

THE STEWARD

TWENTY-THIRD SUNDAY IN ORDINARY TIME
SUNDAY, SEPTEMBER 4, 2022

FOLLOW US ON
  
@STBENSCHICAGO

Count the Cost of DISCIPLESHIP

LUKE 14:25-33



BY
DEACON
BILL FRERE

Way back in November of 2020, when the Covid shutdown was barely 8 months old, my wife, Ginger and I took a small window of opportunity to go visit my Mom out in Maryland. It had been a year since we had seen her and, with winter approaching, this would be our last chance to see her until Spring or perhaps even longer depending on the spread of Covid. But given the world we were living in and all the restrictions and precautions we were all dealing with, it was not as simple as making reservations, hopping on a plane, and driving a rental car home from the airport. Nothing was that simple anymore!

So beginning in October we began to formulate a plan – something that would be safe for us and for my 95 year old Mom. We decided the safest way to travel would be by car. So we would drive straight from Chicago to Maryland, roughly

750 miles, stopping only for gas and pit stops for a snack. We would quarantine ourselves for 2 weeks before that to ensure we were not bringing any other “passengers” with us. We would wear masks the entire time we were home, except for meals and we would not make any physical contact with Mom and my sister – no hugs, no kisses. We would spend the entire visit at home – no visits to stores or restaurants. We even shopped at Costco here in Chicago so that we could bring home all the household supplies we usually get to stock up my mom for the winter.

We made sure our car would be ready for the journey and we got our cat-sitter to watch over our 2 senior citizen cats while we were gone. And we planned to make our return trip home to Chicago in the same manner – only necessary stops and driving straight through! We even

ST. BENEDICT PARISH & PREPARATORY SCHOOL
2215 W. IRVING PARK ROAD CHICAGO, IL 60618 | WWW.STBENEDICT.COM

MASS SCHEDULE: Saturday 5 PM | Sunday 8AM, 10AM, and 12PM RECONCILIATION: Saturdays 11AM

scheduled a test for Covid so that we would not be bringing any 'germs' back to Chicago with us and so we wouldn't have to do another 2 weeks worth of quarantine! And when we did return home, we anxiously waited at home until we got the negative test results.

And then we pitched the whole plan to my mom – to make sure she was comfortable and felt safe with all the precautions we were taking! And she said YES!

Whew! Yes, that was a lot of work, a lot of preparation but in the end it was all worth it!

There are no rosy words or comforting remarks in today's Gospel. Jesus makes it very clear – being Christian, being a disciple demands effort and sacrifice. This is not a hobby or some weekend pastime. It is not something that just happens by accident. It takes time, planning, preparation, and work. And it means setting aside some things so that we can focus on what is most important – being a lifelong faithful disciple! It means setting priorities, turning your back on some things in order to focus on the most important!

So prepare! Prepare to build your tower of faith, knowing that you will have to turn your back on other projects and interests. And be prepared to battle against the forces of darkness and greed and selfishness, to suffer for the sake of

eternal life. And that is what Jesus is addressing in today's Gospel – be prepared! Be prepared for the Kingdom, for the Master. You can't just sit around and then suddenly rush in a flurry of activity when the Master suddenly shows up. We need to approach every day as a day of preparation. Jesus makes it very clear – this is work and it's daily work.

Think about it! School has now been back in session for just a couple of weeks. Remember all the time and energy (and money) you have spent to prepare your kids for this new school year? Shopping for school supplies, new clothes/uniforms! Trips to the grocery store for extra food to make for school lunch! Maybe even getting us up early weeks before school started so that we were back on schedule! And remember too all the times when we didn't plan ahead, when we didn't properly prepare! We rushed around on the last day trying and failing to get everything done. And it was a disaster. And we promised ourselves to plan better and longer the next year.

So what are we doing to prepare for the Kingdom??? What we doing today? Tomorrow? What plans are we making? Are we rushing at the last minute or are we spending time each and every day to prepare?

Great Spirit, teach me today to walk in prayer and to keep my faith strong!

TODAY!

Special Music at the 10am mass

Tom Waterloo,
classical guitarist

In Memory of John A. Hauser

Music for September 3/4

Entrance: All Creatures of Our God and King (W 607)

Gloria: Mass of Redemption, Janco

Readings: W 1177

Psalm: Ps. 90, In Every Age, O Lord (W 1177)

Gospel Acclamation: Alleluia in C (W 329)

Offertory: Instrumental Music

Holy, Holy, Holy: Mass of Creation (W 365)

Memorial Acclamation B: Mass of Creation (W 366)

Amen: Mass of Creation (W 367)

Lamb of God: Holy Cross Mass (W 381)

Communion Processional: Lord, When You
Came (W 760)

Recessional: Lord of All Hopefulness (W 686)

A Weekend of Celebration



ST. KATERI YOUTH MURAL PROJECT

St. Kateri Center youth collaborated with The Mitchell Museum of the American Indian on a youth mural project. This past Friday August 26th in the evening we celebrated the unveiling of the new Native youth-designed mural. The special event included a recognition ceremony for the nine Native youth mural artists, followed by an open house and reception. Museum members and the public were invited to view the new youth mural, explore the Indigenous medicine garden, tour the collections, sample Native foods and meet local Native children's author Maria DesJarlait-Garcia. Maria is also one of St. Kateri Leadership Circle Members.

St. Kateri Center's Youth Coordinator, Negwes White co-facilitated with the Mitchell Museum on the project. The mural concept was entirely youth-driven and designed to reclaim space and share Indigenous knowledge and tells the Anishinaabe Creation Story with representations of nature and animals in the Woodland art style. The brightly colored mural will be displayed on the Mitchell Museum's front exterior facing Central Street in Evanston.



To support the Kateri Center and Native American Spiritual Life, scan this code



A Weekend of Celebration

THE DEDICATION OF THE ANNE AND BRUCE COMMUNITY GARDEN



The Anne and Bruce Hunt Garden Project

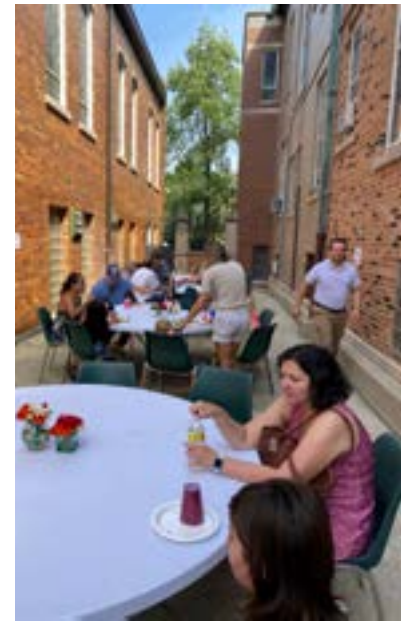
Your financial support will allow us to enhance and extend the efforts and dedication of Mr. and Mrs. Hunt, so that visitors may find serenity and joy within our beautiful gardens for generations to come. If you are able to help, please scan the QR code to make a donation to our garden fund. Your generosity is greatly appreciated! Thank you!



A Weekend of Celebration



**CELEBRATING OUR
ST. BEN'S DADS WITH A
COURTYARD BBQ!**



Catechetical Sunday is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. This year, we will celebrate the entire weekend starting on Saturday September 17th. All those who serve as catechists, teachers, youth ministers will be called forth for a special blessing at the 5 pm Mass. In addition, we will include a "Back to School Blessing" for children/families, honoring the fact that parents are the first catechists. The Masses will be followed by a reception in Beaven Hall. We will also do this blessing at the 10 am Mass on Sunday, September 18th, followed by a reception in Beaven Hall hosted by our Dad's group. Please join us!

Catechetical Sunday 2022

September 18, 2022

*This is my body
given for you*

Luke 22:19

Receptions for Catechists and Families for Catechetical Sunday 5pm Saturday Mass with Pizza Treat in Beaven following the Mass, and 10am Sunday Mass with Breakfast Treats in Beaven following the Mass.



Make me smile. Join the choir.

Music Director, Scott, is wanting to expand our choir.

Your voice is needed! Please consider joining.

Rehearsals, Wednesday nights, 7pm, beginning September 7th.

Questions? Call Scott at 773.206.6785 or send an email
to sarkenberg@stbenedict.com

Coming Up at St. Ben's | September, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 23rd Sunday in Ordinary Time Mass at 8am, 10am, and 12pm Church Mass at 11am St. Kateri Center Convent Chapel	5 Labor Day Mass 9am Church	6 Daily Morning Mass 8:30am Church Cub Scout Pack 3865 Recruitment Night 6pm Beaven Hall	7 Daily Morning Mass 8:30am Church Choir Rehearsal 7pm Church AA Group Meeting 8pm Beaven Hall	8 Daily Morning Mass 8:30am Church	9 Daily Morning Mass 8:30am Church Parent Mixer 7pm Courtyard	10 Daily Morning Mass 8:30am Church Reconciliation 11am Church Mass at 5pm Church
11 24th Sunday in Ordinary Time Mass at 8am, 10am, and 12pm Church Knights of Columbus Meeting 11am Beaven Hall	12 Daily Morning Mass 8:30am Church Webelos I Meeting 7pm Cafeteria Scout Meeting 7pm Heidenreich Hall Ravenswood Orchestra Practice 7pm SS Library	13 Daily Morning Mass 8:30am Church Parish Commission Meeting 7pm Beaven Hall	14 Daily Morning Mass 8:30am Church Choir Rehearsal 7pm Church AA Group Meeting 8pm Beaven Hall	15 Daily Morning Mass 8:30am Church	16 Daily Morning Mass 8:30am Church	17 Baby and Kids Green Garage Sale 8am-1pm Gym Daily Morning Mass 8:30am Church Reconciliation 11am Church Mass at 5pm Church Catechetical Appreciation Mtg 6pm Beaven Hall



RELIGIOUS EDUCATION

Our Religious Education classes will begin on Sunday September 11th. The first Wednesday class will be on September 14th. If you have not yet registered your children, please do so. You will find all the information to register and the schedules on our web site at <https://parish.stbenedict.com/new-page>. If you wish to volunteer, we are still in need of co-catechists, substitutes, or hall monitors. For more information, please contact Elaine Lindia at (773)509-3806 or at elindia@stbenedict.com.

ST. BENEDICT'S KNIGHTS OF COLUMBUS COUNCIL 15052 WILL HAVE ITS NEXT MEETING ON 11 SEPTEMBER IN BEAVEN HALL AFTER THE 10:00 MASS.

Did you know: K of C has donated \$1.62 billion (yes, billion!) to charitable causes over the past decade.



PILGRIMAGE TO THE HOLY LAND

JAN 30 - FEB 8, 2023



You're invited to join Fr. Steve Kanonik (Pastor, St. Benedict), Deacons Mike McManus (St. Edward) and Bill Frere (Mary, Undoer of Knots, St. Kateri Center) as we visit the places where Jesus was born, preached, died and rose.

We'll celebrate Mass each day at one of the churches that recall the events of Jesus' life, renew our baptismal vows in the Jordan, marriage vows in Cana, sail on the Sea of Galilee and carry a cross through the streets of Jerusalem. Check out the details: <https://bit.ly/3OskBcN>. For additional information, contact Deacon Mike (m_mcmanus@yahoo.com) or Deacon Bill (wfrere@archchicago.org).



September 4, 2022

Twenty-third Sunday in Ordinary Time

Wis 9:13-18b | Phmn 9-10, 12-17 | Lk 14:25-33

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Often, before writing these reflections, I take a minute to pray. I decided to add a minute of mindfulness using my new Apple Watch, which conveniently provides a meditation prompt. Today's happened to be: "Bring to mind a close relationship that can be challenging, and think about what it can teach you." Like those paper messages in fortune cookies, even this auto-generated prompt carried a grain of truth. Our thoughts may turn to our spouse, a prickly co-worker, or a moody teen. However, given today's readings, it struck me that this description can also fit our relationship with Jesus. Yes, we know that Jesus loves us, shepherds us, forgives us ... but he also challenges us! He reminds us today that being a disciple requires that we go all in, prepared to place our relationship with Jesus above all else. Easier said than done. But we can start, one minute at a time, with our prayers, priorities, and actions. We can also follow the example of saints such as Paul, imprisoned for preaching the Gospel, and the saints among us who teach us by example.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

I bet we all know people we would consider saints, or at least well on their way: A compassionate friend, a priest or lay minister at our parish, a generous neighbor, that person who has not let suffering and loss shake their faith. Then there are the saints we Catholics celebrate each day: Francis, who threw off the cloak of privilege to live for Christ; Mother Teresa, who served others day in and day out even as she faced a spiritual drought; Paul, the one-time persecutor who built up the early Church and whose letters continue to inspire Christians. Each of them took Jesus' words at face value and laid down their lives for him. Learning how to be a disciple of Christ from studying the lives of the saints can be an ongoing pursuit throughout our lives. But perhaps we can also learn from a "living saint," if the opportunity presents itself, and ask, in so many words, "what's your secret?" It may be praying first thing in the morning, or something practical that we had not considered, such as managing their time in such a way that allows them to volunteer regularly or to be a continuous presence in the life of someone who needs them. If other priorities have gotten in the way of our relationship with Jesus, perhaps we can challenge ourselves to develop new habits. Even an incremental change - such as spending less time or money on nonessentials or reading an inspirational book - can help us reignite our faith and free up our time to focus on someone or something other than ourselves.

STUDY Take time to read about the lives of a few saints. What habits did they create to lead holy lives? What vices did they give up for Christ's sake to truly become his disciple?

Sunday, Sep 04, 2022

Value life above all

What does it mean to renounce possessions? Monastic tradition recognizes that even owning a spoon is spiritually dangerous if the spoon possesses us back. Most of us own far more than utensils. We might consider the example of Lutheran humanitarian Dr. Albert Schweitzer. He wasn't a perfect man nor a flawless theologian. Schweitzer got a lot wrong about his medical mission in Africa. But he got one thing very right: Reverence for life is paramount, and society's resources should serve life as its primary ethical foundation. Place your worldly treasure at the service of life.

TWENTY-THIRD SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Wisdom 9:13-18b; Philemon 9-10, 12-17; Luke 14:25-33 (129). *"Anyone of you who does not renounce all his possessions cannot be my disciple."*

Monday, Sep 05, 2022

Home is where the charity is

Today's commemoration of International Day of Charity got its start in Hungary to memorialize the death of Saint Mother Teresa (who died in 1997); the United Nations took it worldwide in 2012. The Missionaries of Charity, the order Mother Teresa founded with 12 members in 1950, continue her legacy by serving the "poorest of the poor." Now in 139 countries, the more than 5,000 sisters run orphanages and homes for those dying of AIDS, and care for refugees, the blind, disabled, aged, alcoholics, the poor and homeless, and victims of floods, epidemics, and famine. Despite the breadth of these efforts, Mother Teresa always said, "Love begins at home." Start your charitable activity there and watch where it takes you.

TODAY'S READINGS: 1 Corinthians 5:1-8; Luke 6:6-11 (437). *"I ask you, is it lawful to do good on the sabbath rather than to do evil, to save life rather than to destroy it?"*

Tuesday, Sep 06, 2022

Let the children come

With Labor Day ending the summer, today is the first day of classes for millions of U.S. schoolchildren. Christian fantasy writer Madeleine L'Engle—who died on this day in 2007—once made a keen observation, which is helpful as children's faith formation classes begin anew: "No wonder our youth [are] confused and in pain; they long for God, for the transcendent, and they are offered, far too often, either piosity or sociology, neither of which meets their needs." They encounter churches "which have become buildings that are a safe place to go to escape the awful [awesome] demands of God." Pray for parish religious ed programs today.

TODAY'S READINGS: 1 Corinthians 6:1-11; Luke 6:12-19 (438). *"Everyone in the crowd sought to touch him."*

Wednesday, Sep 07, 2022

Honor those who preserved the treasure

On this day in 1303, Pope Boniface VIII was attacked in his hometown of Anagni, Italy, where he was sought out for his refusal to grant favors to the French monarchy. He briefly escaped with the help of the townsfolk, but died three weeks later in Rome, refusing to back down in the face of the monarch's attempts to

control the church. Pray for all those who have faced persecution and even death so that we could worship freely and without fear.

TODAY'S READINGS: 1 Corinthians 7:25-31; Luke 6:20-26 (439).

"Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man."

Thursday, Sep 08, 2022

Born free

Catholics have dozens of ways to honor Mary, and today's celebration of her birth fits into that larger picture of love and reverence. Today's date is nine months after the December 8 Feast of the Immaculate Conception and is also meant to celebrate Mary's sinless condition from her very beginning. Today's feast day tends to fly below the radar in the U.S. church, but in Mangalore, India, Catholics hold flower-festooned processions, pray novenas, and prepare festive meals. It's a good day anywhere to consider Mary's radical embrace of her calling and ask her help to do the same in our lives.

FEAST OF THE NATIVITY OF MARY

TODAY'S READINGS: Micah 5:1-4a or Romans 8:28-30; Matthew 1:1-16, 18-23 (636). *"She will bear a son and you are to name him Jesus, because he will save his people from their sins."*

Friday, Sep 09, 2022

Check for blind spots

Saint Peter Claver, S.J. (1580-1654) spent most of his life in Cartagena, Columbia ministering to enslaved people arriving at the ports. He left a lasting legacy that inspired the formation of the Knights of Peter Claver, the largest African-American Catholic fraternal order in the United States; the Apostles of the Sea, who continue to minister to seafarers around the world; and the Missionary Sisters of St. Peter Claver, who serve the poor, particularly in Africa. However, like any of us—even saints—Peter had his blind spots. Though he worked tirelessly to serve those arriving in shackles, he himself enslaved people. Many Catholics at the time spoke out against slavery; Peter did not, nor did the majority of the Catholic hierarchy. Enlightenment takes time. Like Peter Claver, show compassion as you strive for clearer vision.

MEMORIAL OF PETER CLAVER, JESUIT PRIEST

TODAY'S READINGS: 1 Corinthians 9:16-19, 22b-27; Luke 6:39-42 (441). *"Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?"*

Saturday, Sep 10, 2022

Help the pain

Since 2003, World Suicide Prevention Day has been observed by dozens of countries. Hosted by the International Association for Suicide Prevention, the World Federation for Mental Health, and the World Health Organization, today is marked by activities designed to make people aware of the human cost of suicide and the means of prevention. For instance, by some estimates, 22 American service veterans take their own lives every day. We've got to do everything in our power to help these souls who have been so damaged by the horror of war. Check with your local VA to see how you can help.

TODAY'S READINGS: 1 Corinthians 10:14-22; Luke 6:43-49 (442).

"Why do you call me, 'Lord, Lord,' but not do what I command?"

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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WELCOME BACK BENGALS

St. Benedict Preparatory School welcomed back the littlest Bengals last week on the first day of kindergarten and preschool. Sixty-seven kindergarteners and ninety-seven preschoolers are in attendance this year. Thanks to all our teachers and staff for the hard work to begin another year of learning.



SAVE THE DATE!

ST. BEN'S

PARENT

MIXER

SCAN TO RSVP



SEPTEMBER 9, 2022
7-10PM IN THE COURTYARD



Save
the
Date!

Oktoberfest '22

Sept. 30
thru
Oct. 2

Become a Sponsor!

Oktoberfest here at St. Ben's is truly a wonderful family event celebrating the unique community that is our parish. Proceeds help the parish maintain the campus and supporting our ministries from the school to RE and everything in between. Underwriting an event such as Oktoberfest allows for the event's revenue to go directly to parish needs. Won't you consider becoming a sponsor to help us reach that goal? There is a giving level for every family.



**Main Tent
Sponsor**
\$5000
(2)

**Stage
Sponsor**
\$2500
(6)

**"Prost!"
Bar Sponsor**
\$1000
(10)

**"Zum Wohl!"
Community
Sponsor**
\$500

**"Freundschaft"
(Friendship)
Fan**
\$250

**"Ein Prosit!"
Beverage Fan**
\$150-\$50

Scan the QR Code for
Sponsorship Level Benefits >>>



Or visit
<https://givecentral.org/oktoberfest>

For questions please reach out to Mr. Accardi at jaccardi@stbenedict.com or at 773.509-3832.



Sunday & Holy Day Offertory Week of August 21

**GiveCentral is our partner for secure electronic giving.
Here are three easy ways to get started:**

- > Visit GiveCentral.org and search for St. Benedict – Chicago under My Charity
- > Follow the DONATE links on our parish and school website: stbenedict.com
- > Text the keyword DONATE to our text-to-give number : 773.918.2366
- > Scan the QR code (below) with your phone or tablet



Questions? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or janderson@stbenedict.com. Thank you for your remarkable generosity to the parish.

Total Electronic Giving: \$7,108

Total Envelope: \$2,049

Total Loose: \$1,680

Total Holy Day: \$135

Total : \$10,971 (84% of goal)

Weekly Goal: \$12,990

Fiscal YTD: \$94,143 (91% of goal)

Fiscal YTD Goal: \$103,920

Above/(Behind) YTD Goal: (\$9,777)

Legacy Planning

ARCHDIOCESE OF CHICAGO



Take Advantage of Higher Payout Rates!

For the first time since 2018, charitable gift annuity payout rates have increased – allowing you the opportunity to benefit more from your giving and to help ensure that God’s good work continues. When you establish a charitable gift annuity with the archdiocese, not only will you receive fixed payments for life, but you can designate our parish as the remainder beneficiary.

You can schedule payments according to your financial needs, and enjoy immediate and future tax benefits, including a federal income tax deduction for a portion of your gift, if you itemize. Also, a portion of each annuity payment will be tax-free (through life expectancy). The funds remaining after your lifetime will support our parish or school – as designated by you.

For more information, please contact St. Benedict Parish Director of Operations, Jeanne Anderson at janderson@stbenedict.com, or visit giving.archchicago.org/cga. To receive a free, no-obligation personalized illustration of how you could benefit from a Charitable Gift Annuity, contact Krystina M. Campbell, Planned Giving Officer, Archdiocese of Chicago at 312.534.5404 or kcampbell@archchicago.org.



5116 N Cicero Avenue Chicago, IL 60630
www.GoTWC.org

August 17, 2022

Fr. Stephen Kanonik
St. Benedict
2215 W. Irving Park Road
Chicago, IL 60618

Dear Fr. Stephen:

Thank you so much for the generous donation of **\$1,424.08** in the 2022 Baby Bottle collection raised by your parish.

We are thankful to all that participated in making the project a great success, especially during this pandemic. We are grateful your parish continues to support our Life Saving Mission.

The Baby Bottle Project is an essential part of our organization's fundraising, so it is an incredible blessing to us and the women and babies we serve that we can count on your support year after year.

These funds allow us to provide real, practical assistance to women in crisis pregnancies. Not only do we help them choose life for their babies, but then we are able to provide them with much needed material assistance and emotional support. We have over 3,500 appointments with women and their children every year and give away over \$500,000 in material goods.

We want to express to you, Deacon David Reyes, the parishioners, and everyone involved at your parish our sincere appreciation. Please know we are truly grateful for the parish's outstanding generosity.

May God bless you and thank you so much for continuing to support the lifesaving work at TWC!

Sincerely,

Janet Back
Manager of Fundraising

Happy first day of high school, Class of 2026!



**ABBY RODRIGUEZ -
LANE TECH**



**HENRY KLUCZNIK -
NORTHSIDE COLLEGE PREP**



**AVA STERN -
ST. IGNATIUS**



**EMILY RYAN -
PLANT H.S. TAMPA, FL**



**CAMERON CAPRIO -
JONES COLLEGE PREP**



**SEAN WEBER -
DEPAUL COLLEGE PREP**



**PETRA CAPRIO - WALTER
PAYTON COLLEGE PREP**



**KATE RADICH -
DEPAUL COLLEGE PREP**



**MASON MYALLS -
LAKEVIEW HS**



**SOPHIE O'CONNELL -
ST. IGNATIUS**



**JOHN ROTHWEILER -
DEPAUL COLLEGE PREP**



**WINNIE NUTKOWITZ -
NORTHSIDE COLLEGE PREP**

SBPS ALUMNI HIGH SCHOOL BOUND



ADMISSION

\$1

ST. BENEDICT PARISH AND SCHOOL
BABY & KIDS
GREEN GARAGE SALE
SATURDAY
SEPTEMBER 17
8-11:30AM IN THE MAIN GYM

POWER HOUR: 12-1PM

(NO ADMISSION - EVERYTHING 50% OFF)

**NEW ITEMS BROUGHT
OUT EACH HOUR!**

EVERYTHING YOU NEED FROM PREGNANCY TO TWEEN!

All Sizes of Kids & Baby Clothes | Shoes & Outerwear
Maternity Clothes | Halloween Costumes | Books, Movies & Music
Puzzles | Games & Toys | Bikes | Trikes & Ride-ons
Kids' Sports Equipment | Strollers | Baby Furniture
Baby Gear | And Much, Much More!

**IN THE ST. BENEDICT PREPARATORY
SCHOOL GYM AT 3941 N. BELL STREET**

Corner of Irving Park and Bell Street | Just East of Western Avenue

Masses for the Week

First Saturday, September 3 - Saint Gregory the Great, Pope and Doctor of the Church

8:30AM Special Intention for Karen Mocarski
5PM Carl Dominik - *Sharon and Don Wilson*
John Francis Lawlor - *Marge Lawlor*
Doris Lavin - *Linda Peek*

Sunday September 4 - Twenty-Third Sunday in Ordinary Time

8AM Paul Hester - *The MacDonald Family*
Gloria C. Recede - *Family*
Special Intention for Barbara Laber - *Daisy and Tess*
10AM Danilo Belicena - *Sally Sobrepena-Belicena*
Anita Fernandez - *Sally Sobrepena-Belicena*
Tom Bell - *The Biggam Family*
Kristine Joy Ledesma - *The St. Benedict Parish Community*
12PM Rich Essig - *Ed Halper*

Monday, September 5 - Weekday

9AM Celia M. Baylon - *Jorge and Aurora Cortes*
Amado and Maria de la Paz - *Leonora Llanes*

Tuesday, September 6 - Weekday

8:30AM Felix B. Endriga - *Family*
Fr. Evarist Verlinden - *Leonora Llanes*

Wednesday, September 7 - Weekday

8:30AM Joey Gibbons - *Family*
Kelley Halper - *Rob and Ann Marie Walker*

Thursday, September 8 - The Nativity of the Blessed Virgin Mary

8:30AM Beniamino Mazzone, Sr. - *Kim Ritacco*

Friday, September 9 - Saint Peter Claver, Priest

8:30AM Linda Jouzaitis - *Family*

Saturday, September 10 - Weekday

8:30AM Loretta Kelly - *B. Kelly*
5PM Annamarie Aguilera - *Theresa Aguilera*
Mary Rose Ghislandi - *Margaret Lawlor*

Sunday September 11 - Twenty-Fourth Sunday in Ordinary Time

8AM Beniamino Mazzone, Sr. - *Kim Ritacco*
Emma Consing - *Lucy Consing*
10AM Suzie Rodriguez Herrst - *Rosemary McDonnell*
John A. Hauser - *The Suh - Hauser Families*
Jacob and Theresia Jerger - *Family*
Anita Fernandez - *Dorenda Sumatra*
Special Intention for our Athletic Teams
12PM Lawrence "Larry" Mulligan - *The St. Benedict Parish Community*
Glorieta Gaston - *The St. Ben's Women's Club*

Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

Beverly Berganos Johnson	Ronald O'Keefe
Carmen M. Clarin	Colleen O'Keefe Wiora
Frank Flesch	Corazon Pizarro
Judy Gumler	Julie Raheja-Perera
Anne Hoellich	Alex Sandoval
Marilyn Jerger	Cecilia Fell Schott (Class of 72)
Mark Jerger	Bill Shaver
Charlene Johnson	Karen Sheehan
Patricia Ann King	Jim Strzalka
Jackson James Limburg	Leda Wildner
Ken McFadden	
Karen Mocarski	

Baptisms

Summer Christine, *daughter of Kyle and Jessica Handibode*

Wedding Banns

III - Leslie Annis and Greg Rachke
II - Laura Margaret Kane and Kevin Michael Maguire



What Is Stalking? Part 3

More on the warning signs, escalation indicators and barriers survivors face to get a stalker to stop

From the Domestic Violence Outreach Team at St Benedict Parish

What If I'm Not Sure If I'm Being Stalked?

Is part of you trying to talk yourself out of believing you're being stalked? That can be a normal defense mechanism. If it's not happening, we don't need to be afraid of it, right?

Listening to your gut feelings at a time like this is vitally important, especially if someone else tries to minimize what's happening. Be it a close friend, a family member or even a police officer—if someone is telling you to "just ignore it," it's not always the best advice.

In *"Listen To Your Gut,"* Bob Martin, retired Los Angeles Police Department captain turned senior advisor for Gavin de Becker & Associates, told DomesticShelters.org, "Victims will say, 'I should have known better.' I say, 'But, you did.'" *It's not a guilt trip, assures Martin, it's all to say that if someone creeps you out, "other people's opinions don't matter. You don't have to figure out why he [or she] creeps you out, either."*

You might want to look at our collection of assessment tools. By answering a few questions, you can better see what level of danger you might be facing from a stalker or partner.

Stalking Can Take a Toll

"We know that many individuals who experience stalking experience a toll on their physical and mental wellbeing," says Landhuis. *"Many survivors feel very isolated and finding someone to support them is vital to their wellbeing."*

Research shows that victims of stalking suffer much higher rates of depression, anxiety, insomnia and social dysfunction than people in the general population, especially since nearly a third of stalking victims say they fear the stalking will never stop.

Finding a support group, a therapist or even just a trusted friend or family member to talk to can make a world of difference. Practice self-care methods that alleviate stress for you, whether that's music, yoga, meditation, journaling, or something else.

What If No One Believes Me?

To an outsider, stalking can sometimes look like a partner who's just persistent—they send nice gifts, sweet card or elaborate flower arrangements; they show up at your workplace unexpectedly to surprise you. Certainly, movies have led us to believe that someone who doesn't give up on their love interest is a "hopeless romantic." Unfortunately, if these efforts are unwanted and the person making these efforts has been told to stop but continues anyway, this person is going to fall into the stalker category.

If you're a survivor of stalking, it's not your fault. Continue to remind yourself that it's not in your head—if your gut feeling says something is off or you're not safe, it's important to listen. Keep speaking up, logging each incident and reporting the stalker. If the stalker is a former partner, reach out to an advocate at your local domestic violence program who can be a nonjudgmental sounding board for what you're going through.

Creating both a physical safety plan and an emotional safety plan will help you feel more prepared for future incidents. Plan out who you can turn to and where you can go if you feel like you're not safe at home. Talk with children who live in your home about what steps they should take if they see the stalker or feel unsafe at any time.



DOMESTIC VIOLENCE VICTIM SERVICES:

Catholic Charities Domestic Violence Services:

Various Locations:
Please call
1.312.655.7725

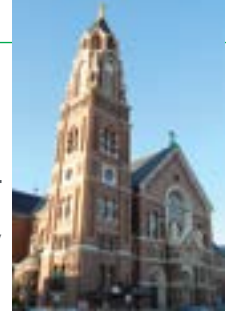
Illinois Domestic Violence Hotline:

1.877.863.6338
(Toll-Free, 24-hour, Confidential, Multilingual.)

Childhelp National Child Abuse Hotline:

1-800-4-A-CHILD
(1-800-422-4453)

Parish Information



If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: parish.stbenedict.com.** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at jaccardi@stbenedict.com. Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to bulletin@stbenedict.com. Flyers should be submitted in camera-ready format and will be used if space permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.

ST. BENEDICT PARISH AND PREPARATORY SCHOOL

ST. BENEDICT PARISH

Rectory: 2215 W. Irving Park Road,
Chicago, IL 60618
Phone: (773) 588-6484
Fax: (773) 588-4927
Email: www.stbenedict.com
Rectory hours: 9AM - 5 PM
(Monday-Friday),
NO SATURDAY OR SUNDAY HOURS

PASTORAL STAFF

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ext. 5106, skanonik@stbenedict.com
Rev. Robert Beaven, Pastor Emeritus
Rev. Thomas Refermat, Assoc. Pastor,
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Maria Tubay, Director of Communications
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ST. BENEDICT PREPARATORY SCHOOL

Early Childhood (Preschool)
Phone: (773) 588-7851
3901 N. Bell Ave, Chicago, IL 60618
Lower School(K-3)
Phone: (773) 463-6797
3920 N. Leavitt, Chicago, IL 60618

Upper School (4-8)

Phone: (773) 539-0066
3900 N. Leavitt, Chicago, IL 60618
Rachel Gemo, Head of Parish School
(PK-8), ext. 1220,
rgemo@stbenedict.com
Rachel Metz, Head of Lower School,
ext. 1101, rmetz@stbenedict.com
Mary Deletioglu, Head of Upper School,
ext. 1253, mdeletioglu@stbenedict.com

THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more
about or joining one of the many
ministries at St. Benedict Parish or
would like to volunteer time or talent,
please call the rectory or contact the
following person(s):

Parish Council Chair: Karen Cholipski
Finance Council Chair: Chris Graff
School Board Co-Chairs: Michael Gerlach
and Lindsay Milanowski
Catechetical Commission:
Elaine Lindia and Kim McMillan
Education Commission: Rachel Gemo,
Rachel Metz, or Mary Deletioglu
Human Concerns Commission: TBD
Parish Life Commission: TBD
Spiritual Life Commission:
Fr. Stephen Kanonik

MASSES AND SERVICES

Sunday Eucharist: Saturday 5PM,
Sunday 8AM, 10AM, AND 12PM
Live Stream as well, Sunday
Weekday Eucharist: 8:30AM Mon-Sat
Holy Day Eucharist: 6:30AM, 8:30AM
and 7PM
Novena to Our Lady of Perpetual Help:
Tuesdays 9AM
**Exposition and Benediction of the
Blessed Sacrament:** First Friday of each
month, 9AM-12PM, in church
Baptisms: Scheduled on all Sundays at
1:30PM; on the fourth Sunday at one of
the Masses. Baptism preparation class is
required.
Reconciliation: Saturdays, 11AM - 12
NOON; seasonal celebrations, as posted;
by appointment in the rectory.
Weddings: Arrange with a priest at least
four months in advance. Participation in
marriage preparation is required.* **Rite
of Christian Initiation of Adults (RCIA):**
For unbaptized persons or baptized
persons interested in learning more
about the Catholic faith and the process
of becoming a Catholic.* **Religious
Education:** For the religious education of
children attending public schools please
call the Director of Catechesis.
Handicapped Accessibility: An elevator is
available for all Sunday Masses. Enter the
church through the East door.**
Homebound: Call the rectory to arrange
communion in home for those unable to
attend Mass.
Mass Intentions: Mass intentions may be
requested for someone who is living or
deceased, to commemorate a birthday,
special anniversary, or the anniversary of
a loved one's death.*

* Please call the Rectory

** Please call the Rectory for weekday availability



HAVING DIFFICULTY DEALING WITH OUR STRESSFUL WORLD?

The Holbrook Counseling Center of Catholic Charities provides counseling services at St. Matthias Parish. Cheryl Joseph-Lukz, MA, LCPC is the therapist at St. Matthias. Cheryl is a Licensed Clinical Counselor, and she has worked with individuals, couples and families for over 20 years. Whether you're having problems with personal relationships, work situations or are just feeling unhappy, "stuck", or unfulfilled, we're here for you. We are in network with BC/BS PPO. Please call (312) 655-7725.

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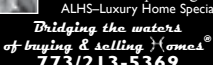
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