in while they're in the midst of abuse. Consider calling a local domestic violence hotline and ask an advocate to help you create a safety plan. They may also be able to walk you through risk assessments, talk about shelter options and provide other local resources such as support groups and lay legal help should you need to go to court. Remember, you can call a hotline even if you're not ready to leave.

A Survivor Knows Their Situation Best | Only the survivor knows when it's safest to leave an abuser. Therefore, a safety plan may not be the permanent escape plan. It may be the leave-for-right-now plan, and that's OK. Ideally, every survivor would live a life without abuse, but knows that this takes careful planning, especially because leaving an abuser is notoriously the most dangerous time for a survivor.

#### Creating a Safety Plan

Step 1: Gather Evidence In safety planning, the idea is that once you get away from an abuser, you may want to get an order of protection, press charges, file for divorce or file for custody of your children. You may also have pets that you want to make sure you can retain as well. In all these instances, having proof of the abuse is only going to help you. Evidence that can help you can include:

- Copies of police reports
- Medical records detailing injuries or stress-related diagnoses
- Photos or videos of any injuries or damage caused by abuser
- Screenshots of abusive or threatening text messages or emails, or recordings of threatening voicemails or conversations
- A journal tracking days, times, locations and details of abusive incidents, physical and nonphysical

Step 2: Pack a Bag and Hide It | If you need to leave in a hurry, you may not have time to collect your things. You may need to simply run out the door. If possible, pack a bag with daily necessities, important documents, ideally some cash and things that your children and pets will need and store it at a friend's house, your place of work or somewhere else that your abusive partner won't find it.

Step 3: Think of Where You Can go | The next time you feel things start to escalate, or the next time you have a window of opportunity to leave without the abuser around, plan where you can go. This could be:

- An emergency shelter (which will need advance notice, so contact an advocate there).
- A friend or family member's house that the abuser doesn't know the location of or is far enough away that it will be difficult for the abuser to get to you (just make sure you know the custody laws in your state if you take the children across state lines) If feasible, a hotel or apartment that you pay for with cash so the abuser cannot track you there.
- Speaking of tracking, keep in mind that if you have a cell phone, the abuser may be able to trace your location, so consider getting a pay-asyou-go temporary phone and leaving your cell behind.

Step 4: Plan for the Next Day | After a survivor leaves an abusive partner, or the abuser is forced to leave a shared home (in the case of being arrested, for instance, or in the rare case of a kick-out order), survivors need to stay vigilant to ensure their safety. Then, consider taking the following steps:

- Secure an order of protection that will give police a reason to arrest the abuser if they try to contact, find or stalk you.
- Alert your place of employment and your children's school and give them a photo of the abuser to they can alert you if he or she comes
- Vary your routes to and from school or work, and if possible, change up your schedule and routine. If you always visit the same coffee shop and the same grocery store, change it so that it's not as easy for the abuser to locate you.
- Take a break from social media to give the abuser less opportunity to track or harass you.
- Change your phone number and hide your mailing address.
- Plan your response if the abuser reaches out with promises to change or threats if you don't return. It may be that going strict no-contact will be the best option for you. In the case of threats, record each one and, if there is a restraining order in place, report each one.
- Always know you can reach out to an advocate for help or support anytime you're feeling uncertain or scared.

Consider Your Emotional Safety, Also | Leaving an abusive partner can be a big change. Relying on oneself and possibly adjusting to a new environment can be stressful and disorienting, even if, logically, you feel safer.

"People go through a period of shock, and they need time to adjust," says Maria Garay-Serratos, CEO of Sojourner Center, a domestic violence shelter in Phoenix, Ariz.

"They've made the most courageous decision they ever have to make in their lives." Moving forward "is a lifetime healing journey, and it's very individual," she says.

With thanks to the Domestic Shelters.org https://www.domesticshelters.org/

#### **DOMESTIC VIOLENCE VICTIM SERVICES:**

Catholic Charities Domestic Domestic Violence Violence Services – 1.312.655.7725Illinois

Hotline: 1.877.863.6338

Childhelp **National Child Abuse** Hotline: 1-800-4-A-CHILD (1-800-422-4453)

# **Sunday Giving**

## **Sunday Offertory (Mailed-in, In-Pew and GiveCentral)**

Amount received for Sunday, April 24: \$11,010 (83% of goal)

Weekly goal: \$13,250.00

Fiscal Year Sunday Offertory: \$523,396 (92% of goal)

Fiscal Year Goal (starting July 1): \$569,750
Behind Goal: (\$46,354)

### Easter Collections through Sunday, April 24

Easter: \$23,858
Easter Goal: \$35,000
Behind Goal: (\$11,141)

Our parish is very grateful for our parishioners and friends who have faithfully continued to support and even increased their generosity over the past year. Whether you have turned in your envelopes in church, to the rectory office, or made gifts online through GiveCentral, your generosity has allowed the parish to keep its employees whole, ensure our school stays open and safe, maintain our facilities, and provide outreach opportunities during this difficult year. We have been very strategic in lowering our overhead expenses in an effort to be good stewards of the gifts that we receive. Our parish, however, heavily relies on the generosity of its parishioners.



GiveCentral is our partner for secure electronic giving. Here are three easy ways to get started:

- Visit GiveCentral.org and search for St. Benedict – Chicago under My Charity
- > Follow the DONATE links on our parish and school website: www.stbenedict.com
- > Text the keyword DONATE to our text-to-give number 773.918.2366
- > Scan the QR code (right) with your phone or tablet



Questions? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or janderson@stbenedict.com. Thank you for your remarkable generosity to the parish.

# Coming Up at St. Ben's | April and May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THIRD SUNDAY OF EASTER  Mass at 8AM, 10AM, and 12PM Church  Parish Library Open 7:30AM Parish Library	2 Daily Morning Mass 8:30AM Church Cub Scouts 6PM Cafeteria Boy Scouts Meeting 7PM Heidenreich Hall Ravenswood Orchestra Rehearsal 7:30PM Beaven Hall	3 Daily Morning Mass 8:30AM Church	4 Daily Morning Mass 8:30AM Church Cub Scout Pack 3865 Webelos II Den Meeting 4:30PM Beaven Hall Choir Rehearsal 7PM Choir Loft (Upstairs) AA Group Meeting 8PM Beaven Hall	5 Daily Morning Mass 8:30AM Church	6 Daily Morning Mass 8:30AM Church Expositon of the Blessed Sacrament and Benedition 9AM - 12PM Church	7 Daily Morning Mass 8:30AM Church First Aid Merit Badge 8:30AM Beaven Hall First Communion 10AM & 12{M Church Reconciliation 11AM Church Mass at 5PM Church
FOURTH SUNDAY OF EASTER Mass at 8AM, 10AM, and 12PM Church	Daily Morning Mass 8:30AM Church HSA Board Meeting 6:30PM Rm 241 - HSA M eeting Room Boy Scouts Meeting 7PM Heidenreich Hall Ravenswood Orchestra Rehearsal 7:30PM Beaven Hall	Daily Morning Mass 8:30AM Church SPRING CONCERT 6PM GYM Parish Commission Meeting 7PM Beaven Hall	11 Daily Morning Mass 8:30AM Church Brownie 3:30PM Room 317 - Global Lab Choir Rehearsal 7PM Choir Loft (Upstairs) AA Group Meeting 8PM Beaven Hall	12 Daily Morning Mass 8:30AM Church	13 Daily Morning Mass 8:30AM Church	14 Daily Morning Mass 8:30AM Church First Aid Merit Badge 8:30AM Beaven Hall First Communion 10AM & 12{M Church Reconciliation 11AM Church Mass at 5PM Church

# Masses for the Week

#### Saturday, April 30 - Saint Pius V, Pope

8:30AM Joanne Mickina- Daisy

Celia M. Baylon - *Jorge and Aurora Cortes* Rosario M. Baylon - *Jorge and Aurora Cortes* 

5PM Victor John Pinzetti - Marge Lawlor

John, Ann, and Mary McDonagh - Family

Sheri Gilkerson - Friend

In Thanksgiving for Jorge and Aurora Cortes

#### Sunday May 1 - Third Sunday of Easter

8AM Beniamino Mazzone, Sr - Ellen Roberts

Gloria C. Recede - Family

Ricardo Aguilar - Anne Marie Finger

10AM Special Intention for Carolyn and

Maxwell Murray - Julie and Wally Kos

Luisa Flores - The St. Benedict Parish Community

Helene Wieland - Ann Ryan

Sister Dorothy Kunze - Gloria Ottesen

12PM Ronald and Maryann Siwek and the Living

Family and Friends of Ron and Maryann -

LuAnn Kowar

Walter F. Bokunowicz - The St. Benedict

Parish Community

Celia M. Baylon - Jorge and Aurora Cortes

#### Monday, May 2 – Saint Athanasius, Bishop and Doctor of the Church

8:30AM Sr. Emmanuel Kattner - *Rita Kattner* 

Special Intention for Carolyn and Maxwell Murray -

Julie and Wally Kos

#### Tuesday, May 3 - Saints Philip and James, Apostles

8:30AM Wilfrido M. Baylon - Jorge and Aurora Cortes

Special Intention for Pat Clark - The St. Vincent de Paul Society

#### Wednesday, May 4 - Easter Weekday

8:30AM Beniamino Mazzone, Sr - Ellen Roberts

Special Intention for Fr. Robert Pajor - Friends Judy Bruscino McDonnell - Rosemary McDonnell

#### Thursday, May 5 - Easter Weekday

8:30AM Jim Lowe - Janice and Jack Mocarski

Catherine Gilger Segni, 25th Anniversary -

The Gilger Family

Celia M. Baylon - Jorge and Aurora Cortes

#### First Friday, May 6 - Easter Weekday

8:30AM Al Schoen - Ken and Pat Woodhouse

Guy Hofilena - Grene Hofilena

David Reichle - Gloria and Family

Leonardo M. Baylon -

Jorge and Aurora Cortes

## First Saturday, May 7 - Easter Weekday

8:30AM In Thanksgiving for Jorge and Aurora Cortes

Jose T. Cortes - Jorge and Aurora Cortes

Pura B. Baylon - Jorge and Aurora Cortes

5PM Annamarie Aguilera- Theresa Aguilera

Al Schoen - Diane Borowczyk

Gertrude Fabiankovits - Marge Lawlor Catherine Gilger Segni, 25th Anniversary -

The Gilger Family

#### Sunday May 8 - Fourth Sunday of Easter

8AM Ann and Mary McDonagh- Family

Juan Guevara-Luna - *Leonora Llanes* Kenny Kern - *The Tom Stockwell Family* Mark Anthony M. Baylon - *Jorge and* 

Aurora Cortes

10AM Sue Eberle - The Breitlander Family

Helene Wieland - Ken and Pat Woodhouse

Josephine Graf - Teresa Shultz

Linda Jouzaitis - Friends

12PM Michael Erenberg - The St. Benedict Parish and

School Community

Catherine Quinn Kannenberg - Rosemary McDonnell Herbert (Benny) Benninghoff - Rosemary McDonnell

Celia M. Baylon - Jorge and Aurora Cortes

# Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

Mike Bartley Beverly Berganos Johnson

Carol Brimstin
Frank Flesch

Kelley Halper Anne Hoellich Marilyn Jerger Mark Jerger

Jackson James Limburg

Ken McFadden Karen Mocarski Ronald O'Keefe Colleen O'Keefe Wiora

Kathy Pietschmann Corazon Pizarro Julie Raheja-Perera

Bill Shaver Jim Strzalka Leda Wildner

# **Baptisms**

Charlene Johnson

Francis Andrea, daughter of Michael and Janet Coscino

Mila Bella, daughter of Michael and

Bridgette Garetto-Balmer

Victor Alejandro, son of Victor and Martha Gonzalez

 $The odore\ Francis\ Henderson, son\ of\ Samuel\ Henderson$ 

and Kaitlin Bowes

Seamus Robert Morley, son of Colin Morley and

Elizabeth Sereiko

Lillian Sage, daughter of Patrick and Audrey O'Hara James Edward Zevallos, son of Kelly Zevallos and

Monica Zienkiewicz

# Wedding Banns

II - Margaret Finger and Benjamin Sullivan

I - Christine Curtin and Cooper Lees

I - Lauren Choate and Patrick Riggio

## PARISH INFORMATION

If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: parish.stbenedict.com.** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at jaccardi@stbenedict. com. Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to bulletin@stbenedict.com. Flyers should be submitted in camera-ready format and will be used if space

permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.

### ST. BENEDICT PARISH AND PREPARATORY SCHOOL

#### ST. BENEDICT PARISH

Rectory: 2215 W. Irving Park Road, Chicago, IL 60618 Phone: (773) 588-6484 Fax: (773) 588-4927 Email: www.stbenedict.com Rectory hours: 9AM - 5 PM (Monday-Friday),

NO SATURDAY OR SUNDAY HOURS

#### **PASTORAL STAFF**

Rev. Stephen Kanonik, Pastor, ext. 5106, skanonik@stbenedict.com Rev. Robert Beaven, Pastor Emeritus Rev. Thomas Refermat, Assoc. Pastor, ext 5103, trefermat@stbenedict.com David Reyes, Deacon, ext. 5105, dreyes@stbenedict.com

Elaine Lindia, Director of Catechesis, ext. 1271, elindia@stbenedict.com
Kim McMillan, Director of Youth Ministry, ext. 5108, kmcmillan@stbenedict.com
Jody Roy, Director of St. Kateri Center, ext. 7000,
jroy@stbenedict.com
Bill Frere, Deacon, St. Kateri Center wfrere@archchicago.org

#### **PARISH SUPPORT STAFF**

Jeanne Anderson, Director of
Operations, ext. 5109,
janderson@stbenedict.com
Ellen Roberts, Parish Manager,
ext. 5104, eroberts@stbenedict.com
Maria Tubay, Director of Communications
ext. 2351, mtubay@stbenedict.com

ST. BENEDICT
PREPARATORY SCHOOL
Early Childhood (Preschool)
Phone: (773) 588-7851
3901 N. Bell Ave, Chicago, IL 60618

**Lower School(K-3)** Phone: (773) 463-6797

3920 N. Leavitt, Chicago, IL 60618

**Upper School (4-8)** Phone: (773) 539-0066

3900 N. Leavitt, Chicago, IL 60618

Rachel Gemo, Head of Parish School (PK-8), ext. 1220, rgemo@stbenedict.com Rachel Waldron, Head of Lower School, ext. 1101, rwaldron@stbenedict.com Mary Deletioglu, Head of Upper School, ext. 1253, mdeletioglu@stbenedict.com

# THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more about or joining one of the many ministries at St. Benedict Parish or would like to volunteer time or talent, please call the rectory or contact the following

Parish Council Chair: Karen Cholipski
Finance Council Chair: Chris Graff
School Board Co-Chairs: Michael Gerlach
and Lindsay Milanowski

Catechetical Commission:

Elaine Lindia and Kim McMillan

Education Commission: Rachel Gemo,
Rachel Waldron, or Mary Deletioglu

Human Concerns Commission: TBD

Parish Life Commission: TBD

Spiritual Life Commission:

Fr. Stephen Kanonik

#### **MASSES AND SERVICES**

**Sunday Eucharist:** Saturday 5PM, Sunday 8AM, 10AM, AND 12PM Live Stream as well, Sunday

**Weekday Eucharist:** 8:30AM Mon-Sat **Holy Day Eucharist:** 6:30AM, 8:30AM

and 7PM

Novena to Our Lady of Perpetual Help:

Tuesdays 9AM

**Exposition and Benediction of the Blessed Sacrament:** First Friday of each month, 9AM-12PM, in church

**Baptisms:** Scheduled on all Sundays at 1:30PM; on the fourth Sunday at one of the Masses. Baptism preparation class is required

**Reconciliation:** Saturdays, 11AM - 12 NOON; seasonal celebrations, as posted; by appointment in the rectory.

Weddings: Arrange with a priest at least four months in advance. Participation in marriage preparation is required.\* Rite of Christian Initiation of Adults (RCIA): For unbaptized persons or baptized persons interested in learning more about the Catholic faith and the process of becoming a Catholic.\* Religious Education: For the religious education of children attending public schools please call the Director of Catechesis.

Handicapped Accessibility: An elevator is

available for all Sunday Masses. Enter the church through the East door.\*\*

**Homebound:** Call the rectory to arrange communion in home for those unable to attend Mass.

Mass Intentions: Mass intentions may be requested for someone who is living or deceased, to commemorate a birthday, special anniversary, or the anniversary of a loved one's death.\*

person(s):

<sup>\*</sup> Please call the Rectory \*\* Please c

<sup>\*\*</sup> Please call the Rectory for weekday avail.



## HAVING DIFFICULTY DEALING WITH OUR STRESSFUL WORLD?

The Holbrook Counseling Center of Catholic Charities provides counseling services at St. Matthias Parish. Cheryl Joseph-Lukz, MA, LCPC is the therapist at St. Matthias. Cheryl is a Licensed Clinical Counselor, and she has worked with individuals, couples and families for over 20 years. Whether you're having problems with personal relationships, work situations or are just feeling unhappy, "stuck", or unfulfilled, we're here for you. We are in network with BC/BS PPO. Please call (312) 655-7725.



**IAHORRE** 

4552 N WESTERN AVE, CHICAGO, IL 60625

(773) 293-4660

## SEVERE FATIGUE? CHRONIC PAIN? TAKE YOUR LIFE BACK!

#### This is what it's like to suffer from Fibromyalgia.

hs symptoms make everyday life incredibly difficult and daily tasks nearly impossible. And more often than not, these symptoms are only made worse because so many practitioners find it difficult to understand and even more troublesome to trest. It is characterized by widespread pain in muscles, and tissues rather than inflammation of the joints, muscles, and tissues.

Symptoms are masked with over-the-counter medications. Prescription pills only provide temporary relief and more often than not, fall to work at all. And the worst-case scenario, you're completely disrespected or dismissed by medical professionals who don't get Fibramyelgie or don't care.

Some medical professionals will suggest dietary changes or encourage you to exercise. Perhaps they instruct you to 'drink more water' as if more wa is going to stop you from feeling as though you've been hit by a freight train every day

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Acupuncturist Kyla Boles uses noninvesive, nonphermaceutical, integrative therapies to RELIEVE her patients of Fibromy algia symptoms, reducing various forms of pain and inflammation, stimulating the release of endorphins, and offering much needed effective symptom relief for Ribromyalgia.

She altifully layers therapies such as ATP\*\* Resonance BioTherapy and nonphermaceutical, nonopioid, nonsteroid, natural injection therapies for amplified and lasting results.

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