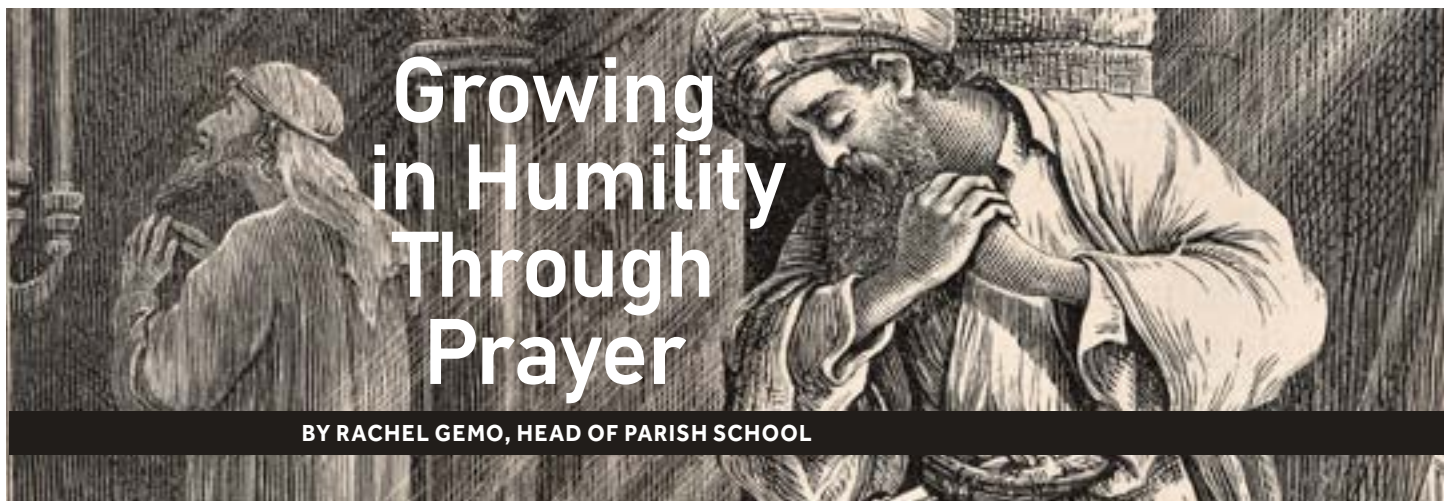


THE STEWARD

THIRTIETH SUNDAY IN ORDINARY TIME
SUNDAY, OCTOBER 23, 2022

FOLLOW US ON



Growing in Humility Through Prayer

BY RACHEL GEMO, HEAD OF PARISH SCHOOL



"There is more value in a little study of humility and in a single act of it than in all the knowledge in the world." St. Teresa of Ávila

Through the many years of being a Catholic school principal, I've learned something every day about education, leadership, children or just dealing with people in general. I can honestly say that I never have a boring day. I can also honestly say that I still have so much to learn. Being a principal is an amazing experience, and most certainly, a humbling one.

There are times, however, when I forget about the humbling part of the job. I am often telling people what they need to do, giving my counsel, and making decisions. I find ways to boast about our school – we constantly look for ways to promote all we do to inform our stakeholders and attract new families to enroll. And yes, I can get judgmental or jealous when I compare myself to other colleagues, I can get frustrated when people make decisions without my input, and I can feel down when I don't measure up to expectations.

Society programs us to measure ourselves against man-made standards. The Pharisee in Luke's Gospel today evaluates himself and others using a man-made list of "essential" standards to measure his own righteousness and brags to God about his practices in prayer, as if he doesn't need God's help. Unfortunately, this Pharisee uses the standards of his day to hold on to stature, and not for conversion of heart. He's focusing on human measures, not God's measures.

On the other hand, the tax collector, admits his brokenness and asks for God's mercy. The tax collector humbles himself and knows he needs God in his life. The tax collector is using God's benchmarks as he seeks to change his own heart.

When I let society's standards and expectations get the better of me, get judgmental about others, or despise others when they get judgmental of me, I try to stop myself and turn to God in prayer. A prayer that I stumbled upon is The Litany of Humility. I have to admit it's a challenging prayer because I'm asking Jesus for things that I didn't know I needed. I'm not sure the prayer is what I always want, either. My heart is open, however, to give this prayer a try when I know I need to grow in the virtue of humility. I, too, need God's mercy and love.

I say that it is a challenging prayer because the prayer asks us to be delivered from desires, such as being honored, praised, and preferred to others. In the prayer, we also ask to be delivered from fear of being hurt. When I first prayed this prayer, I thought, shouldn't we want to be honored, praised and preferred? And who wants to be hurt? Oh, wait! These are man-made standards. As St. Mother Teresa said, *"if you are humble, nothing will touch you, neither praise nor disgrace, because you know what you are."* I guess I'll keep working on this.

This prayer is also a challenging prayer because we are not simply asking for Jesus to plant the desire for love in our hearts, but for the grace to desire such. I admit I don't always possess those desires Jesus calls us to seek quite yet, and

that is okay. I'll keep working on this, too.

I will continue to pray this litany to open my heart to what Jesus desires for me, as well as others. In the last section of the prayer, we are praying for the best outcomes for others, putting others before ourselves. This is my favorite part of the prayer, when we pray for good to come to others. It helps me to let go of jealousy and competitiveness, and rather, fills me with joy and gratitude.

Jesus shows us through the tax collector's prayer that humility is something He desires for each of us. It is a virtue that needs intentional practice. In the end, humility helps us know that God's love for each one of us is all we really need.

Here's the prayer in case you'd like to try it:

THE LITANY OF HUMILITY

1. Make the Sign of the Cross.

In the name of the Father, and of the Son, and of the Holy Spirit.

2. Call on Jesus to hear your petitions.

O Jesus! Meek and humble of heart, Hear me.

3. Ask Jesus to deliver you from the desire for people to see you in a particular way or light. After each petition, respond with, "Deliver me, Jesus."

From the desire of being esteemed,
From the desire of being loved,
From the desire of being extolled,
From the desire of being honored,
From the desire of being praised,
From the desire of being preferred to others,
From the desire of being consulted,
From the desire of being approved,

4. Ask Jesus to deliver you from the fears that prevent you from living life with compassion for God, others, and yourself. After each petition, respond with "Deliver me, Jesus."

From the fear of being humiliated,
From the fear of being despised,
From the fear of suffering rebukes,
From the fear of being calumniated,
From the fear of being forgotten,
From the fear of being ridiculed,
From the fear of being wronged,
From the fear of being suspected,

5. Ask Jesus to guide you toward loving your neighbors before yourself. Respond with, "Jesus, grant me the grace to desire it."

That others may be loved more than I,
That others may be esteemed more than I,
That, in the opinion of the world, others may increase and I may decrease,
That others may be chosen and I set aside,
That others may be praised and I unnoticed,
That others may be preferred to me in everything,
That others may become holier than I, provided that I may become as holy as I should,

6. Conclude with the Sign of the Cross.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Music for October 15/16

Entrance: As We Gather at Your Table (W 831)

Gloria: Mass of Redemption, Janco

Readings: (W 1198)

Psalm: Ps. 34, The Cry of the Poor (W 46)

Gospel Acclamation: Alleluia in C (W 329)

Offertory: Christ Be Our Light (W 584)
Begin with REFRAIN.

Holy, Holy, Holy: Mass of Creation (W 365)

Memorial Acclamation B:

Mass of Creation (W 366)

Great Amen: Mass of Creation (W 367)

Lamb of God: Holy Cross Mass (W 381)

Communion Processional: Bread of Life
from Heaven (W 948)

Recessional: Lead Me, Guide Me (W 657)

CHOIR PRACTICE CONTINUES

Wednesday Night, 7pm
New Members are encouraged
and welcomed!

773.206.6785



Saint Andrew Parish

HELP WANTED: EVENING AND WEEKEND RECEPTIONIST AT A LARGE AND BUSY PARISH.

St. Andrews Parish is looking for a person with a pleasant personality who is able to work various hours during the week and weekends.

Duties include answering the phones and door and other duties assigned by the office manager, such as entering information into our database

Must have some knowledge of word, excel, etc.

Please contact: Chris O'Malley via email at:
chris@standrew.org or call 773-525-3016

Coming Up at St. Ben's | October, 2022

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|--|---|
| 23 30th Sunday in Ordinary Time Mass at 8am, 10am, and 12pm Church | 24 Daily Morning Mass 8:30am Church Troup 865 Meeting 7pm Heidenreich Hall Webelos II Meeting 7pm Cafeteria Knights of Columbus Assembly Meeting 7pm Beaven Hall Ravenswood Orchestra Practice 7pm SS Library | 25 Daily Morning Mass 8:30am Church Oktoberfest Wrap Up Meeting 6pm SS Library | 26 Daily Morning Mass 8:30am Church Cub Scout Pack 3865 4th Grade Meetings 5:30pm Beaven Hall Gallery Singers Choir Rehearsal 7pm Church AA Group Meeting 8pm Beaven Hall | 27 Daily Morning Mass 8:30am Church Cub Scout Pack 3865 Wolves Den Meetings 6:30pm Beaven Hall | 28 Daily Morning Mass 8:30am Church Middle School Spooktacular 6pm Gym Immaculate Conception Assembly Gathering 7pm Beaven Hall | 29 Daily Morning Mass 8:30am Church Reconciliation 11am Church Trunk and Treat 3pm Courtyard Mass at 5pm Church |
| 30 31st Sunday in Ordinary Time Mass at 8am, 10am, and 12pm Church Pack 3865 Halloween Meeting 3pm Ackerman Center Ravenswood Orchestra Fall Concert 7pm Ackerman Center | 31 Daily Morning Mass 8:30am Church Ravenswood Orchestra Practice 7pm SS Library | 1 Daily Morning Mass 8:30am Church Cub Scout Pack 3865 Tiger Scout Regular Meeting 5:30pm Beaven Hall St. Vincent de Paul 6:30pm Sewing Room All Saints Day Mass 7pm Church | 2 Daily Morning Mass 8:30am Church Bear Scouts 3rd Grade 5pm Beaven Hall All Souls Day Mass 7pm Church AA Group Meeting 8pm Beaven Hall | 3 Daily Morning Mass 8:30am Church | 4 Daily Morning Mass 8:30am Church Exposition of the Blessed Sacrament and Benediction 9am - 12pm Church Youth Ministry Veteran Care Bags 3:30pm Beaven Hall | 5 Daily Morning Mass 8:30am Church Reconciliation 11am Church Mass at 5pm Church |

CELEBRATE ALL SAINTS DAY!

DRESS AS YOUR FAVORITE SAINT and JOIN THE SAINT PARADE on **OCTOBER 30TH** at the 10:00 MASS

Everyone is Invited to Participate

The Feast of All Souls Day
 November 2nd, 2022
 You Are Invited

WE ESPECIALLY REMEMBER ALL OF THE LOVED ONES WHO HAVE GONE HOME TO THE LORD THIS PAST YEAR. DURING MASS WE WILL READ THE NAMES OF THE DEPARTED AND INVITE A FAMILY MEMBER OR FRIEND FORWARD TO LIGHT A CANDLE IN HONOR OF THE DECEASED. MASS WILL BEGIN AT 7:00PM AT ST. BENEDICT PARISH, 2215 IRVING PARK RD.

THE HOUSE OF GOOD SHEPHERD DONATION DRIVE

The House of Good Shepherd is specifically in need of the following items:

- Baby Wipes
- Laundry Soap\Fabric Softener\Stain Remover
- Cleaning Items (spray cleaners, magic sponges)
- Shaving Cream for Women
- Baby Bath Products
- Personal Hygiene Products

This is a SPECIFIC drive, please DO NOT donate anything else not listed above (i.e. clothing items). Please drop off any of these specific items in the boxes marked "Donations for The House of Good Shepherd" located in the Church's vestibule.

Thank you very much for your support in our efforts to bring awareness to this very important cause.



Knights of Columbus have donated **\$1.62 billion (yes, billion!)** to charitable causes over the past decade.



HALLOWEEN CONCERT

RAVENSWOOD COMMUNITY ORCHESTRA
RICHARD CORRIGAN, MUSIC DIRECTOR
ELI CHEN, PRINCIPAL CONDUCTOR

Beethoven
Chopin
Williams
Murphy

SUNDAY, OCT 30, 2022
7:00 P.M.
ACKERMAN CENTER
2219 W. IRVING PARK RD

Free Admission
Donations Gratefully Accepted
Masks Suggested
Costumes Encouraged!



Help Youth Ministry Create Care Packages FOR VETERANS

REMEMBERING OUR VETERANS

YOU CAN SUPPORT THIS PROJECT BY DONATING SOCKS, LIP BALM, HAND LOTION, SALTY SNACKS, CHOCOLATE CANDY, LETTERS, DRAWINGS, AND CARDS BY OCTOBER 30TH



Shutterstock.com/creativecommons.org/licenses/by-sa/4.0/, cropped

October 23, 2022

Thirtieth Sunday in Ordinary Time

Sir 35:12-14, 16-18 | 2 Tm 4:6-8, 16-18 | Lk 18:9-14

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I love baseball. Have you ever seen a batter strike out three times straight, only to hit a game-winning home run or base hit on his fourth at-bat? It doesn't happen often, but when it does, the victory is all the sweeter! I do not believe God actually influences the outcome of baseball games (well, maybe a little; I'm a Cubs fan after all). But I do believe ours is a God who stands by us even in the worst of slumps. Like St. Paul, the key is to keep the faith even when life throws us curveballs, as it inevitably will. If we approach the Lord with the perseverance of Paul and the humility of the tax collector, he will give us the strength we need to finish the race. We can make an effort to approach each day with gratitude, knowing the Lord is always at our side.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Have you heard of Blessed Solanus Casey? He became a Capuchin Franciscan priest, but because of his academic difficulties his ministry was limited. Ordained a "simplex priest," he could say Mass but not preach or hear confessions. And so he was assigned to become a porter, or "doorkeeper." Rather than complain, Father Solanus embraced this ministry. "He was always ready and willing to listen to anyone any time of the day or night," according to the biography read at his beatification in 2017. Because of his humility and holiness, people from all walks of life were drawn to him, often waiting hours to greet him at the door of St. Bonaventure Monastery in Detroit. Hearing today's reading about the prideful Pharisee and the humble tax collector brought his story to mind. Through this parable, Jesus challenges us to approach God and others with humility, understanding that all we are and all we do come from God. We don't have to be the "first," the "best," or the "brightest" - but simply need to ask God to help us grow in love and faith.

ACT Read about Blessed Solanus and recite the "Canonization Prayer," which asks God: "May your will be done in my life today."

Sunday, Oct 23, 2022

Share some good news

The church isn't stationary but missionary. The word *Mass* shares the same root as *mission*: to be sent. We enter the sanctuary weekly to prepare for our mission. This World Mission Sunday, Pope Francis shares his "dream of a completely missionary Church." To embrace this vision is to do three things: Bear witness. Do it everywhere. Trust the Spirit. We remember on this day five Adorers of the Blood of Christ from Illinois who embraced the vision and were martyred in Liberia in 1992. One sister wrote: "We need to move to the call of our mission, not to the call of our comfort." Venture out of your comfort zone.

THIRTIETH SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Sirach 35:12-14, 16-18; 2 Timothy 4:6-8, 16-18; Luke 18:9-14 (150). "*The Lord stood by me and gave me strength, so that through me the proclamation might be completed.*"

Monday, Oct 24, 2022

The other cheek is forgiveness

Think it's hard to "turn the other cheek"? What if someone stabbed you in the cheek in an attempt to kill you?! While you imagine what you'd do in that situation, consider what Saint Anthony Mary Claret did when it actually happened to him: He got his would-be assassin's death sentence commuted. As the archbishop of Santiago, Cuba in the mid-1800s, Claret had made enemies by advocating for the downtrodden and denouncing racism. He's an example that turning the other cheek is not a passive action, as some might think, because it has two parts: first, not responding in kind, and then, actively giving a second chance to the offender to do the right thing. Such brave love can and has stopped hate in its tracks.

MEMORIAL OF ANTHONY MARY CLARET, BISHOP, FOUNDER

TODAY'S READINGS: Ephesians 4:32—5:8; Luke 13:10-17 (479). "*Woman, you are set free of your infirmity.*"

Tuesday, Oct 25, 2022

God blesses the work of human hands

Few Catholics know the significance of French priest Jacques Paul Migne, born this day in 1800. But without Migne's skills as a journalist and prowess as a publisher, precious few would know anything about the early church fathers. Migne launched a publishing company that produced, at moderate prices, hundreds of volumes of church history and theology whose aim was to better educate Catholic clergy. Even today, his writings on the early church fathers are considered the most complete ever written. Migne's inventiveness reminds us that we, too, can glorify God with our daily work.

TODAY'S READINGS: Ephesians 5:21-33; Luke 13:18-21 (480). "*To what shall I compare the Kingdom of God? It is like yeast that a woman took and mixed in with three measures of wheat flour until the whole batch of dough was leavened.*"

Wednesday, Oct 26, 2022

Faithful to the end

On this day in 1529, Saint Thomas More became Lord Chancellor of England under King Henry VIII, who soon after began to forcefully agitate for independence from the dictates of the pope. This led to a clash with Thomas—a staunchly orthodox Catholic—who refused to betray his faith and accede to the royal demands. By 1534, he was imprisoned on charges of treason and was executed the next year after Henry declared himself head of an

independent Church of England. As Anglicans and Roman Catholics continue to dialogue in view of shared ecumenical goals, let's remember the faithful witness of Thomas More—a friend to all and a Catholic par excellence.

TODAY'S READINGS: Ephesians 6:1-9; Luke 13:22-30 (481). "*For behold, some are last who will be first, and some are first who will be last.*"

Thursday, Oct 27, 2022

Watch your attitude

In today's gospel King Herod Antipas (who beheaded John the Baptist) is depicted as a menacing tyrant, like his father, Herod the Great (who ordered the Slaughter of the Innocents). Such sins can seem far removed from ours. But Pope Francis has noted: "We must not think that we imitate Herod only if we become tyrants. No. In reality, it's an attitude to which we can all succumb, every time we try to dispel our fears with arrogance, even if only verbal or made up of small abuses intended to mortify those close to us." Let's pray for a world free of powerful tyrants—and free of any tyrannical impulses of our own.

TODAY'S READINGS: Ephesians 6:10-20; Luke 13:31-35 (482). "*Some Pharisees came to Jesus and said, 'Go away, leave this area because Herod wants to kill you.'*"

Friday, Oct 28, 2022

You can lead from behind, too

Of the 12 apostles, Peter is always front and center—rightfully so, for one called "the rock" (the literal meaning of the Greek name *Pétros*). Others are recognizable from various gospel stories. But then there's the zealots Simon and Jude (a.k.a. Thaddeus or "Son of James"). We know virtually nothing about them. Yet, they are remembered to this day because Jesus chose them to help lead the early church. Jesus knew that different kinds of leaders were needed to proclaim the gospel—the headliners like Peter and the "behind the scenes" people like Simon and Jude. What kind of leader are you called to be?

FEAST OF SIMON AND JUDE, APOSTLES

TODAY'S READINGS: Ephesians 2:19-22; Luke 6:12-16 (666). "*You are fellow citizens with the holy ones . . . built upon the foundation of the Apostles and prophets.*"

Saturday, Oct 29, 2022

The mother of all virtues

Humility is not much in demand these days, when celebrity status and social media popularity seem all the rage. But precisely because humility challenges all that is near and dear to our ego, it is worth wrestling with, especially if we wish to draw closer to God. Saint Augustine said in one of his letters, "The way to Christ is first through humility, second through humility, third through humility." He also said, "It was pride that changed angels into devils; it is humility that makes [humans] as angels." Humility has a transformative quality if we understand it not as groveling but rather as knowing our true measure, of keeping our feet firmly on the ground (the Latin for *earth*—*humus*—is the word's root). Perhaps Saint Thomas Aquinas defined it best: "Humility means seeing ourselves as God sees us: knowing every good we have comes from Him as pure gift."

TODAY'S READINGS: Philippians 1:18b-26; Luke 14:1, 7-11 (484). "*For everyone who exalts himself will be humbled, but the one who humbles himself will be exalted.*"

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Parish Events



Afternoon of Chopin with pianist Yuri Tanaka

Sunday, November 6, 2022 at 4pm

Saint Benedict Church
2215 W. Irving Park Road, Chicago, IL 60618

Free Will Donation to Support
Saint Ben's Music Program

**For information, Scott Arkenberg
773.588.6484 ext 5107**

Yuri Tanaka began playing the piano at the age of four. She studied under Keiko Hagimori and Takeshi Ohkubo at Yamaha Music School, learning composition and improvisation in addition to piano. At the age of fifteen, Tanaka performed with the Japan Philharmonic Orchestra in Tokyo. Still a teenager, Tanaka received a variety of awards and honors, some of which include first prize in the Meiko Miyazawa Competition for two consecutive years, first prize in Chopin's Association Piano Competition, and other achievements at the Yamaha Junior Pro Piano Concert, PTNA Piano Competition, and Sakai International Piano Competition, to name a few.

At sixteen, Tanaka participated in the Spring Seminar at Chopin Academy in Poland, studying under Piotr Paleczny and Regina Smendzianka. She was then selected for a Yamaha Music study abroad scholarship, where she studied at Indiana University with Edward Auer. Upon earning a performance diploma there, she continued her studies in the states, transitioning to Chicago College of Performing Arts at Roosevelt University, where she currently studies under Dr. Winston Choi and Jungwha Moon Auer. In recent years, she has performed at the Edward Auer workshop and at Seoul Yamaha in Korea, with special invitations to perform Schumann's Piano Concerto with Northwest festival Symphony, and all Chopin Ballades at Hong Kong Cultural Center, where she also gave a masterclass.

Her 2022-2023 performances will showcase all Chopin Etudes in concerts both in the US and Japan.

Sing with us!
**HOLIDAY
POPS
2022**

Saturday, December 10th
at 7:30pm

Maestro Scott Arkenberg
with Stefan Holt of NBCs

REHEARSALS: Wednesday nights, beginning
Wednesday, October 12 at 6:00 pm at Saint Benedict Church
2215 West Irving Park Rd Chicago
QUESTIONS? Call 773.588.6484

SAVE THE DATE!

*St. Benedict
Christmas Craft
Fair*

SUNDAY, DECEMBER 4, 2022
10:00 A.M. - 2:00 P.M.
3941 N. BELL AVE

Interested vendors, please visit
<https://www.tinyurl.com/stbensCCF> or
scan the QR code for more information.

Education

PRESCHOOL BENGALS VISIT GARFIELD PARK CONSERVATORY

St. Benedict Prep's youngest Bengals completed their study of leaves and trees last week with a visit to the Garfield Park Conservatory. They discovered what plants need to grow and participated in a scavenger hunt around the conservatory. The conservatory is one of the largest botanical conservatories in the nation with thousands of plant species from around the world.



YOU AND YOUR FAMILY ARE CORDIALLY INVITED TO ATTEND LOYOLA ACADEMY'S OPEN HOUSE ON THURSDAY, NOVEMBER 3RD

Tours begin at 5pm and continue until 8pm
Pre-registration is encouraged and available at goramblers.org
1100 Laramie Avenue, Wilmette, IL 60091
847/920-2481

Loyola Academy admits students of any race, color and national origin or ethnic origin.

We are proud to be a National Blue Ribbon School!

ST. BENEDICT PREPARATORY SCHOOL

OPEN HOUSE



Wed, Nov 2

6:30-7:30pm | Grades K-7

Wed, Nov 9

6-7pm | PreK Only

stbenedict.com | 773-509-3814



**ST. BENEDICT
PREPARATORY SCHOOL**

Learn Fearlessly. Lead Responsibly. Serve Joyfully.



RSVP TODAY! >>>





Sunday & Holy Day Offertory Week of October 9, 2022

GiveCentral is our partner for secure electronic giving.

Here are three easy ways to get started:

- > Visit GiveCentral.org and search for St. Benedict – Chicago under My Charity
- > Follow the DONATE links on our parish and school website: stbenedict.com
- > Text the keyword DONATE to our text-to-give number : 773.918.2366
- > Scan the QR code (below) with your phone or tablet



Questions? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or janderson@stbenedict.com. Thank you for your remarkable generosity to the parish.

Electronic Giving: \$8,530

Envelope: \$2,090

Loose: \$2,856

Holy Day: \$55

Total: \$13,531 (104% of goal)

Weekly Goal: \$12,990

Fiscal YTD: \$179,367 (92% of goal)

Fiscal YTD Goal: \$194,850

Above/(Below) YTD Goal: (\$15,483)

LEGACY PLANNING: TAKE ADVANTAGE OF HIGHER PAYOUT RATES!

ARCHDIOCESE OF CHICAGO



For the first time since 2018, charitable gift annuity payout rates have increased – allowing you the opportunity to benefit more from your giving and to help ensure that God’s good work continues. When you establish a charitable gift annuity with the archdiocese, not only will you receive fixed payments for life, but you can designate our parish as the remainder beneficiary.

You can schedule payments according to your financial needs, and enjoy immediate and future tax benefits, including a federal income tax deduction for a portion of your gift, if you itemize. Also, a portion of each annuity payment will be tax-free (through life expectancy). The funds remaining after your lifetime will support our parish or school – as designated by you.

For more information, please contact St. Benedict Parish Director of Operations, Jeanne Anderson at janderson@stbenedict.com, or visit giving.archchicago.org/cga. To receive a free, no-obligation personalized illustration of how you could benefit from a Charitable Gift Annuity, contact Krystina M. Campbell, Planned Giving Officer, Archdiocese of Chicago at 312.534.5404 or kcampbell@archchicago.org.

THE ANNE AND BRUCE HUNT GARDEN PROJECT

Your financial support will allow us to enhance and extend the efforts and dedication of Mr. and Mrs. Hunt, so that visitors may find serenity and joy within our beautiful gardens for generations to come. If you are able to help, please scan the QR code to make a donation to our garden fund. Your generosity is greatly appreciated! Thank you!



Masses for the Week

Saturday, October 22 - Saint John Paul II, Pope, BMV

- 8:30AM Celia M. Baylon - *Jorge and Aurora Cortes*
Wanda Wisniewski - *Lucy Consing*
- 5PM Ralph Lipke - *Marge Lawlor*
Joyce Baumert - *Dicky, Eva, Steve, and Mike*

Sunday, October 23 - Thirtieth Sunday in Ordinary Time

- 8AM Special Intention for Nadine Gemo - *Rachel Bernhardt*
Vicki Jean Garcia-Doney - *The St. Benedict Parish Community*
Dradyne Robyne Eudeikis - *Jeanette Heiner*
- 10AM Bob Fahey - *Family*
Jerry Byrne - *Mike and Margaret Burns*
John A. Hauser - *Laurie Tauer*
Carol B. Brimstin - *The St. Benedict Parish Community*
- 12PM Josip Bicanic - *The St. Benedict Parish Community*

Monday, October 24 - Saint Anthony Mary Claret, Bishop

- 8:30AM The Deceased Members of the Gibbons-Howe Families - *The Cancellers*
Jaime Raphael B. de Guzman Jr. - *Bella Bondad de Guzman*
Ann McDonagh - *Family*

Tuesday, October 25 - Weekday

- 8:30AM Carol Brimstin - *Ken and Pat Woodhouse*
Pacifico Alpasan - *Corazon Lopez*

Wednesday, October 26 - Weekday

- 8:30AM Kathleen Kelly - *Family*

Thursday, October 27 - Weekday

- 8:30AM Percy Edwards - *Ken and Pat Woodhouse*
Beniamino Mazzone Sr. - *Maria Mazzone*

Friday, October 28 - Saints Simon and Jude, Apostles

- 8:30AM John Grealish - *Family*

Saturday, October 29 - Weekday

- 8:30AM Robert Peter Strasser - *Anne Marie Greene*
Rosario M. Baylon - *Jorge and Aurora Cortes*
- 5PM Carl Dominik - *Sharon and Don Wilson*
Living and Deceased Members/Benefactors of the St. Vincent de Paul Society

Sunday, October 30 - Thirty-First Sunday in Ordinary Time

- 8AM Elizabeth Kaszuba - *Barbara and Karl Laber*
- 10AM Danilo Belicena - *Dorenda Sumatra*
Glorieta Gaston - *Connie C. Galloso and Sally Cervantes*
Fructuoso Paez - *Ceferina Paez*
Estrella Lacson - *Family*
- 12PM Arsenio Gerard B. Baylon - *Jorge and Aurora Cortes*
Robert Matthews, Jr. (Class of '62) - *St. Benedict Alumni Office*

Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

| | |
|--------------------------|--------------------------------------|
| Gloria Arsenia | Karen MocarSKI |
| Beverly Berganos Johnson | Corazon Pizarro |
| Carmen M. Clarin | Julie Raheja-Perera |
| Frank Flesch | Alex Sandoval |
| Anne Hoellich | Cecilia Fell Schott (Class of 72) |
| Marilyn Jerger | Bill Shaver |
| Mark Jerger | Karen Sheehan |
| Charlene Johnson | Eden Sobrepena |
| Patricia Ann King | Jim Strzalka |
| Jackson James Limburg | Audrey Venkatesh |
| Giorgio Marconi | Leda Wildner |
| Ken McFadden | |

Baptisms

Maeve Celine, daughter of Kevin and Bridget Carey

Anna Sidney, daughter of Gus and Lynn Pappadimas



4 Tips To Get Kids Back to School Safely After Abuse

How to ensure kids are physically and emotionally safe at school after experiencing domestic violence

You recently escaped domestic abuse with school-aged children, and now it's almost time to put them on the bus to go back to school. With everything you've been through, their safety is likely at the top of your mind. In addition to helping your child pick out school supplies and packing lunches, consider these four steps before sending your little ones back to school after domestic violence.

1. Transfer if Safety is a Factor

For kids who have experienced trauma and a lot of change (i.e. fleeing their home or a parent moving out), it's best to maintain stability in other areas of their life. For instance, if you escaped to a shelter, you're probably still trying to stick to your child's bedtime routine or ensure they can still watch their favorite show. Continuing with school is an important way to maintain stability, particularly if they've attended a certain school before and have an established friend group, know the staff, etc. There's one caveat, though, and that's physical safety. If there is a possibility that you or your children are at risk of physical harm by an abuser, or that an abuser may try to come to the school without permission to pick up your children, then you'll want to consider transferring your kids to a different school. Yes, it may be a difficult transition for your child and could place additional burdens on you if another school is substantially farther away, but it's necessary to protect yourself and your children in this instance.

2. Notify School Administration

Consider requesting a private meeting with the school principal and filling them in on your family's situation. You don't need to go into great detail (share only what you're comfortable with) but be sure to convey the need for the school's involvement. Provide copies of court orders and other rulings that outline who is and who is not permitted to pick up your child and what to do if an order is violated. If your child's school is listed as a protected place on a protective order, instruct the school staff to call the police if that person shows up. Schools have a legal responsibility not to release your child to someone who doesn't have the right to have your child.

3. Schedule Your Children For Counseling

Domestic abuse takes a toll on the whole family, even if an abuser has never laid hands on the children. Get your child into therapy, specifically trauma-focused cognitive behavioral therapy (TF-CBT), which is a form of talk therapy specifically designed to help children recover from trauma. Then, put your child's therapist in touch with the school.

4. Prepare Your Children

Just as you would discuss having a new teacher or classroom, let your kids know how else their routine might change this school year. Speak to them at a level that's developmentally appropriate and try to keep emotion out of it.

With thanks to domesticshelters.org



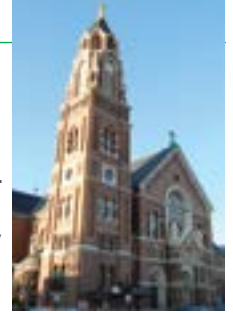
October is Domestic Violence Awareness Month

From the Domestic Violence Outreach Team at St Benedict Parish

DOMESTIC VIOLENCE VICTIM SERVICES:

| | | |
|------------------------------------|-----------------------------------|------------------------------|
| Catholic Charities | 1.312.655.7725 | (Toll-Free. 24-hour. |
| Domestic Violence Services: | | Confidential. Multilingual.) |
| Various Locations: | Illinois Domestic Violence | Childhelp National |
| Please call | Hotline: | Child Abuse Hotline: |
| | 1.877.863.6338 | 1-800-4-A-CHILD |

Parish Information



If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: parish.stbenedict.com.** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at jaccardi@stbenedict.com. Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to bulletin@stbenedict.com. Flyers should be submitted in camera-ready format and will be used if space permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.

ST. BENEDICT PARISH AND PREPARATORY SCHOOL

ST. BENEDICT PARISH

Rectory: 2215 W. Irving Park Road,
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Fax: (773) 588-4927
Email: www.stbenedict.com
Rectory hours: 9AM - 5 PM
(Monday-Friday),
NO SATURDAY OR SUNDAY HOURS

PASTORAL STAFF

Rev. Stephen Kanonik, Pastor,
ext. 5106, skanonik@stbenedict.com
Rev. Robert Beaven, Pastor Emeritus
Rev. Thomas Refermat, Assoc. Pastor,
ext 5103, trefermat@stbenedict.com
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Ellen Roberts, Parish Manager,
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Maria Tubay, Director of Communications
ext. 2351, mtubay@stbenedict.com

ST. BENEDICT PREPARATORY SCHOOL Early Childhood (Preschool)

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Lower School(K-3)

Phone: (773) 463-6797
3920 N. Leavitt, Chicago, IL 60618

Upper School (4-8)

Phone: (773) 539-0066
3900 N. Leavitt, Chicago, IL 60618

Rachel Gemo, Head of Parish School
(PK-8), ext. 1220,
rgemo@stbenedict.com
Rachel Metz, Head of Lower School,
ext. 1101, rmetz@stbenedict.com
Mary Deletioglu, Head of Upper School,
ext. 1253, mdeletioglu@stbenedict.com

THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more
about or joining one of the many
ministries at St. Benedict Parish or
would like to volunteer time or talent,
please call the rectory or contact the
following person(s):

Parish Council Chair: Karen Cholipski
Finance Council Chair: Chris Graff
School Board Co-Chairs: Michael Gerlach
and Lindsay Milanowski
Catechetical Commission:
Elaine Lindia and Kim McMillan
Education Commission: Rachel Gemo,
Rachel Metz, or Mary Deletioglu
Human Concerns Commission: TBD
Parish Life Commission: TBD
Spiritual Life Commission:
Fr. Stephen Kanonik

MASSES AND SERVICES

Sunday Eucharist: Saturday 5PM,
Sunday 8AM, 10AM, AND 12PM
Live Stream as well, Sunday
Weekday Eucharist: 8:30AM Mon-Sat
Holy Day Eucharist: 6:30AM, 8:30AM
and 7PM
Novena to Our Lady of Perpetual Help:
Tuesdays 9AM
**Exposition and Benediction of the
Blessed Sacrament:** First Friday of each
month, 9AM-12PM, in church
Baptisms: Scheduled on all Sundays at
1:30PM; on the fourth Sunday at one of
the Masses. Baptism preparation class is
required.
Reconciliation: Saturdays, 11AM - 12
NOON; seasonal celebrations, as posted;
by appointment in the rectory.
Weddings: Arrange with a priest at least
four months in advance. Participation in
marriage preparation is required.* **Rite
of Christian Initiation of Adults (RCIA):**
For unbaptized persons or baptized
persons interested in learning more
about the Catholic faith and the process
of becoming a Catholic.* **Religious
Education:** For the religious education of
children attending public schools please
call the Director of Catechesis.
Homebound: Call the rectory to arrange
communion in home for those unable to
attend Mass.
Mass Intentions: Mass intentions may be
requested for someone who is living or
deceased, to commemorate a birthday,
special anniversary, or the anniversary of
a loved one's death.*

** Please call the Rectory*



Spiritual Dream Group

NEXT SESSION - MONDAY 11/21 | 7-9PM

In this group we learn to become like a container of sacred space as a group to provide a secure connection between the individual's inner world and the outer world. Spiritual dream work affirms that our (nocturnal) dreams offer us support in our spiritual journey. This work helps us towards living a guided life from within with the support of others and it helps us to recognize the symbolic language of the soul. All dreamers are welcome and there is no prior experience necessary. I encourage anyone who has been interested in their dreams, but has not had the opportunity to share and explore them further to attend. **This ongoing group will meet on the third Monday of each month at 7 pm until 9 pm remotely on the Zoom video conference platform. Please contact Rachel at rachelwinborn@gmail.com if you plan to attend.**

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