Third Sunday of Easter

APRIL 23, 2023



Deacon Bill Frere

I have been blessed to have visited the Holy Land 4 times, the latest just this past February. And while we visit many of the same sites

(Jordan River, Nazareth, Church of Holy Sepulchre, Church of Nativity, Cana, Mount Carmel, etc.), the experience is never the same. The reason is simple. We are not the same person; we grow and

change. For myself, that first journey in 2010 was one of wonder and awe, an experience difficult to put into words. At the time, I thought it was a once in a lifetime experience. So wrong! And as the other pilgrimages unfolded, the experience became more and FOLLOW US ON more reflective, more prayerful

and meditative. I can still recall

sitting in an out of the way corner in the Church of the Holy Sepulchre and quietly working on the homily I would share the following day at Gethsemane. Such a peaceful moment in such a holy place!

Our life experiences change and so do we!

Needless to say, no matter the Holy Land visit, each day involved a healthy amount of walking – following the Via Dolorosa, walking the Rosary Procession at Nazareth, travelling the narrow streets of the Old City, tracing Jesus' steps on the Palm Sunday Road and, for the brave, climbing the path up to Mt. Tabor or Mt. Precipice. Lots of walking! Lots of achy feet at the end of the day! We never had any trouble getting our 'steps' in for the day. And every time, it was a spiritual and a physical journey of faith!

But, in light of today's Gospel, there is one pilgrim walk that continues to resonate with me! The road to Emmaus! The scene of today's Gospel! I admit that this is one of my favorite passages. It is so rich in imagery: the disciples taking that 7 mile journey from Jerusalem to Emmaus in sadness and mourning over the death of their teacher! And when Jesus appears, they don't recognize Him. Instead He walks with them and proceeds to teach them all that the Scriptures said about the Messiah. And when they reach their destination, they convince Him to remain with them. And it is only in the breaking of the bread that they recognize their Lord and Savior.

I spent all of my high school life and part of college living and studying at a seminary nestled in the Blue Ridge Mountains in rural Virginia. We had everything you could ever need: Olympic size swimming pool, basketball courts, track, playing fields, classrooms, beautiful chapel, our own infirmary and rec rooms. It was a quiet and secluded life full of homework and prayer. Stuck away on a narrow country road, you entered the grounds at a low brick entry gate and then a short drive up to the campus of buildings.

But what mattered the most to me was that short road, barely a quarter mile in length from the gate to the main buildings, I can't tell you how many times, after a long day of classes, many of us, either alone or with a small group, would walk out to the gate and then back. No matter the reason for the walk, whether it was stress, upset, homesickness, depression, sadness, the need to blow off steam or anger, or the simple need to just get away – by the time I made it out to the gate and back, those negative emotions were gone. It was a journey that calmed my soul and eased whatever burdens I had. It re-energized me to return to seminary life with a

renewed energy and even today I so miss that walk.

But what I didn't realize until much later in life was that, whether I was walking alone or with a friend, there was always someone else alongside me (us). Jesus! For us to get through all those tough times, I realize now that Jesus had to have been there with us, gently guiding us back along the right path. We just didn't realize it! We just didn't see Him there until much later in life.

So it is today with the disciples on their way to Emmaus. They are returning to Emmaus, crushed and saddened by Jesus' death. And yet Jesus walks with them, talks with them, teaches them. But it is only later on, after He has left, that they realized it was Him. Only after they realize their hearts were on fire with His words and in His breaking of the bread, then they slap their foreheads and realize the truth—that Jesus was right there with them. So it is for all of us. No matter how alone we feel, how isolated we are, we truly are not alone. Jesus really is right here with us, walking beside us, guiding us, reassuring us, and comforting us.

It occurs to me that, in today's Gospel, we are witnessing not merely a walk to Emmaus but a liturgical event, a reminder of the Eucharist. The disciples hear passages from the Scriptures and are taught their meaning. They give thanks and pray that the Lord remain with them. And then it all comes to fulfillment as the bread is prayed over, blessed and given to them to eat! And it is at that moment that their eyes are opened and they know they are in the presence of the Lord. And they return to Jerusalem to spread the Good News.

In a way, we make that journey to Emmaus every time we participate in the celebration of Mass. We hear the Scriptures, the presider reflects on their meaning – the Liturgy of the Word. And then Father blesses/consecrates the bread and wine and we receive the Body and Blood of Christ – the Liturgy of the Eucharist. And then we go out into the world with the command to spread the Good News, by our words and our actions.

So take that walk today wherever it may lead you!
And remember that
He walks beside you!

ERYSPECIALTHAN

Thank you to our amazing 2023 Gala committee! We appreciate all your hard work and dedication to making our celebration such a memorable event!





Claudia Anzur



Natalie Battaglia



Tony Battaglia



Grace Bdzawka



Laura Bergerson



Tricia Canty



Cristina Cutri



Sarah Dasher



Molly Eskew



Marco Fernandez



Sarah Finch



Mary Keyes



Becky Kolarik



Becky Kross



Abbey Lipke



Meg Pagels



Sally Roach



Dave Roock



Karla Stearns



Tiffany Strietelmeier Diana Van Degrift





Linda Wolf



Jean Hybinette '72







GREAT NIGHT WAS HAD AT **ROCKWELL ON THE RIVER LAST** SATURDAY TO BENEFIT OUR SCHOOL. **UNDER THE BIG TOP GALA 2023 CELEBRATED OUR SCHOOL COMMUNITY HONORING MS. RACHEL GEMO FOR** 20 YEARS OF SERVICE AS HEAD OF PARISH SCHOOL AS WELL AS MRS. **CHRISTA O'KEEFE FOR 30 YEARS OF SERVICE AS ADMINISTRATIVE ASSISTANT AND MRS. BETTY BLAZEK** FOR 32 YEARS OF SERVICE AS A **TEACHER IN OUR EARLY CHILDHOOD** PROGRAM. GREAT FOOD, DRINKS, MUSIC AND DANCING MADE FOR A **WONDERFUL EVENT ATTENDED BY 488 GUESTS. THEIR GENEROSITY WAS UNWAVERING AS OVER \$111.000 WAS DONATED FOR THE TUITION** ASSISTANCE PROGRAM. THANK YOU TO ALL WHO SUPPORTED THIS YEAR'S GALA.











April 23, 2023

Written by THE FAITHFUL

Third Sunday of Easter

Acts 2:14, 22-33 | 1 Pt 1:17-21 | Lk 24:13-35

GROW AS A DISCIPLE PRAY, STUDY, ENGAGE, SERVE

The two disciples had every reason and opportunity to see that it was Jesus walking beside them. They knew that the tomb was empty and the women who had discovered it had relayed what the angel had told them: Jesus was alive. It had only been three days since he had died. Yet, even as he was in their midst, the two disciples' eyes were prevented from recognizing it was Jesus. Only when he broke bread with them did they perceive and understand. Jesus walks beside us as well, but perhaps our eyes, like those of the two disciples, are prevented from recognizing him. What clouds our vision? It could be fear, doubt, despair, as on that road to Emmaus. Or maybe it is pride or hardness of heart. Like the early disciples, we must speak to Jesus, and tell him our story. Jesus comes to meet us, and we in turn have an opportunity to encounter him in many ways, most particularly in the breaking of the bread - the Eucharist. No matter how frantic or chaotic our lives may have become, attending Mass serves as an anchor, and a reminder of Jesus' presence with us every day.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

It took them a minute to "get it," but once the disciples recognized Jesus they didn't hesitate. They made a hasty return to Jerusalem to share the news with the other disciples: "The Lord has truly been raised and has appeared to Simon!" Having encountered Jesus in the breaking of the bread, they felt compelled to share the Good News of his resurrection with others. As Catholics, we can ask the Lord for eyes to see Jesus in our daily lives and especially at Mass. Nourished by the Eucharist, we can share our love for Jesus and our hope in the resurrection with others we encounter. Wherever we are and whatever we do, we can rest assured that Jesus walks alongside us.

PRAY Pray with the psalmist: "Lord, you will show us the path of life."

Sunday, Apr 23, 2023

Table manners

Someone once said we like our heroes dead more than alive. Cesar Chavez co-founded the United Farm Workers movement but found himself denounced as a communist and surveilled by the FBI during his lifetime. Only after death was his stature recognized, and he was posthumously awarded the Presidential Medal of Freedom. Encouraged by a priest who fueled him with Catholic social teaching, Chavez was also inspired by the nonviolent resistance of Gandhi. Along with lifelong co-worker Dolores Huerta, Chavez brought national attention to an abused yet fundamental part of our work force. Support farm workers' rights and remember at every table how your food got there.

THIRD SUNDAY OF EASTER

TODAY'S READINGS: Acts 2:14, 22-33; 1 Peter 1:17-21; Luke 24:13-35 (46). "The two recounted what had taken place on the way and how he was made known to them in the breaking of bread."

Monday, Apr 24, 2023

Seek what is hidden

Benedictine sister, best-selling author, and spiritual guide Macrina Wiederkehr was called a "master of everyday spirituality." She lived with the monastic community of St. Scholastica in Fort Smith, Arkansas and died on this day in 2020 at the age of 80. On this anniversary of her passing, let her words infuse your own everyday spirituality: "Holiness comes wrapped in the ordinary. There are burning bushes all around you. Every tree is full of angels. Hidden beauty is waiting in every crumb. . . . Real Presence is everywhere, and those with the hearts of children revel in it."

EASTER WEEKDAY

TODAY'S READINGS: Acts 6:8-15; John 6:22-29 (273). "This is the work of God, that you believe in the one he sent."

Tuesday, Apr 25, 2023

Mark left his mark

Mark wasn't a direct disciple of Jesus but was quite active in the Early Church. He was closest to Peter, the latter returning to Mark's mother's house after escaping prison. According to Saint Jerome: "Mark, the disciple and interpreter of Peter, wrote a short gospel at the request of the brethren at Rome embodying what he had heard Peter tell. When Peter had heard this, he approved it and published it to the churches to be read by his authority." Mark's short, action-packed gospel highlights the immediacy of Jesus' actions; Mark also uses the word *eutheos*—Greek for "right away"—more than 40 times. How might the Spirit be tapping you to act with immediacy?

FEAST OF MARK, EVANGELIST

TODAY'S READINGS: 1 Peter 5:5b-14; Mark 16:15-20 (555). "Jesus appeared to the Eleven and said to them: 'Go into the whole world and proclaim the Gospel to every creature.' "

Wednesday, Apr 26, 2023

Don't skip this meal

The Catholic Church teaches that the "Eucharist is the source and summit of the Christian life." As such, it is essential to feeding our spirit and showing us the way to holiness. The very act of listening to the Word, sharing our gifts, and breaking bread with others during Mass is a foretaste of God's reign, where all are welcome to the table. A U.S. Bishops-sponsored Eucharistic Revival is underway to encourage all to encounter Christ in the Eucharist

and feel healed, converted, and called to spread love of this lifegiving experience to others. Learn more about the Eucharistic Revival, which culminates in a 2024 Eucharistic Congress, at eucharisticrevival.org.

EASTER WEEKDAY

TODAY'S READINGS: Acts 8:1b-8; John 6:35-40 (275). "Jesus said to the crowds, 'I am the bread of life; whoever comes to me will never hunger.'"

Thursday, Apr 27, 2023

The real deal

Today's gospel has a eucharistic theme, with talk of "living bread" and "flesh for the life of the world." One way the church emphasizes the Eucharist is its insistence on the Real Presence, that is, the core belief that the bread and wine consecrated at Mass truly are the Body and Blood of Christ. They are not just symbols but, as Saint John Damascene wrote, the "actual deified body of the Lord." If wrestling with that concept makes your head hurt, know that the church also acknowledges this is a "mystery"—something the mind cannot fully grasp. Leave it to the heart to understand.

EASTER WEEKDAY

TODAY'S READINGS: Acts 8:26-40; John 6:44-51 (276). "The bread that I will give is my Flesh for the life of the world."

Friday, Apr 28, 2023

What's in your wallet?

Stored in coin wallets, pockets, purses, jewelry boxes, and glove compartments are many hundreds of little beads. Some are held together by string or wire, others fashioned into metal "decade" rings with laminated instructional cards. No matter what form they take, each reminds us of a special prayer of the Catholic Church, the Rosary. Saint Louis Grignion de Montfort, known for his love of the Rosary, always made sure to teach people to pray the Rosary in whatever method best helps them enter into the mysteries of the life of Christ. What's your unique way of praying the beads?

MEMORIAL OF LOUIS GRIGNION DE MONTFORT, PRIEST TODAY'S READINGS: Acts 9:1-20; John 6:52-59 (277). "[Ananias] answered, 'Here I am, Lord.'"

Saturday, Apr 29, 2023

Stand firm in your calling

Sometimes in the process of growing up you have to stand your ground with your parents. While they love you and are owed your devotion, they don't *always* know what's best for you. Catherine of Siena had to stand firm against the objections of her parents in order to fulfill her deepest calling, which was to the religious life. A wise choice on her part, and the entire church has benefited enormously as a result. The church has expressed its collective appreciation to her by bestowing the rare title of "doctor of the church" upon her.

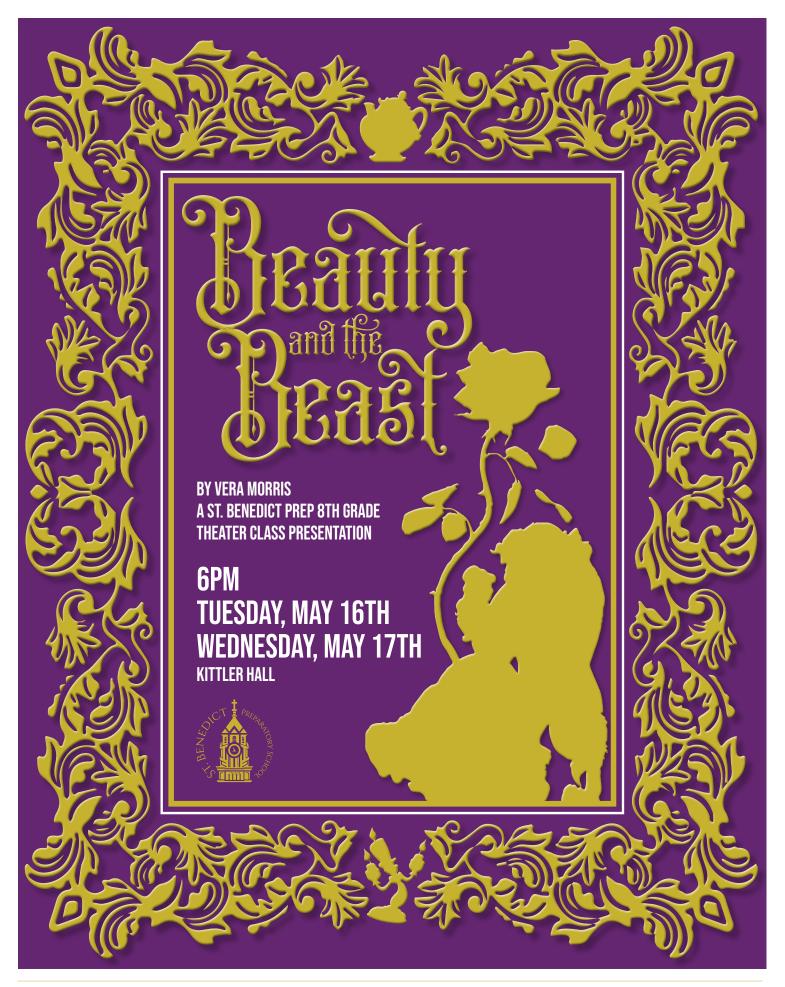
MEMORIAL OF CATHERINE OF SIENA, TERTIARY, DOCTOR OF THE CHURCH

TODAY'S READINGS: Acts 9:31-42; John 6:60-69 (278). "You have the words of eternal life."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Education

THE WEEK OF THE YOUNG CHILD

St. Benedict Prep celebrated its youngest learners recently during the Week of the Young Child. This is a week set aside each year to put a spotlight on the importance of Early Childhood Education. Preschool through first grade students participated in fun activities throughout the week – Tasty Tuesday, Work Together Wednesday, and Artsy Thursday. To end the week, all kindergarten classes attended Friday morning Mass and a special Mass was celebrated for all preschool students. Congratulations Bitty Bengals!

















Thomas Aguino, Classical Guitarist





Liturgical Publications Editor



Sunday, April 23, 2023 at 3pm in Church

Guitarist Thomas Aquino is from Chicago, Illinois. During his youth, he studied with Jack Cecchini for 10 years. He was awarded the Barbara and David Jacobs Scholarship to attend the Indiana University Jacobs School of Music as an undergraduate. Thomas has taken master classes with leading guitarists such as Christopher Parkening, Jorge Caballero and Adam Holzman. In 2018, he placed 2nd in the classical category of the Wilson Center Guitar Competition. In 2020, he won the Twisted Spruce Competition's Performance Prize. He received his master's and doctoral degrees in guitar performance from the Jacobs School of Music, studying with Maestro Ernesto Bitetti. His doctoral project analyzed the improvisational styles of Charlie Christian and Wes Montgomery, and included four original works modeled after them.

Sunday, April 30, 2023 at 3pm in Church

Alan Hommerding, Liturgical Publications Editor in the WLP division of GIA Publications, has been an editor with World Library Publications (WLP) since 1991. He holds graduate degrees in theology, liturgy, and music from St. Mary's Seminary and University (Baltimore) and the University of Notre Dame.

or Notre Dame.

Alan's hymn text collections are Song of the Spirit (1997) and Breath of Christ (2019). Other books are the recently-released The Pen of a Nimble Scribe:
Writing Prompts for the Church Year; collections of prayers Blessed Are the Music-Makers and Proclaim the Gospel in Song. Additional books include Words That Work for Worship, Everyday Psalms: 150 Meditations for Learning and Living the Lord's Song, Following Jesus Every Day: Gospel Meditations for Daily Living, and the book of poems St. Cecilia's Orchestra (with illustrations by Br. Michael O'Neill McGrath), winner of a prestigious Moonbeam Children's Book Award in 2010. He is also the composer of numerous choral and instrumental works, and was named Composer of the Year in 2019 by the Association of Catholic Publishers.

Alan is a noted speaker in the areas of liturgy and music, as well as having presented workshops, hymn festivals, and organ recitals around the country.

Free Will Donation to Support the St. Ben's Music

For more information, contact Scott Arkenberg, Director of Music Ministry at 773.588.6484 ext 5107 Saint Benedict Church | 2215 W. Irving Park Road, Chicago, IL 60618



OUR LENTEN ALMSGIVING PROJECT COMES TO AN END

Now that Lent has come to an end, we are asking all our parish families to return their Lenten Offering Box over the next two weeks by bringing them to Mass and putting them in the baskets at the altar or return it to the rectory or school offices during regular business hours. If you misplaced the Lenten Offering Box or never received one, consider taking an envelope made by our school children found at all the entrances of the church and contribute to the Catholic Extension Society as part of your Lenten Almsgiving. PLEASE REMEMBER to put your family's name on the box/Ziploc bag or envelope.

FATHER JACK WALL, PRESIDENT OF THE CATHOLIC EXTENSION SOCIETY,

will be here to celebrate Mass on Tuesday, May 9th at 8:30 a.m. Our school children will present him with what we hope to be a most generous total of everyone's efforts during these 5 weeks of Lent. Many thanks to our Middle School Service Committee for the promotion of this project. Thank you for your support of all those who work with the poor and needy.

BUNDLE SUNDAY IS JUST AROUND THE CORNER!

Join us on Sunday, May 7 from 9am-2pm for the return of the Society of St. Vincent de Paul's Bundle Sunday! Now is the time to start setting aside items to help us help our neighbors in need.

WE WILL GLADLY ACCEPT:

- Gently used clothing, shoes, household items
- Furniture
- Small appliances
- Household decorations
- Kitchen utensils, dishes, pots, pans
- Jewelry
- Tools
- Sporting goods, including bikes

PLEASE, NO TVS, COMPUTERS, PIANOS, BABY SEATS, OR PILLOWS/ MATTRESSES!

Clothing should be packed in plastic bags. Household and other heavy items should be boxed. Please wrap glassware and other

fragile items in paper or bubble wrap.

The trailer will be parked in the St. Ben's courtyard throughout the day and convenient to Mass times. Volunteers will be available to help load your items. We hope to see you there!



EASTER EGG HUNT THANK YOU!

On behalf of the Knights of Columbus St. Benedict Council #15052 I wish to extend a hearty THANK YOU to those who made our 1st Easter Egg Hunt such a success. Much thanks to Brother Knight Joe Accardi, Rich Nielsen PGK and his father Richard Nielsen. Daisy Schmookler, Rachel Gemo, Maria Tubay, Caitlyn Reyes and especially to all those Easter Egg Hunters. We sincerely appreciate your participation and hope to see you next year. Deacon Dave, EEH Chair







LIL' BENGALS PLAY & PRAY

Play & Pray with your young cub (6 months – 2 years old) at St. Benedict Preparatory School. Play & Pray provides you the opportunity to socialize, build community, and connect with members of our parish and school. Sessions are held in the Preschool Gross Motor Room with padded floors and age-appropriate play equipment. Parents and children only please. Questions? Contact Janet Gallagher, Director of Enrollment & Marketing at jgallagher@stbenedict.com or 773-509-3814.

FRIDAYS 11:30AM-12:30PM: April 28, May 5, May 19, & June 2

St. Benedict Preparatory Preschool 3901 N Bell (corner of Byron and Bell)

SCAN TO REGISTER >>>

YOUR CHILDREN WILL GO OUT OF THIS WORLD FOR THIS STELLAR ADVENTURE!

Launch kids on a cosmic quest where they'll have a blast shining Jesus' light to the world. Stellar will rocket kids on an out-of-this-world adventure that's light years of faith-building fun.



Register for 5 days of Vacation Bible School which will run from July 17-21. Vacation Bible School is for students ages: rising kindergartener thru rising 4th grader. This will be a 3.5 hour day running from 9:00am-12:30pm. Each day our astronauts will learn new songs, participate in STELLAR games, create out of this world crafts and have an amazing adventure learning about God's Love and learning how to shine Jesus' light in the world. If there are any questions, please reach out to Kim McMillan at kmcmillan@stbenedict.com. Space will be limited to 50 children.

> Scan the QR CODE (right) to enroll your child in this Vacation Bible School adventure to equip them to "SHINEJESUS' LIGHT"! >>>>>



NorthCenter Chamber of Commerce is hosting TinyFest on Saturday, May 20th and Sunday, May 21st in the NorthCenter Town Square at 4100 N. Lincoln Ave. This "mini" street festival will



have entertainment, food and beverages, and activities for all ages. St. Benedict Parish has been asked to recruit some volunteers to man a number of shifts. We would like to get a couple of groups together to fully man the beer tent (group of 6) on Saturday or Sunday. If you are open to joining one of these groups please email Joe Accardi at jaccardi@stbenedict.com. There are a number of different opportunities to volunteer in other areas as well. Please check out their sign up genius using the QR code. Thank you for your consideration.



Coming Up at St. Ben's | April and May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THIRD SUNDAY OF EASTER Mass at 8am, 10am, and 12pm in Church Class of 2019 Get- Together 10AM Beaven Hall Pack 3865 Meeting 3pm Ackerman Center Classical Guitar Favorites 3pm Church	24 Daily Morning Mass 8:30am Church St. Vincent de Paul Society Monthly Mtg 6pm Sewing Room Webelos II Meeting 7pm Cafeteria Troop 865 Meeting 7pm Heidenreich Hall Knights of Columbus Assembly Meeting 7pm Beaven Hall Ravenswood Orch. Practice 7pm SS Library	Daily Morning Mass 8:30am Church Tiger Scout Den Meeting 5:30pm Beaven Hall Covenant Teams of St. Andrew and St. Benedict 7pm SS Library	26 Daily Morning Mass 8:30am Church AA Group Meeting 8pm Beaven Hall	27 Daily Morning Mass 8:30am Church 1st Grade Daisies 2:30pm Room 317 - Global Lab CONFIRMATION 7PM IN CHURCH RECEPTION TO FOLLOW 8:30PM GYM	28 Daily Morning Mass 8:30am Church	Daily Morning Mass 8:30am Church Reconciliation 11am Church Mass at 5pm Church
FOURTH SUNDAY OF EASTER Mass at 8am, 10am, and 12pm in Church Hymn Sing 3pm Church	1 Daily Morning Mass 8:30am Church Troop 865 Meeting 7pm Beaven Hall Ravenswood Orch. Practice 7pm SS Library	2 Daily Morning Mass 8:30am Church	3 Daily Morning Mass 8:30am Church 2nd Grade Brownie Meeting 3pm Beaven Hall AA Group Meeting 8pm Beaven Hall	Daily Morning Mass 8:30am Church Cub Scout Pack 3865 Wolves Den Meeting 6:30pm Beaven Hall	5 Daily Morning Mass 8:30am Church Wax Museum 8am Gym Exposition of the Blessed Sacrament and Benediction 9am-12pm Church	Church Reconciliation 11am Church Mass at 5pm Church

Stewardship



Sunday & Holy Day Offertory Week of April 9



GiveCentral is our partner for secure electronic giving. Here are three easy ways to get started:

- > Visit GiveCentral.org and search for St. Benedict Chicago under My Charity
- > Follow the DONATE links on our parish and school website: stbenedict.com
- > Text the keyword DONATE to our text-to-give number: 773.918.2366
- > Scan the QR code (below) with your phone or tablet

QUESTIONS? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or janderson@stbenedict.com.

Thank you for your remarkable generosity to the parish.

Electronic Giving: \$7,660

Envelope: \$1,958 Loose: \$260 Holy Day: \$7,660

Total: \$9,878 (76% of goal) Weekly Goal: \$12,990

Fiscal YTD: \$520,209 (98% of goal)

Fiscal YTD Goal: \$532,590

Above/(Below) YTD Goal: (\$12,381)

Holy Thursday: \$648

Good Friday/Holy Land: \$843

Easter Goal: \$39,000

Easter YTD: \$22,176 (57% of goal) Above/(Below) Goal: (\$16,824)

Masses for the Week

Saturday, April 22 - Easter Weekday

8:30AM Celia M. Baylon - Jorge and Aurora Cortes

Special Intention for Elaine LIndia - Friends

5PM Donna Jarvis - Christa O'Keefe

and Marge Lawlor

Jean Tashiro - Jerry Buldak

 $Special \, Intention \, for \, Loretta \, O'Donnell \,$

John and Ann McDonagh - Family

Sunday, April 23 - Third Sunday of Easter

8AM Ross Mannina - Barbara and Karl Laber

Special Intention for Starla Vertucci

- Rachel Bernhardt

10AM John A. Hauser - The Suh-Hauser Families

Adelaida Bolinas - Family Lio Wildner - Leda Wildner

Special Birthday Blessing for Leda Wildner

12PM Special Intention for Judith Snarski

- Family

Christopher Dino - The Dino Family Benjamin Linatoc Ola - The Ola Family

Monday, April 24 - Saint Fidelis of Sigmaringen, Priest and Martyr

8:30AM Augusto Batungbakal - Rose Batungbakal

Tuesday, April 25 - Saint Mark, Evangelist

8:30AM Bob Fahey - Family

Abundia P. Cortes-Jorge and Aurora Cortes

Romana Fuentes - Lidia Vallejo

Wednesday, April 26 - Easter Weekday

8:30AM Carmen Lopez Aquilar - The Vallejo Family

Thursday, April 27 - Easter Weekday

8:30AM George Keehn (Class of '66)

- The St. Benedict Alumni Office

Friday, April 28 - Saint Peter Chanel, Priest and Martyr; Saint Louis Grignion de Montfort, Priest

8:30AM Mr. and Mrs. Wallace Hadary, Sr.

- Alex Udvary

Saturday, April 29 - Saint Catherine of Siena, Virgin and Doctor of the Church

8:30AM Marvelle and Richard Wood - Family

5PM Marianne J. Mazurek-Kurth

- The Thomas J. Czarnik Family Special Blessing for Andrew and

Matty May and Family - The St. Benedict

Parish and School Community

Sunday, April 30 - Fourth Sunday of Easter

8AM Jackson Kattke - Rachel Bernhardt

10AM John A. Hauser - The Suh-Hauser Families

Special Intention for Esther Robleza

- Daisy and Family

Special Intention for Leda Wildner

- Daisy and Tess

Joseph Del Giudice - Maria Mazzone

and Family

12PM Living and Deceased Members/Benefactors

of St. Vincent de Paul Society Karolina Wiech - The Hilado Family

Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

Gloria Arsenia Judy Bartley

Beverly Berganos Johnson

Suzanne Brewer Isabella Sofia Casillas

Vincent Castellano Carmen M. Clarin

Mayden H. Eichendorf

Amy Joy Goldie Tim Gollehon

Anne Hoellich

Art Hundrieser Marilyn Jerger

Charlene Johnson

Patricia Keating

Sidney Kennedy Patricia Ann King

Pepito Lim

Jackson James Limburg

Giorgio Marconi Ken McFadden Jose Orellana Corazon Pizarro Erlyn Publico

Julie Raheja-Perera

Marla Rizzutti Ann Ulrey-Ryan

Alex Sandoval Cecilia Fell Schott

(Class of 72) Bill Shaver

Abraham Sobrepena Eden Sobrepena

Jim Strzalka

Audrey Venkatesh

Leda Wildner

Baptisms

Robert McCloskey Chenoweth, son of Robert Chenoweth and Ellen McCloskey

Virginia Bynum Chenoweth, daughter of Robert Chenoweth and Ellen McCloskey

Mary Colette, daughter of John and Anne Dillon

What to Do If an Abuser Threatens Suicide

Why abusers who threaten suicide may also include a plan to harm you, too

From the Domestic Violence Outreach Team at St Benedict Parish

Threats of suicide can range from overt—I'll kill myself if you ever leave me—to subtle—You won't have to worry about me much longer. No matter the context, they can be scary and confusing. The last thing you want is for your partner to die by suicide. So what should you do if an abuser threatens suicide?

Domestic Abusers Use Threats to Control A Victim

Why do abusers threaten suicide? Because abusers often use threats of suicide as a form of power and control. They'll convince you that if they commit suicide, it'll be your fault and how can you live with that? They'll tell you that if you leave, report the abuse or otherwise don't follow their wishes, they'll kill themselves, and you'll be to blame.

Threats like this are a form of **emotional abuse** called **coercive control**. Such statements aren't cries for help. These suicidal threats are being made to manipulate you into doing what the abuser wants. "Abusers know that by threatening suicide, they are putting their victims in a position where they feel they have no choice but to respond with care, concern and emotional support," says clinical psychologist Carolina Estevez. "This type of behavior can be incredibly effective in controlling a victim's emotions and keeping them locked into an unhealthy relationship. Abusers may use this tactic to avoid any consequences for their abusive behavior since the threat of suicide makes it harder for victims to accept they should leave or seek help."

Suicide and Domestic Violence Homicide Are Often Linked

Statistics show that suicide and homicide are often correlated when it comes to domestic violence. Research from the **Kentucky Firearm Injury Statistics Program** showed that in two-thirds of cases where a woman was shot by an abuser, the perpetrator then killed himself. Abusers don't think of killing themselves as severe enough retribution. They'll consider taking someone else's life, like a partner, child or other family member(s). Nearly 60 percent of **mass shooters have a history of domestic violence**, so an abuser may even consider killing complete strangers. Know that if an abusive partner is threatening suicide, your life could also be at risk.

What Do You Do When An Abuser Claims to be Suicidal?

If ever you feel like your partner is in imminent danger of suicide—i.e. they've said they're planning to die by suicide and they have the means to do so—call 911 immediately. If the threat is less immediate but you're still concerned for their safety, you can call the police non-emergency line and request a welfare check. This will cause officers to go and speak with your partner. They'll assess whether or not he or she is a threat to themselves. Another option is to get advice from a crisis counselor from the **Suicide and Crisis Lifeline** by calling or texting 988. You can also suggest your partner seek help by talking to their primary care provider or a counselor. If you suspect that disclosing your partner's threats will put you in danger, consider first calling your **local domestic violence shelter** and speaking to a trained advocate. They can help you create a **safety plan** or get you into an emergency shelter. Even if you're worried about your partner, your safety needs to come first.

Suicide Is a Serious Threat No Matter What

If your partner uses threats of violence—including suicide—to control you, that's a huge red flag, even if they never intend to follow through with the threat. Suicidal threats still might be a **sign of increasing violence** within a relationship. Don't ignore it. It's in your best interest to work with a domestic violence advocate to create a safety plan and prepare an escape as soon as possible before things escalate. As for your partner? Ultimately, their actions are not your responsibility.

"Although all suicide threats should be considered serious, it is not the survivor's responsibility to save their abuser. If someone threatens suicide, it means they need a greater level of care than a partner can provide," says licensed psychologist Kimber Shelton. Even if your partner does decide to harm themself, **know it's not your fault.** "It is painful and confusing when someone ends their life," Shelton says. "But ultimately, the decision to die by suicide is theirs. It's natural and understandable to feel grief when this happens, but there's no reason a survivor should feel guilt."

With thanks to domestic shelters.org

IF YOU ARE EXPERIENCING DOMESTIC
VIOLENCE, KNOW THAT NO EXCUSE ON THE
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Parish Information

If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: parish.stbenedict.com.** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at jaccardi@stbenedict.com. Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to bulletin@stbenedict.

ion m

com. Flyers should be submitted in camera-ready format and will be used if space permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.

ST. BENEDICT PARISH AND PREPARATORY SCHOOL

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Rev. Stephen Kanonik, Pastor, ext. 5106, skanonik@stbenedict.com Rev. Robert Beaven, Pastor Emeritus Rev. Thomas Refermat, Assoc. Pastor. ext 5103, trefermat@stbenedict.com David Reyes, Deacon, ext. 5105, dreyes@stbenedict.com Scott Arkenberg, Director of Music Ministry, ext. 5107, sarkenberg@stbenedict.com Elaine Lindia, Director of Catechesis, ext. 1271, elindia@stbenedict.com Kim McMillan, Director of Youth Ministry. ext. 5108, kmcmillan@stbenedict.com Jody Roy, Director of St. Kateri Center, ext. 7000, jroy@stbenedict.com Bill Frere, Deacon, St. Kateri Center wfrere@archchicago.org

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3920 N. Leavitt, Chicago, IL 60618

Upper School (4-8)
Phone: (773) 539-0066
3900 N. Leavitt, Chicago, IL 60618
Rachel Gemo, Head of Parish School (PK-8), ext. 1220,
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Rachel Metz, Head of Lower School,
ext. 1101, rmetz@stbenedict.com
Mary Deletioglu, Head of Upper School,

ext. 1253, mdeletioglu@stbenedict.com

THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more about or joining one of the many ministries at St. Benedict Parish or would like to volunteer time or talent, please call the rectory or contact the following person(s):

Parish Council Chair: Karen Cholipski Finance Council Chair: Chris Graff School Board Co-Chairs: Michael Gerlach and Lindsay Milanowski

Catechetical Commission:
Elaine Lindia and Kim McMillan

Education Commission: Rachel Gemo, Rachel Metz, or Mary Deletioglu **Human Concerns Commission:** TBD

Parish Life Commission: TBD
Spiritual Life Commission:

Fr. Stephen Kanonik

MASSES AND SERVICES

Sunday Eucharist: Saturday 5PM, Sunday 8AM, 10AM, AND 12PM Live Stream as well, Sunday

Weekday Eucharist: 8:30AM Mon-Sat **Holy Day Eucharist:** 6:30AM, 8:30AM

and 7PM

Novena to Our Lady of Perpetual Help: Tuesdays 9AM

Exposition and Benediction of the Blessed Sacrament: First Friday of each month, 9AM-12PM, in church

Baptisms: Scheduled on all Sundays at 1:30PM; on the fourth Sunday at one of the Masses. Baptism preparation class is required.

Reconciliation: Saturdays, 11AM - 12 NOON; seasonal celebrations, as posted; by appointment in the rectory.

Weddings: Arrange with a priest at least four months in advance. Participation in marriage preparation is required.*

Rite of Christian Initiation of Adults (RCIA): For unbaptized persons or baptized persons interested in learning more about the Catholic faith and the process of becoming a Catholic.*

Religious Education: For the religious education of children attending public schools please call the Director of Catechesis.

Homebound: Call the rectory to arrange communion in home for those unable to attend Mass.

Mass Intentions: Mass intentions may be requested for someone who is living or deceased, to commemorate a birthday, special anniversary, or the anniversary of a loved one's death.*

^{*} Please call the Rectory



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