



*For decades, parishioners Anne and Bruce Hunt have shown their light and love for the people of St. Ben's as they tended to the beautiful gardens around the church. We are so grateful that they have shared their time and talents with our community of faith.*

*In gratitude, a plaque will be installed in our garden, dedicated to Anne and Bruce for the beauty and peace they created for all to enjoy!*

# THE STEWARD

TWENTY-SECOND SUNDAY IN ORDINARY TIME  
SUNDAY, AUGUST 28, 2022

FOLLOW US ON  


  
 @STBENCHICAGO



BY JODY ROY, DIRECTOR OF THE  
KATERI CENTER

Back on the 21st to 24th of July, members of the St. Kateri Center attended the 83rd Annual Tekakwitha Conference in Alexandria, Louisiana. This year's theme for the conference was "Saint Kateri, Inspire Us with Your Spirit". The Tekakwitha Conference is a Catholic Native American/Aboriginal Religious Organization and is the world's largest Native American Catholic evangelization.

The Tekakwitha Conference was founded in 1939 and was incorporated in 1979 as a National non-profit organization. This National Office is in Alexandria, Louisiana within the Diocese of Alexandria. This national office promotes evangelization among Indigenous Catholics including over 300 tribes and nations in the United States and Canada.

Catholic clergy, women, and men religious, and laity of many cultural backgrounds serve the Indigenous population on this continent. They are very proud to walk with the Indigenous population on this land as they continue to grow in self-identity, dignity, and self-assurance. Voices are becoming stronger with a desire for greater visibility in a culturally diverse Universal Church. The Tekakwitha Conference promotes and maintains regular and ongoing communication and involvement among various tribes and with the hierarchy and structure of the Catholic Church in America.

The Tekakwitha Conference Vision is "the Voice, Presence, and Identity of Indigenous Catholics in North America under the protection



and inspiration of Saint Kateri Tekakwitha."

The Mission of the Tekakwitha Conference is "We, as members of the Tekakwitha Conference inspired by Saint Kateri Tekakwitha, a young Mohawk/Algonquin woman of the 17th century, renew our faith and reaffirm our baptismal call as followers of Jesus to proclaim the Good News. We pray with faith and hope for the continued intercession of Saint Kateri Tekakwitha in the lives of all Peoples," as they strive to:

- Reinforce Catholic identity
- Affirm pride in our cultures and spiritual traditions
- Promote healing through forgiveness and reconciliation
- Advocate for peace and justice in our Indigenous communities

ST. BENEDICT PARISH & PREPARATORY SCHOOL  
2215 W. IRVING PARK ROAD CHICAGO, IL 60618 | WWW.STBENEDICT.COM

MASS SCHEDULE: Saturday 5 PM | Sunday 8AM, 10AM, and 12PM RECONCILIATION: Saturdays 11AM

- Build stronger catechesis that is meaningful to Indigenous Catholic People
- Nurture the relationship between Indigenous people and the Catholic Church
- Empower Catholic Indigenous People as leaders within our communities and Church

St. Kateri Center of Chicago finds this to be an important conference for our community to attend. Each year we look for funding and host fundraisers to help community members attend. The workshops are filled with important and valuable information. The experience of the conference allows us to grow in our ministry and faith formation. Each year after the conference, we share our own individual experience and our spiritual growth. We seek ways to implement what we have learned and experienced and how to apply them here at the Kateri Center of Chicago.

This coming fall will be the 10th anniversary of the canonization of St. Kateri Tekakwitha, our first Native American saint. One of the keynote speakers was Jacob and Elsa Finkbonner.

It was a humbling experience to hear firsthand their story of Jacob being blessed by a relic of St. Kateri, the final miracle that the Vatican would approve for her canonization. Jacob Finkbonner,



now 22, was the little boy who had contracted a flesh-eating disease. He and his mother Elsa Finkbonner shared their personal journey through this tragedy, including him being blessed with a healing miracle and their faith today.

The Conference also included workshops such as the presentation facilitated by William J. White who is Oglala Lakota Tribe from Porcupine South Dakota titled, "Walking the Good Red Road: Nicholas Black Elk's Journey to Sainthood". It was about the journey of our next (hopefully) Native American saint. Nicolas Black Elk, a Lakota Sioux traditional medicine man, who was a holy man and catechist. A documentary video provided details of how Nicholas integrated his Christianity and Native spirituality, recognizing that One God created all Earth's children and calls us to live as brothers and sisters. It was filmed on the Pine Ridge Reservation in South Dakota, where Nicolas Black Elk was from.

Another great workshop was "USCCB (Unites States Conference of Catholic Bishops) Response to the Native Boarding School Crises" facilitated by Father Michael Carson who is the Assistant Director for Native American Affairs, United States Conference of Catholic Bishops. It explained the letter written by Bishop James Wall of Gallup, New Mexico and Archbishop Paul Coakley of Oklahoma City, Oklahoma that outlined the response and action items the USCCB has asked all Bishops to follow.

Workshops, keynote speakers and the daily Masses rejuvenated our spirit and faith, helping us as individuals to be proud of our Catholic faith and traditional culture. It was a joy to see our youngest attendee Ayasha have a wonderful time dancing to the liturgical music and hearing her say she had a good time at the Conference and making friends. During these times and especially in light of the historical and generational trauma of the Residential Schools, it can be a struggle sometimes. But we as Native Catholics will not ignore the hard issues that our Indigenous people face. We stand in solidarity against the injustices amongst our people.

The Tekakwitha Conference is open to all. Next year the 84th Annual Conference will be hosted in Minneapolis Minnesota. St Kateri, Pray For Us.

THE DADS' GROUP IS INVITING FAMILIES AND ALL PARISHIONERS TO A

**TODAY!**

**BACK TO SCHOOL BARBEQUE**

Sunday, August 28th after the 10:00 Mass.  
Meet outside by Beaven Hall for food, community and fun.

QUESTIONS? EMAIL DENNIS AT DENNISPATRICKOTOOLE@GMAIL.COM



**Music for August 27/28**

**Entrance:** As We Gather at Your Table (W 831)

**Gloria:** Mass of Redemption, Janco

**Readings:** W 1174

**Psalm:** Ps. 68, God, in your goodness, you have made a home for the poor. (W 1174)

**Gospel Acclamation:** Alleluia in C (W 329)

**Offertory:** Instrumental Music

**Holy, Holy, Holy:** Mass of Creation (W 365)

**Memorial Acclamation B:** Mass of Creation (W 366)

**Amen:** Mass of Creation (W 367)

**Lamb of God:** Holy Cross Mass (W 381)

**Communion Processional:** Bread of Life, Cup of Blessing (W 924)

**Recessional:** Lead Me, Guide Me (W 657)

**- ON THE COVER -**

**Anne and Bruce Hunt Garden Project**

Your financial support will allow us to enhance and extend the efforts and dedication of Mr. and Mrs. Hunt, so that visitors may find serenity and joy within our beautiful gardens for generations to come. If you are able to help, please scan the QR code to make a donation to our garden fund. Your generosity is greatly appreciated! Thank you!





**THE ST. BENEDICT KNIGHTS OF COLUMBUS COUNCIL 15052 - NEXT MEETING ON 9/11 IN BEAVEN HALL AFTER 10AM MASS.**



**Did you know:** Knights are active in the U.S., Canada, Mexico, the Philippines, Dominican Republic, Poland, Panama, Guatemala, Lithuania, Bahamas, Saint Lucia, South Korea, Ukraine and more!

**DO YOU KNOW SOMEONE THAT WANTS TO LEARN MORE ABOUT OUR CATHOLIC FAITH?**



**RCIA**  
*A Journey In Faith*

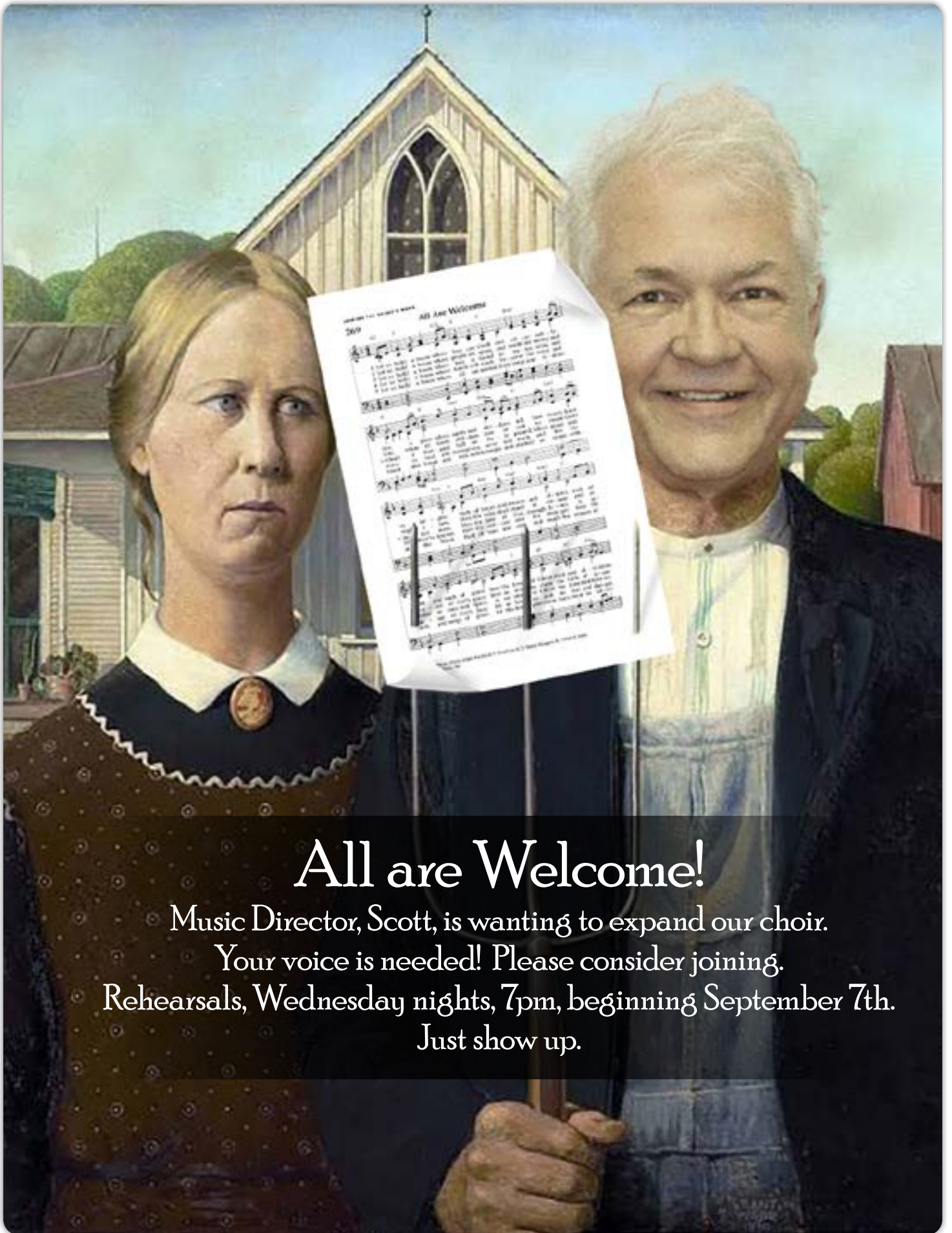
The Rite of Christian Initiation of Adults (RCIA) is a process through which adults discern if the Catholic tradition of the Christian life is appropriate for them. Through discussions, prayers, and reflection, we accompany the person on this journey of faith, allowing each person to develop a relationship with God. If you know of someone that would be interested in doing this exploration of the faith, please contact Elaine Lindia at (773)509-3806 or at elindia@stbenedict.com.

**RELIGIOUS EDUCATION**



**CAN YOU VOLUNTEER ANY TIME TO OUR RELIGIOUS EDUCATION PROGRAM?**

Classes for our Religious Education program begin on Sunday September 11th. Our first Wednesday session will be on September 14th. We are still in need of volunteers to serve as hall monitors, co-catechists or substitutes. **If you can help us, please contact Elaine Lindia at (773)509-3806 or at elindia@stbenedict.com. Thank you!**



## All are Welcome!

Music Director, Scott, is wanting to expand our choir.  
Your voice is needed! Please consider joining.  
Rehearsals, Wednesday nights, 7pm, beginning September 7th.  
Just show up.



August 28, 2022

## Twenty-second Sunday in Ordinary Time

Sir 3:17-18, 20, 28-29 | Heb 12:18-19, 22-24a | Lk 14:1, 7-14

Written by  
THE  
FAITHFUL  
DISCIPLE

### **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Pope St. John XXIII, one of the most influential figures of the 20th century, had a wonderful sense of humor. In stories recalled by Fr. Greg Friedman, OFM, Good Pope John would say, “God knew from all eternity I was going to be pope. Couldn’t God have made me more handsome?” He also had a deep devotion to St. Joseph. In his writings, he talks about the humble and overlooked role that Joseph played in the life of Christ. He promoted an increased devotion to the humble, loyal saint who stayed quietly in the background and provided a home for Christ and his mother. St. Joseph is a model for the humility that our readings speak of today. Being humble doesn’t mean being embarrassed or ashamed of the talents and abilities we have. It means acknowledging that these are gifts from God. God does not give us these gifts so we can place ourselves above others, as Jesus observed people doing at the home of the Pharisee. They are to be used to glorify God. By being humble, we “will be loved more than a giver of gifts ... and find favor with God.”

### **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

I always remember what I was told in a volunteer training when preparing to serve hospice patients and their families: sit at eye level or lower when meeting with the patient or their family members. Being “at the same level” not only “lifted up” the patient but also brought the volunteer “down” to their level. This not only made listening easier and showed respect for the dignity of the patient; it also helped the volunteer see things from the patient’s perspective. Jesus tells us in the Gospel today that being his disciples is not about elevating ourselves, but about lowering ourselves. He calls us to invite, welcome, and accept those who are least able to repay us. When we forget about ourselves and our place in the world and instead lift up others, he tells us we “will be repaid at the resurrection of the righteous.”

**ACT** One of the greatest acts of humility is to acknowledge when we are wrong, apologize, and ask forgiveness. Is there someone you can reconcile with by admitting you were wrong? Allowing God to forgive you in the sacrament of reconciliation will help you grow in humility.

**Sunday, Aug 28, 2022**

### **Make us meek, again**

We're trained in the art of competition early. First, we barter for our parents' attention with siblings or tasks that distract them from celebrating us. In school, we compete for grades; in sports, for victories. By the time we arrive in the workplace, in marriages, or in adulthood in general, we're primed to fight for what seems rightfully ours: the spotlight. Saint Thomas Aquinas recommends the way of humility as the virtue that "most effectively removes the main obstacle to our spiritual welfare, the preoccupation with earthly greatness." Cede the floor. Surrender the talking stick. Cherish humility.

TWENTY-SECOND SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Sirach 3:17-18, 20, 28-29; Hebrews 12:18-19, 22-24a; Luke 14:1, 7-14 (126). *"Rather, when you are invited, go and take the lowest place."*

**Monday, Aug 29, 2022**

### **Tough love is needed**

We have to find ways to publicly discourse—respectfully—if we are to have any hope of remaining a society. It's increasingly common to retreat to our corners out of frustration and disgust. That's the easy way out. John the Baptist, for one, proposed a harder path of standing up for beliefs but also of generously giving oneself "in love, in truth" as Pope Francis said of John on the memorial of his passion. Is it possible to have hard conversations with disagreeable neighbors, co-workers, and family—and still "love your enemy"? Could you have those conversations by treating them as you would like to be treated?

MEMORIAL OF THE PASSION OF JOHN THE BAPTIST

TODAY'S READINGS: 1 Corinthians 2:1-5 (431); Mark 6:17-29 (634). *"Herod feared John, knowing him to be a righteous and holy man, and kept him in custody."*

**Tuesday, Aug 30, 2022**

### **Hot off the presses**

On this day in 1464, Pope Paul II became our 211th pontiff. While Paul II raised eyebrows over a certain Renaissance ostentatiousness that had him amassing jewels and fine clothing, along with an extravagant remodel of Palazzo Venezia, Paul II also organized relief work among the poor and promoted the preservation of antiquities. Most notably, just a few years after Gutenberg printed his famous Bible, he brought the first printing presses to Rome, which made books more affordable and accessible to all. Open a Bible today in print or online and give thanks for the inventions that have contributed to worldwide evangelization.

TODAY'S READINGS: 1 Corinthians 2:10b-16; Luke 4:31-37 (432). *"We speak about them not with words taught by human wisdom, but with words taught by the Spirit."*

**Wednesday, Aug 31, 2022**

### **The healing power**

The laying on of hands is a practice with a long tradition in our faith. Jesus laid on hands to heal and, after in his post-Ascension appearances, to bestow the Holy Spirit on his followers. Christians ever since have done the same in Christ's name. God works through us, literally, in the laying on of hands. From a hug to a blessing to an anointing, touch has the power to heal. It is what Pope Francis means by the Christian "culture of encounter." It is an invitation to be moved with compassion toward others "and

then to draw near, to touch and to say: 'Do not weep' and to give at least a drop of life." Reach out today.

TODAY'S READINGS: 1 Corinthians 3:1-9; Luke 4:38-44 (433). *"At sunset, all who had people sick with various diseases brought them to him. He laid his hands on each of them and cured them."*

**Thursday, Sep 01, 2022**

### **Be creative in protecting creation**

Today is World Day of Prayer for the Care of Creation. These worldwide, ecumenical efforts are meant to bring together Christians in prayer, action, and advocacy for protection of the environment. One of the "great moral issues of our time [is] the preservation of God's creation," Pope Francis has stated. While the climate crisis and related issues are daunting in scale, most people can take small actions that add up: from praying for our planet, to voting for candidates who prioritize environmental issues, to running errands by bicycle. What can you do today?

TODAY'S READINGS: 1 Corinthians 3:18-23; Luke 5:1-11 (434). *"When they brought their boats to the shore, they left everything and followed him."*

**Friday, Sep 02, 2022**

### **Let the feast begin**

We all know that fasting is a common spiritual practice. But did you know that feasting is also a spiritual practice? Consider our Catholic experience. We speak of "feast days" to celebrate saints and significant church events. We call Easter the "Feast of Feasts," ending our fasts and celebrating with special meals. We proclaim the wedding feast at Cana and the many stories of Jesus feasting with friends. Feasting can be fully enjoying any experience such as being with friends or watching the sunset. How might you incorporate it as one of your spiritual practices?

TODAY'S READINGS: 1 Corinthians 4:1-5; Luke 5:33-39 (435). *"Can you make the wedding guests fast while the bridegroom is with them?"*

**Saturday, Sep 03, 2022**

### **Build upon existing foundations**

New cities rise on the ruins of former times. New traditions build on existing ones. This is how history proceeds. Gregory the Great, the leader the early church needed in 590, understood this better than most. Instead of having temples to earlier gods destroyed, he instructed missionaries to bless them with holy water and repurpose them. The same with festivals associated with other gods. He suggested that their meaning be tied to "good fellowship," with food offered not as sacrifices to pagan gods but "for the glory of God." In this way pre-Christian Europe was converted to Christianity. Build upon the past as you help shape the future church and society.

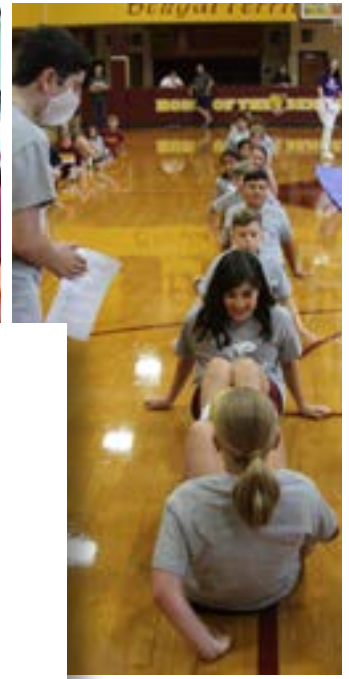
MEMORIAL OF GREGORY THE GREAT, POPE, DOCTOR OF THE CHURCH

TODAY'S READINGS: 1 Corinthians 4:6b-15; Luke 6:1-5 (436). *"The Son of Man is lord of the sabbath."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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## Welcome Back SBPS Students & Staff!

St. Benedict Preparatory School welcomed back hundreds of enthusiastic students for the first days of school last week.

In all, 667 students will be on "the block" this year.

First day highlights included review of school behavior expectations with Lower School students.

In addition, Middle School students welcomed new sixth grade and transfer students House members at the House sorting ceremony.

Judging by the excitement throughout the school buildings on the first days, it looks like another exceptional and productive year of learning at St. Benedict Prep.



# SAVE THE DATE! ST. BEN'S PARENT MIXER

SCAN TO RSVP



SEPTEMBER 9, 2022  
7-10PM IN THE COURTYARD



# Happy first day of high school, Class of 2026!



**MARCUS OLIVERI -  
STEVENS HIGH SCHOOL**



**KAELAN CROWDER -  
NOTRE DAME HS FOR BOYS**



**MILA MEDEROS -  
LOYOLA ACADEMY**



**LUWAM HAILU -  
MATHER HIGH SCHOOL**



**AMARA PATRAS - NORTHSIDE  
COLLEGE PREP**



**KYLA BOAYUE -  
JONES COLLEGE PREP**

# Happy first day of college, Class of 2026!



**TOMMY COSGROVE -  
SAN DIEGO STATE UNIVERSITY**



**SOPHIA SMEGLAR -  
CREEGHTON UNIVERSITY**



**JULIA STERN -  
INDIANA UNIVERSITY**



**TOMMY NOVICKI - UNIVERSITY  
OF SOUTH ALABAMA**



**KILEY WALTON -  
INDIANA UNIVERSITY**



**ISABELLA MEDEROS -  
TULANE UNIVERSITY**

**SBPS ALUMN HIGH SCHOOL AND COLLEGE - BOUND**



ADMISSION

\$1

ST. BENEDICT PARISH AND SCHOOL  
**BABY & KIDS**  
GREEN GARAGE SALE  
**SATURDAY**  
**SEPTEMBER 17**  
8-11:30AM IN THE MAIN GYM

**POWER HOUR: 12-1PM**

(NO ADMISSION - EVERYTHING 50% OFF)

**NEW ITEMS BROUGHT  
OUT EACH HOUR!**

**EVERYTHING YOU NEED FROM PREGNANCY TO TWEEN!**

All Sizes of Kids & Baby Clothes | Shoes & Outerwear  
Maternity Clothes | Halloween Costumes | Books, Movies & Music  
Puzzles | Games & Toys | Bikes | Trikes & Ride-ons  
Kids' Sports Equipment | Strollers | Baby Furniture  
Baby Gear | And Much, Much More!

**IN THE ST. BENEDICT PREPARATORY  
SCHOOL GYM AT 3941 N. BELL STREET**

Corner of Irving Park and Bell Street | Just East of Western Avenue

# Masses for the Week

## Saturday, August 27 - Saint Monica

8:30AM Jose T. Cortes - *Jorge and Aurora Cortes*  
*Mary Lyons - Jim and Mary Cooney*  
5PM Adam Cohen - *Marge Lawlor*  
John Kearns (Class of '79) - *The St. Benedict Alumni Office*  
Josie Zonzo - *The Powell Family*  
Anastacio De La Fuente - *Linda De La Fuente*

## Sunday August 28 - Twenty-Second Sunday in Ordinary Time

8AM Steven Thompson - *Maribel Selva*  
Dedication of the Anne and Bruce Hunt Garden  
10AM Living and Deceased Members/Benefactors of the St. Vincent de Paul Society  
Adelaida Limcaoco - *Family*  
Sonia Masecampo - *The St. Benedict Parish Community*  
*Simon LaHood - The Pete McMurray Family*  
12PM Carmen Riha - *The St. Benedict Parish Community*  
Federico M. and Paz M. Barin -  
*Jesus and Lucita Barin*

## Monday, August 29 - The Passion of Saint John the Baptist

8:30AM John McDonagh - *Family*

## Tuesday, August 30 - Weekday

8:30AM Herman Hirsch - *Bella DeGuzman*  
Kelley Halper - *Rob and Ann Marie Walker*  
Helene Jerger - *Family*

## Wednesday, August 31 - Weekday

8:30AM Genevieve Marie Allen - *John Schmalz*  
Scott May - *Rosemary McDonnell*  
Leonardo M. Baylon - *Jorge and Aurora Cortes*  
Glorieta Gaston - *Daisy and Tess*

## Thursday, September 1 - Weekday

8:30AM Doris Kaye - *Angela Rebello*  
Jack Kelly - *B.Kelly*

## First Friday, September 2 - Weekday

8:30AM Special 100th Birthday Blessing for Ana Rebello  
- *Mendes Family*

## First Saturday, September 3 - Saint Gregory the Great, Pope and Doctor of the Church

8:30AM Special Intention for Karen MocarSKI  
5PM Carl Dominik - *Sharon and Don Wilson*  
John Francis Lawlor - *Marge Lawlor*

Doris Lavin - *Linda Peek*

## Sunday September 4 - Twenty-Third Sunday in Ordinary Time

8AM Paul Hester - *The MacDonald Family*  
Gloria C. Recede - *Family*  
Special Intention for Barbara Laber - *Daisy and Tess*  
10AM Danilo Belicena - *Sally Sobrepena-Belicena*  
Anita Fernandez - *Sally Sobrepena-Belicena*  
Tom Bell - *The Biggam Family*  
Kristine Joy Ledesma - *The St. Benedict Parish Community*  
12PM Rich Essig - *Ed Halper*

## Please Pray for Healing

Please call the Rectory at (773) 588-6484 to add your name or the name of an immediate family member for whom you would like the parish to pray for healing. The name of the person will appear quarterly unless otherwise instructed at the time the request is made.

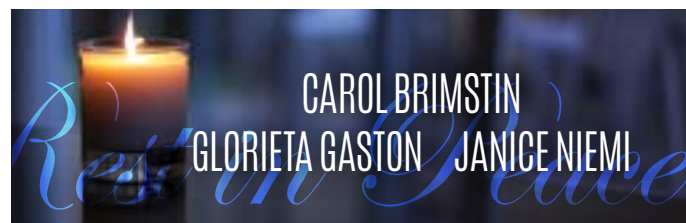
Beverly Berganos Johnson	Ronald O'Keefe
Carmen M. Clarin	Colleen O'Keefe Wiora
Frank Flesch	Corazon Pizarro
Judy Gumler	Julie Raheja-Perera
Anne Hoellich	Alex Sandoval
Marilyn Jerger	Cecilia Fell Schott
Mark Jerger	(Class of 72)
Charlene Johnson	Bill Shaver
Patricia Ann King	Karen Sheehan
Jackson James Limburg	Jim Strzalka
Ken McFadden	Leda Wildner
Karen MocarSKI	

## Baptisms

Bryan Aaron Munoz, son of Wilson Munoz and Jasmin Sierra  
Benjamin Holland, son of Steven and Caitlin Otwell  
Mary Abbott, daughter of Steven and Caitlin Otwell

## Wedding Banns

II - Leslie Annis and Greg Rachke  
I - Laura Margaret Kane and Kevin Michael Maguire



# What is Stalking? Part II

## A guide to the warning signs, escalation indicators and barriers survivors face to get a stalker to stop

From The Domestic Violence Outreach Team of St. Benedict Parish

Yes, Stalking is Against the Law! While stalking is illegal in all 50 states, the specific nuances of each stalking law vary, including how cyberstalking is described. Luckily, the Violence Against Women Act included a cyberstalking amendment to the federal criminal provisions against stalking in 2013, allowing for electronic communication that causes emotional distress to be recognized as a form of stalking.

However, statistics show that less than 40 percent of stalking victims report the crime to law enforcement. There are cases of law enforcement not taking victims' reports of stalking seriously (see the DomesticShelters.org webinar with Dana Fleitman at SPARC), telling victims they can't do anything because, technically, the perpetrator hasn't hurt them. However, Fleitman says there are other potential charges that could be filed including:

- Harassment
- Burglary
- Nonconsensual distribution of intimate images
- Vandalism
- Voyeurism
- Trespassing
- Computer Crimes
- Threats of bodily harm
- Witness intimidation

### HOW DOES STALKING ESCALATE?

Like all forms of abuse, stalking can escalate to more dangerous tactics of power and control. This might happen gradually or all of a sudden. Escalation is a sign that the stalker is becoming more agitated that they can't establish control, or more emboldened that they eventually will. Escalation often means they're moving into the next phase of a potentially violent plan and should be taken very seriously. Research from the National Institutes of Justice found 71 percent of stalkers whose victims are current or former partners ended up following through on threats of violence, assaulting their victims.

What does escalation look like in stalking? It can be an uptick in the frequency and severity of stalking tactics. A once-daily harassing phone call might turn into a phone call every hour. Texts that were once begging for a survivor to talk are now threatening that if they don't talk, something bad is going to happen. A survivor's property is damaged—their car is keyed or their tires are slashed. A family member begins to receive similar threats, telling them they need to convince the survivor to talk to the stalker.

The stalker may threaten suicide if the survivor doesn't respond to them. Sometimes, those suicidal threats can also include homicidal threats—they'll harm the survivor as well as themselves. "In 85 percent of attempted and 75 percent of completed femicides there has been an episode of stalking within the year prior to the murder," says Jennifer Landhuis, director of SPARC. "Stalking produces a three-fold risk of intimate partner homicide, meaning if a victim of domestic violence is also being stalked they are 300 percent more likely to be killed by that intimate partner."

### STEPS TO TAKE WHEN BEING STALKED

There's no one-size-fits-all solution to stopping a stalker, unfortunately, but here are some steps a survivor can take initially:

- **Cease all communication with the stalker.** The main goal of a stalker is to get their victim to acknowledge them. The last thing you want to do is engage or respond in any way to this person's communication. This means no texting, no answering the phone when they call, no agreeing to meet them under any circumstances, even if it's under the auspice of "working it out" or apologizing.
- **Stay off social media.** Assume the stalker is monitoring all of your activity—the last thing you want to do is give them any clues about what you're doing or where you are. Try to find out if you're being stalked through your computer in "High-Tech Stalking Tactics."
- **Change your route.** Don't travel the same path to and from school or work every day. Go to different coffee shops or grocery stores if possible. If you normally go to the gym at 6 p.m., try going in the morning instead. Don't set up an easy pattern the stalker can follow.
- **Install extra lighting around your home.** Solar-powered motion detecting lights can be found for under \$30 on Amazon. If you're able, consider a front door camera as well, which can record video of anyone who approaches the home or rings the doorbell.
- **Document everything.** Keep all texts and emails, photograph all physical evidence, and keep a log of the dates and times of anything else suspicious that occurs that you may suspect they are doing. To make an arrest, law enforcement needs probable cause that a crime has been committed, says Landhuis. SPARC has created a documentation log that can assist with documenting all the behaviors survivors are experiencing.

- **File a police report.** Stay in contact with local law enforcement about the stalking, filing a report for each incident, even if police try to dissuade you from doing so (you know what they say about squeaky wheels). "You need to create a paper trail through reporting," says Brian Joslyn, Esq., family law attorney with the Joslyn Law Firm in Columbus, Ohio.
  - **Contact a local advocate.** Reach out to a trained domestic violence advocate in your area who can help with a safety plan and may also have some local resources that could help you report the stalking, like free or low-cost lay legal help.
  - **Consider an order of protection carefully.** It's the seemingly obvious next step here but as survivor Donna Anderson told DomesticShelters.org, "Laws are made for people who follow the laws." Stalkers may not think the law applies to them. "It could be like waving a red flag in front of a bull ... inviting confrontation." Then again, violating an order of protection can also get a stalker sent to prison, so it may be a safe bet to take.
  - **Warn those around you.** Let your friends, family, neighbors and place of employment know that you are being stalked so that your stalker cannot get information about you from them. If you have a photo of your stalker, share this at the places you most frequent, such as your workplace, gym or your child's school.
- With thanks to Domesticshelters.org

**DOMESTIC VIOLENCE VICTIM SERVICES:**

<b>Catholic Charities Domestic Violence Services:</b> Various Locations: Please call 1.312.655.7725	<b>Illinois Domestic Violence Hotline:</b> 1.877.863.6338 (Toll-Free. 24-hour. Confidential. Multilingual.)	<b>Childhelp National Child Abuse Hotline:</b> 1-800-4-A-CHILD (1-800-422-4453)
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## Coming Up at St. Ben's | August and September, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>28</b> <b>22nd Sunday in Ordinary Time</b> Mass at 8am, 10am, and 12pm Church  Dads Group BBQ 11:30am - 2pm Beaven Hall	<b>29</b> Daily Morning Mass 8:30am Church	<b>30</b> Daily Morning Mass 8:30am Church	<b>31</b> Daily Morning Mass 8:30am Church  AA Group Meeting 8pm Beaven Hall	<b>1</b> Daily Morning Mass 8:30am Church	<b>2</b> Daily Morning Mass 8:30am Church  Exposition of the Blessed Sacrament and Benediction 9am - 12pm Church	<b>3</b> Daily Morning Mass 8:30am Church  Reconciliation 11am Church  Mass at 5pm Church
<b>4</b> <b>22nd Sunday in Ordinary Time</b> Mass at 8am, 10am, and 12pm Church  Mass at 11am St. Kateri Center Convent Chapel	<b>5</b> Labor Day Mass 9am Church	<b>6</b> Daily Morning Mass 8:30am Church  Pack 3865 Recruitment Night 6pm Beaven Hall	<b>7</b> Daily Morning Mass 8:30am Church  AA Group Meeting 8pm Beaven Hall	<b>8</b> Daily Morning Mass 8:30am Church	<b>9</b> Daily Morning Mass 8:30am Church  Parent Mixer 7pm Courtyard	<b>10</b> Daily Morning Mass 8:30am Church  Reconciliation 11am Church  Mass at 5pm Church



## Sunday & Holy Day Offertory Week of August 21

GiveCentral is our partner for secure electronic giving.  
Here are three easy ways to get started:

- > Visit GiveCentral.org and search for St. Benedict – Chicago under My Charity
- > Follow the DONATE links on our parish and school website: [stbenedict.com](http://stbenedict.com)
- > Text the keyword DONATE to our text-to-give number : 773.918.2366
- > Scan the QR code (below) with your phone or tablet



Questions? Contact our Director of Operations and Finance, Jeanne Anderson, at 773.588.6484 x5109 or [janderson@stbenedict.com](mailto:janderson@stbenedict.com). Thank you for your remarkable generosity to the parish.

**Total Electronic Giving: \$5,879**

**Total Envelope: \$1,195**

**Total Loose: \$2,243**

**Total Holy Day: \$205**

**Weekly Average: \$9,523**

(73% of goal)

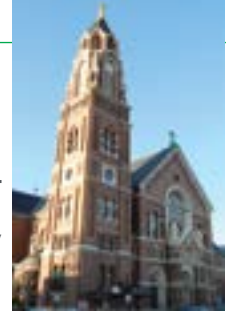
**Weekly Goal: \$12,990**

**Fiscal YTD: \$83,171 (91% of goal)**

**Fiscal YTD Goal: \$90,930**

**Above/(Behind) YTD Goal: (\$7,759)**

# Parish Information



If you are visiting, we hope you enjoy your stay. We're glad you decided to join us in this celebration. If you are new to the St. Ben's community, welcome home! **To become a registered parishioner, complete a Registration Form on our website: [parish.stbenedict.com](http://parish.stbenedict.com).** One of our Ministers of Hospitality will be glad to assist you. If you are a former parishioner or a graduate of our schools, we are glad to see you back home. We hope you will return often. Contact Joe Accardi, Director of Alumni Relations at [jaccardi@stbenedict.com](mailto:jaccardi@stbenedict.com). Our weekly bulletin, The Steward, tells you about parish life. Submissions for the bulletin are generally due by Friday at 9 am of the week previous to publication. Electronic submissions are preferred via e-mail to [bulletin@stbenedict.com](mailto:bulletin@stbenedict.com). Flyers should be submitted in camera-ready format and will be used if space permits. If you would like to receive our online weekly newsletter-"The Block", please contact the rectory to be placed on our emailing list. If you have any questions, please call the rectory at (773) 588-6484. We look forward to hearing from you.

## ST. BENEDICT PARISH AND PREPARATORY SCHOOL

### ST. BENEDICT PARISH

Rectory: 2215 W. Irving Park Road,  
Chicago, IL 60618  
Phone: (773) 588-6484  
Fax: (773) 588-4927  
Email: [www.stbenedict.com](http://www.stbenedict.com)  
Rectory hours: 9AM - 5 PM  
(Monday-Friday),  
NO SATURDAY OR SUNDAY HOURS

### PASTORAL STAFF

Rev. Stephen Kanonik, Pastor,  
ext. 5106, [skanonik@stbenedict.com](mailto:skanonik@stbenedict.com)  
Rev. Robert Beaven, Pastor Emeritus  
Rev. Thomas Refermat, Assoc. Pastor,  
ext 5103, [trefermat@stbenedict.com](mailto:trefermat@stbenedict.com)  
David Reyes, Deacon, ext. 5105,  
[dreyes@stbenedict.com](mailto:dreyes@stbenedict.com)  
Scott Arkenberg, Director of  
Music Ministry, ext. 5107,  
[sarkenberg@stbenedict.com](mailto:sarkenberg@stbenedict.com)  
Elaine Lindia, Director of Catechesis,  
ext. 1271, [elindia@stbenedict.com](mailto:elindia@stbenedict.com)  
Kim McMillan, Director of Youth Ministry,  
ext. 5108, [kcmillan@stbenedict.com](mailto:kcmillan@stbenedict.com)  
Jody Roy, Director of St. Kateri Center,  
ext. 7000,  
[jroy@stbenedict.com](mailto:jroy@stbenedict.com)  
Bill Frere, Deacon, St. Kateri Center  
[wfrere@archchicago.org](mailto:wfrere@archchicago.org)

### PARISH SUPPORT STAFF

Jeanne Anderson, Director of  
Operations, ext. 5109,  
[janderson@stbenedict.com](mailto:janderson@stbenedict.com)  
Ellen Roberts, Parish Manager,  
ext. 5104, [eroberts@stbenedict.com](mailto:eroberts@stbenedict.com)  
Maria Tubay, Director of Communications  
ext. 2351, [mtubay@stbenedict.com](mailto:mtubay@stbenedict.com)

### ST. BENEDICT PREPARATORY SCHOOL

**Early Childhood (Preschool)**  
Phone: (773) 588-7851  
3901 N. Bell Ave, Chicago, IL 60618

**Lower School(K-3)**  
Phone: (773) 463-6797  
3920 N. Leavitt, Chicago, IL 60618

**Upper School (4-8)**  
Phone: (773) 539-0066  
3900 N. Leavitt, Chicago, IL 60618

Rachel Gemo, Head of Parish School  
(PK-8), ext. 1220,  
[rgemo@stbenedict.com](mailto:rgemo@stbenedict.com)  
Rachel Metz, Head of Lower School,  
ext. 1101, [rmetz@stbenedict.com](mailto:rmetz@stbenedict.com)  
Mary Deletioglu, Head of Upper School,  
ext. 1253, [mdeletioglu@stbenedict.com](mailto:mdeletioglu@stbenedict.com)

### THE COMMISSIONS OF ST. BENEDICT PARISH

If you are interested in learning more  
about or joining one of the many  
ministries at St. Benedict Parish or  
would like to volunteer time or talent,  
please call the rectory or contact the  
following person(s):

**Parish Council Chair:** Karen Cholipski  
**Finance Council Chair:** Chris Graff  
**School Board Co-Chairs:** Michael Gerlach  
and Lindsay Milanowski  
**Catechetical Commission:**  
Elaine Lindia and Kim McMillan  
**Education Commission:** Rachel Gemo,  
Rachel Metz, or Mary Deletioglu  
**Human Concerns Commission:** TBD  
**Parish Life Commission:** TBD  
**Spiritual Life Commission:**  
Fr. Stephen Kanonik

### MASSES AND SERVICES

**Sunday Eucharist:** Saturday 5PM,  
Sunday 8AM, 10AM, AND 12PM  
Live Stream as well, Sunday  
**Weekday Eucharist:** 8:30AM Mon-Sat  
**Holy Day Eucharist:** 6:30AM, 8:30AM  
and 7PM  
**Novena to Our Lady of Perpetual Help:**  
Tuesdays 9AM  
**Exposition and Benediction of the  
Blessed Sacrament:** First Friday of each  
month, 9AM-12PM, in church  
**Baptisms:** Scheduled on all Sundays at  
1:30PM; on the fourth Sunday at one of  
the Masses. Baptism preparation class is  
required.  
**Reconciliation:** Saturdays, 11AM - 12  
NOON; seasonal celebrations, as posted;  
by appointment in the rectory.  
**Weddings:** Arrange with a priest at least  
four months in advance. Participation in  
marriage preparation is required.\* **Rite  
of Christian Initiation of Adults (RCIA):**  
For unbaptized persons or baptized  
persons interested in learning more  
about the Catholic faith and the process  
of becoming a Catholic.\* **Religious  
Education:** For the religious education of  
children attending public schools please  
call the Director of Catechesis.  
**Handicapped Accessibility:** An elevator is  
available for all Sunday Masses. Enter the  
church through the East door.\*\*  
**Homebound:** Call the rectory to arrange  
communion in home for those unable to  
attend Mass.  
**Mass Intentions:** Mass intentions may be  
requested for someone who is living or  
deceased, to commemorate a birthday,  
special anniversary, or the anniversary of  
a loved one's death.\*

\* Please call the Rectory

\*\* Please call the Rectory for weekday availability



## HAVING DIFFICULTY DEALING WITH OUR STRESSFUL WORLD?

The Holbrook Counseling Center of Catholic Charities provides counseling services at St. Matthias Parish. Cheryl Joseph-Lukz, MA, LCPC is the therapist at St. Matthias. Cheryl is a Licensed Clinical Counselor, and she has worked with individuals, couples and families for over 20 years. Whether you're having problems with personal relationships, work situations or are just feeling unhappy, "stuck", or unfulfilled, we're here for you. We are in network with BC/BS PPO. Please call (312) 655-7725.

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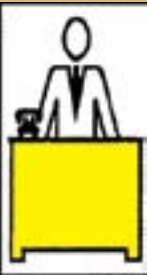
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